

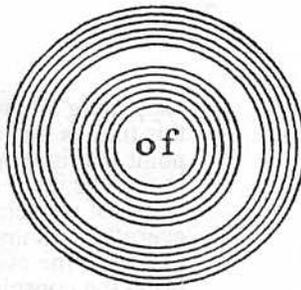
Revelations

The Cosmic Newsletter

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Awareness

COSMIC AWARENESS COMMUNICATIONS

P.O. Box 115, Olympia, Washington 98507

Helping People Become Aware

Celebrating our 37th Year!

2008-4
Issue No. 622

\$3.00



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Maggie, one of the 3 Office Cats Helps Out With the Monthly Mailing

E-mail stories and pictures you are ordered to forward or bad luck will occur to you

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- Where your cat goes when it goes to sleep
- Why are some allergic to cats and nothing else?
- Why some people take on cancer
- How to get rid of a possessing spirit

The Cosmic Awareness Spiritual Development Course
(GEMINI: Volume 3 Lessons Number 12)

(A count of 12 and the Law of Love is given)

QUESTIONER (JOAN):

First of all, I'd like to apologize for the delays in sessions.

Divine Timing At Work For CAC Sessions

COSMIC AWARENESS:

This Awareness speaks at this time. Everything is in its own timing. There is absolutely no reason to apologize, for nothing was delayed, nothing was shorted, and this is more of the energizer's own sense of duty and responsibility that is speaking here, and while this Awareness does acknowledge this, *It* wishes the entity Joan to understand that it was not her fault that the sessions did not occur. There is a Divine Timing to these events, and it is seen and perceived that there will be opportunity for more regular engagement, and that which has occurred up until now, delays and all, are simply part of the process that was being undertaken at the time, that both the Interpreter and the energizer were going through at the time.

This Awareness feels no slight, nor any sense of letdown due to any delays, for *It* does not see that there were any delays. *It* fully understands and appreciates that both the Interpreter and the energizer have other duties and obligations, and that they are both devoted and dedicated to doing this channeling work, of allowing this Awareness to speak through the Interpreter with the energizer assisting in that process, and this Awareness truly appreciates the time and effort that are taken by both the energizer and the Interpreter, and that is why this Awareness felt a need to speak up, to allow the energizer to understand that there truly is no reason to have to apologize to this Awareness,

QUESTIONER:

Thank you. I appreciate that. I was feeling quite guilty. Does Awareness have an opening message, please?

OPENING MESSAGE:

The Paradox of What Is Occurring Today

COSMIC AWARENESS:

This Awareness already has given an opening message to the Interpreter and to the energizer, but this Awareness does indeed have an opening message and asks for a pause while this Awareness collects the energies for the opening message.

The opening message that this Awareness wishes to put out is in relation to the times themselves; the timing of the events and circumstances in the world at this time. There is much that is occurring, but at the same time, the paradox is that often it appears that nothing is happening, and thus, this leads often to a sense of frustration. Parallel to this is often a sense that too much is happening and entities cannot keep up with all that is happening around them, both in their personal lives as well as their worldly existences, and this is all part of a shifting in consciousness that is occurring at this time.

It's Time to Find That Inner Space, That Quiet Point

This Awareness simply asks all entities to have patience at this time, and understand that things are indeed changing, even if it does not seem as if change is happening, or even if it seems that too much change is

happening all around. What is required and needed at this time is that each and every individual find a quiet point within themselves, find that inner space. By tuning in to their inner connection to those higher energies and forms of consciousness, they will understand that everything is unfolding at the proper rate, in the proper timing of the events themselves, that need to unfold to bring the consciousness of mankind to that jumping off point.

There are many streams of consciousness that are exhibiting themselves at this time on the earthly plane. Some forms of consciousness are what this Awareness would call Old Time consciousness, or consciousness that has not yet embraced the energetic flux of the times, that has not perceived or understood that 'the times they are a changing' as a song once said. These are indeed changing times, and those who hold an old traditional form of consciousness that does not allow for a perception of these changes will indeed not see any change happening.

There are those levels of consciousness that are forward-looking, that are perceiving and looking ahead, to see the changes, for they are deeply felt, they are deeply sensed within the individuals, and it is this time that is frustrating for many, when having such a sense of the fortuitous times ahead, that not seeing anything happening at this moment becomes a frustration. Then there are those who see and sense and feel and understand that change is happening all around them, and perhaps on too quick a level of change, and they become confused and lost in chaos, as too many things are changing too rapidly around them

The level of consciousness that this Awareness would advocate all entities try to attain and maintain is that quiet balancing of that inner perception and understanding that things are changing, but too quickly and not too slowly, and that the individual himself or herself, is able to surf the changes that are happening around them, is able to see in the events of the world, indicators that change is happening.

You Won't See Evidence of Change in Any U.S. Media

This Awareness reminds all that watching the news on the television, listening to the unfolding events announced on the radio, reading current events in the papers does not show the level of changes that are truly happening. In fact, they only maintain the status quo of those who are in charge, who have that intent to make it so that all do not understand the great changes that are indeed happening at this time.

While one can watch the news of the TV or listen to it on the radio or read it in the newspapers, one must always have an awareness that the truth is not being spoken in those mediums, and that the truth of change is actually to be seen all around in the events, of the circumstances that surround the individuals and their lives. Personal change, personal focus is much more important at this time, for it is here at that level of personal change and personal focus that one will also find personal balance. One can then go inwards and ask for the spiritual guidance of the High Self and all the other spiritual agents to assist at this time, so that one has that balance as the centeredness required to go through these times of multiple consciousnesses, of the many levels of consciousness that can be played in at this time.

Be Patient, Be Focused, Be Balanced!

Be patient. Be focused. Be balanced. Believe that the changes are indeed happening, for they are, and

when there is upheaval and turmoil, breathe deep and find that inner balance and inner connection and to know that this too shall pass and that one will move through the times of chaos and upheaval and into the times of change and transformation.

This Awareness is complete with Its opening message and asks now that the first question be presented.

E-MAIL STORIES AND PICTURES YOU ARE ORDERED TO FORWARD OR BAD LUCK WILL OCCUR

QUESTIONER:

(Thank you). That was very encouraging to hear. This particular one is from Larry Kell, and he is in Indiana. The message concerns a note to Vikki, asking her "What do you think? Can a photo displayed on a computer screen do anything like the described benefits? Who is monitoring if we pass it on or not? Inquiring minds want to know. Thanks, Larry." The picture refers to what I would assume to be Mother Mary with the caption "The President of Argentina received this picture and called it "junk mail." Eight days later his son died. A man received this picture and immediately sent out copies. His surprise was winning the lottery. Alberto Martinez received this picture and gave it to his secretary to make copies, but they forgot to distribute. She lost her job and he lost his family. This picture is miraculous and sacred. Don't forget to forward this within 13 days to at least 20 people. Do not forget to forward and you will receive a huge surprise."

I'll hold up this picture for Awareness to read the energies of this picture.

COSMIC AWARENESS:

The Dangers Involved in E-Mail Chain Letters

This Awareness has received the energies of the picture. This Awareness is prepared to make comment. The first thing that this Awareness wishes to say is that there is a danger in these kinds of e-mail chain letters. There are many that make the rounds, sent from one party to another, all claiming that if the message, or in this case, if the picture is not sent off within a certain time frame or to a certain amount of people that there will be some form of mishap, some bit of ill luck or bad luck that befalls the individual who has not sent off this message, this e-mail, this picture, in due time.

This Awareness is quite incredulous of the thought process that would ever buy in to one's destiny, one's life being affected because one did not send off a message, an e-mail, a picture in time. This Awareness is incredulous at this, for *It* does not understand why anyone would give away their power thusly, why anyone would believe that by sending something off they would get good luck or have a fortuitous event happen, or if they did not send it off they would have bad luck or something bad happen to them. It simply is not so.

Therefore, this Awareness in a strong voice will say this now, when these messages come through on the e-mail and an entity is admonished to send this off or else, the best thing to do is to immediately delete the e-mail. However, if an individual believes that something bad will befall them if they delete the message, if they fail to send it off, then that warning and that advice just given by this Awareness would have to be looked at again, for it is indeed one's beliefs of the consequences of an action, or a lack of action, that will affect whether something good or bad happens to the individual, not the actual act of sending it, or not sending it.

That is the part that this Awareness is talking about. Sending a message off or not sending it has no consequence in the grand scheme of things. It is simply a ridiculous action, a ridiculous way of allowing others to control one's life or even one's sense of well-being, and that is why this Awareness strongly advocates that this form of e-mail simply be deleted. Saying this, this Awareness will now speak to why such a message could actually work or not work, could actually bring the ill-fated consequences for not participating, or bring reward for participating. Again, this has everything to do with a person's beliefs; whether or not a person believes that something bad will happen if they do not send off the message, or whether they believe that something good will happen if they do send it off.

This level of awareness is extremely low. The awareness that would presume that one's life can be affected by such extraneous events, events outside of themselves. This is an awareness that has not reached a certain level of consciousness, for those who reach a level of conscious awareness would understand that they themselves are the chief architects of their own lives, not others around them, and certainly not random e-mails that come to an individual unsolicited. What right would these unsolicited e-mails and those sending them have to suggest that someone may be cursed for not sending off this electronic e-mail? To believe that this is so, is as this Awareness suggests, ridiculous and is not very enlightened at all, and yet, many of the spiritual community receive such messages and feel obligated to send them, feel obligated, even uncomfortable, if they do not send them, and thus, the obligation is that they *should* send them.

This Awareness would ask: Why would one believe this? One would need to look deeply within themselves to see why they feel so compelled to forward such e-mails to others, who then receive them and feel themselves obligated to send it because someone that they trust, someone they have belief in has sent this to them. Can you see how this would perpetuate the chain of events that cause people to feel they need to send these ridiculous messages and images further?

Of course, if upon receiving such a message or such a picture one energizes it, and believes that there is something marvelous that can happen by sending off such a picture, and then sends that picture in such a belief, then there is also perhaps a slight chance that maybe they would have something good happen to them, but equally, maybe they wouldn't; but if that belief was strong enough, then indeed they would experience something good and beneficial happening. Equally, if they believe strongly enough that by failing to forward such an e-mail, or in this case, such a picture, something bad would happen to them, then indeed, something bad could happen to them, but this Awareness asks why you would allow an outside source such as this message being sent to you, determine whether good things or bad things happen to you?

That is why this Awareness is speaking strongly against the forwarding of such messages. This Awareness would actually ask for even greater responsibility to be taken. When one receives such a message one should e-mail back to the person sending it and request that such e-mails no longer be sent to them. They can thank the individual for their kind thoughts in thinking that this may be of benefit to them, but that these e-mails are not needed or appreciated and the request is that they are no longer be forwarded, at least not these particular chain-mail type e-mails. This can be spoken very pleasantly,

but with the conviction and firmness. That will stop the flow of such e-mails coming, although occasionally, one or two will arrive.

This is to be done by those individuals who truly do not appreciate getting such e-mails, and there are many that pass through cyberspace everyday, so there is a degree of responsibility by the individual receiving such an e-mail to take action to stop it, therefore, they do not have to worry every time they get such an e-mail. They do not have to wonder if they will have a consequence if they do or do not send them, because they have taken responsibility for their lives and said "No! I do not wish such e-mails, and I put out to those who send one the request not to do so in the future."

On the whole, these types of e-mails have no real merit. They do not bring good luck. They do not bring bad luck. This is all based on the individual's belief of whether this is so or not, but by themselves there is really nothing to be gained by sending these messages further or not sending them, and there is certainly not a punishment that happens to individuals simply because they did not jump when an e-mail came through that they were told must be sent to 5 or more people.

This sense of guilt that accompanies such e-mails comes from within the individuals themselves, and therefore it is important that the individual examine him/herself deeply as to why they feel obligated to send such things or why they are apprehensive that they will be punished if they do not. This is all part of regaining control on all levels of one's life, even on such a silly level as these chain e-mails that make the rounds. This Awareness is complete with this topic.

QUESTIONER:

Is it possible that these chain e-mails are a vehicle for those people wishing to access e-mail addresses for their own purposes?

COSMIC AWARENESS:

This is indeed one consequence of this type of e-mail, and therefore, it is understood that these can be adversely used against the individuals who appear on the list that are compiled by such individuals who originate such e-mails in the first place, but this is not always the case. It is sometimes thought by an innocent naïve individual that by sending something off, that this may create energy that is positive, but by always insisting some harmful effect will happen if they are not sent off, then one can see that such e-mails are indeed detrimental in the long run and need to be ignored and rejected.

HE'S POSSESSED BY A DEMONIC SPIRIT

(How Reptoids Attack Entities From the 4th Dimension)

QUESTION:

Thank you. I appreciate that. It cleared up a lot of questions. The next question so from Donny S. in Kent, Washington. It's quite lengthy, but I would like to read it all. He says:

"I have been physically linked, or a spirit has been connected to me for about 3 years now. I've felt a pressure in my head ever since 3 years ago and I knew the instant the connection was made. My mind was at the point where all thought stopped and a kind of bliss energy came to me, or heavenly energy from Clear Mind. I felt the instant the connection was made. All my mind is cluttered with thoughts. It's like the connection channeled in a big flat dump in my mind, and this kept

me from feeling the high energies that came to me like before.

I haven't been myself, and I feel it is a sinister soul who connected to me. I even hear it say things to me, but it's still faint, and I hear it in my mind. Sometimes when I'm half asleep and half awake I feel I make a great achievement in my skill, and I know it's jealous at me. I felt like an insane killer presence in my whole body at that time, like its spirit is nesting inside my body. I think it's a Reptilian, because I heard it twice while I was in my astral, not purposefully, and it started like a monster growling, so I think a Reptilian is on the other side, trying to possess my body. I think maybe there are two entities trying to get my spirit out of my body because this morning I had another experience.

I was half asleep and half awake again, and the spirit was getting angry or desperate or something. I was automatically and maybe even unconsciously trying to clean my body with imaginative panels of light. I felt my face making weird movements and I was making strange sounds, almost like I was snorting or kind of snoring. I know it was the spirit trying to do something, like entering my body. I also felt another spirit or entity tugging at my arms, like it was trying to pull me. I'm guessing it was trying to pull me out. I'm not sure the tugging was at the same time as the snorting, or if it was going from one to the other.

Anyway, I'm trying to break the connection between me and this spirit. I haven't been myself for years. I haven't felt peace for many years. I really would like some help. What do I do? I don't have any money, but when I get some I will try to have someone try to cast it out of me. I really want some help to try and understand what is happening to me. It's been 3 years and the knot or pressure in my head seems to be getting tighter or more secured in my head. I need some help quickly because I feel I may be in danger of being possessed. I am totally in the dark. I would like some help to understand what is going on.

The people at CAC seem to be very open-minded and very knowledgeable. Can you tell me what is happening? Did you encounter this problem before? I tried getting some rocks, like ruby, sapphire, amethyst, and chrysoprase. I think the chrysoprase keeps the entity from taking my mind over. Is there any information you can give me to fight this and win. Thanks." And he signs it Donny S." Does Awareness have any comments?

COSMIC AWARENESS:

This Awareness most certainly has comments. The first thing that this Awareness would say to this entity, Donny S., is to just say "No!" Years ago, the former First Lady Nancy Reagan came forward with this phrase for drugs and drug use: "Just say no!" but this Awareness means this in a much deeper way, at a deeper level. What is happening here is indeed a valid experience, even if it is a frightening experience, and it is an experience that various individuals have from time to time. It is a very serious and even sometimes dangerous situation, for this is the beginning of demonic possession.

While the individual is rightly picking up that it is Reptilian in nature, Reptilians have long connected with Satanic activities, and in their appearance were often interpreted as demons. In all Satanic rituals, if ever upon calling forward the sons and daughters of Satan, these Reptilians often show up, and in the ancient times and in the past, if a Reptilian showed up, because there was no context for such beings, they were interpreted as being demons. Thus, the demonic possession, the Reptilian

possession is a real occurrence, and it is an occurrence that starts off at that deep inner place of the 4th dimensional/5th dimensional gateways.

What this Awareness means by this is that often, in times of astral projection, whether intentional or simply accidental, that these Reptilian beings, these Reptilian consciousnesses hook on to a mind, a consciousness that they see as flawed, that they see as open to their attack, to their possession and possessing, and they come as thieves in the night, quietly, speaking their message, incessantly gnawing away at the individual, growing stronger and stronger all the time, becoming a louder and louder voice all the time, and that the individuals so affected, who have picked up these unwanted hitchhikers in consciousness, do not understand what is happening, and do not understand how to deal with such a demonic or Reptilian possession, or a dark soul possession.

How Donny Picked Up This Hitchhiker in Consciousness

By 'soul' this Awareness simply means that which is an entity that is not connected to their true soul, that are earthbound, that feed off of others. This is indeed where the legend of vampirism came from. The vampires are those who stole the life force and energies of individuals, and this became the legendary Dracula-type character who sucked the life blood out of the individuals, but in truth, these psychic vampires have long existed in the twilight regions of consciousness, in those areas known as the 4th dimensional reality, sometimes at the very edge even of the 5th dimension, a place of dreams and sometimes unfortunately, nightmares, as it is there that the individual Donny S., picked up this hitchhiker in consciousness, this intruder, this usurper of his own will and his own consciousness.

Like a tick picked up while walking in the forest in spring, this tick can burrow deeper and deeper into the body of the individual until it can kill the individual. Only this is a tick, an intruder picked up in that 4th dimensional realm of consciousness that attached itself to him, and is making its presence known more and more, insidiously working its way deeper and deeper, taking over more and more the consciousness of this individual, intruding more and more, driving him to a frantic place, not knowing what to do, not knowing how to deal with this intruder, not even understanding that he has the power, indeed everyone has the power to just say "No!", to deny such an intrusion, such an invasion of their own conscious awareness.

What is important here is that deep understanding that each and every individual has the supreme right to be sovereign in their own consciousness. Nothing and no one has the right to take over and intrude unless it is somehow allowed. This occurs when an individual not understanding their own capacity to deny such an intrusion, does nothing, when such an intruder is picked up, such a usurper is picked up. Thus, because they do not know what to say, what to do, how to act upon it, they do nothing and this is taken as a level of permission, for it is the responsibility of an individual to strongly speak out, to just say "No!" to such intrusion, but that often erroneous beliefs are held of the powerlessness, the lack of power of the individual, that they have no capacity to prevent such events occurring, to prevent such an intrusion.

Indeed, many of the religions of this planet preach more the strength and power and capacity of the Dark Forces, the Evil Ones, the Devil, Satan, than they do of the capacity of an individual to stand in their own power, to stand in the Light, to call forth the Divine and to deal

with such intrusion. It is as if religions have a greater vested interest in promoting the Darkness than in promoting the Light, but that is a different discussion.

How to Repel the Intruder: Just Say "NO!"

This Awareness wishes the entity Donny S., to understand that it is crucial for him now to say "No!" to this Reptilian demonic presence that is insidiously burrowing itself deeper and deeper into his consciousness, to stand up to it, to force it out of him by saying "No!" in a strong and powerful voice, to deny it, to demand that it leave him, to depart from his consciousness. This is not conjectural. This is something that must be understood and recognized. Many of those illnesses that are in existence today: schizophrenia, delusional attitudes, even bipolar depression, are all the results of these intrusive entities that have latched themselves on, attached themselves and are sucking away at the life force of the individual, are intruding in the conscious thought process, and because individuals are not taught how to protect themselves, are not taught how to repel such intruders, inadvertently they allow the intrusion.

They do not speak up. They do not take an action that would deny such beings, such intruders, and thus they continue to rob the individual of that life essence, they continue to drive the individuals insane by their intrusive corruptive, even demonic energies. This is a most serious areas of discussion, and this Awareness invites further questions from members of CAC who have had such experiences, who speak up and share with others so that many can start to see how this happens, and a new attitude, a new awareness emerges of the power of the individual to deny evil, to say "No!" to such invasion of their own being.

It is seen that this individual Donny S., is under attack, but that he has not understood that he allows this attack by not speaking up, by not saying no, by denying and refusing to allow the Reptilian further access to his being. It is time to take such action, and to speak in a strong unwavering voice and to regain control of his own mind, his own consciousness. At this time, this Awareness will send to the entity Donny S., *Its* energy and Light into his consciousness to see clearly the intruder and to stand up to this intruder and to deny it. This Awareness sends this energy at this time now.

The energy has been sent to Donny S. This Awareness is complete with this question, unless there are further questions.

Chryoprase and Other Protective Stones

(Psychic Protection From Stones and Minerals)

QUESTIONER:

Yes, there is one more. In his last paragraph, he writes: "I've tried getting some rocks like ruby, sapphire, and amethyst, and chryoprase. I think chryoprase keeps the entity from taking over my mind." Is this possible and are there any other stones or minerals that could also help him to reinforce his determination to have this entity leave him?

COSMIC AWARENESS:

Yes indeed, many different stones, crystals, gems, have powers that could indeed assist this individual Donny S. However, saying that, this Awareness first wishes Donny S., to understand that he is the chief power and orchestrator of his life and that which could befall him, and that was why this Awareness had spoken so strongly to him to just say "No!", to speak with power and certainty and regain the control and power of his life. This Awareness does recommend the use of

crystals, gems, and stones. They do not have Power. That would be a misunderstanding of crystals and stones. It is their vibrational energies. It is the matrix of energy that is held by a quartz crystal for example, or a ruby or a tourmaline or any other stone or crystal that has effect.

The mineral world indeed has a level of its own consciousness, not a consciousness that could be equated to human consciousness or even the consciousness of animals or plants, but there is a degree of consciousness, a degree of energy and vibration that exists in the mineral world, and these energies, these vibrations are often highly effective and useful to humans for various situations, for various physical complaints, or when needed to assist in the clarity of thought or even psychic protection. The two stones that this Awareness would recommend to be used would be black obsidian and opal. These two have very strong powers, if you will, to protect psychically or to be focused, so that those intrusive energies this Awareness was speaking of, can be driven out.

Quartz crystal is also a very powerful crystal to use in all circumstances, but specifically, obsidian and opal are two that this Awareness would recommend. There are indeed other crystals, other stones, other minerals that also have strong energies of protection for the individual, and there are many many books available that can be looked into and studied to find those particular gemstones or minerals or crystals that would be beneficial or effective for an individual. Tourmaline is also a stone that this Awareness would recommend for psychic protection, as is amethyst. Indeed, the list could go on and on and it is not the point of this Awareness at this time to list every stone or crystal or mineral that could be used for psychic protection. The books are available, many very good books that are carried through the organization *Cosmic Awareness Communication*, that could be consulted to see the powers and capabilities of the various stones, crystals and minerals that are out there available.

There are even those that are known as the New Age crystals that are now appearing. Celestite is one of these and has a great and powerful effect and would be very beneficial to those who are seeking to align themselves with the Celestial energies that are becoming more and more available all of the time. So this Awareness will leave it at that. It simply wishes for all to understand that crystals, stones, minerals, gemstones are indeed very potent and very powerful and should be used by those who wish to use them. They certainly will not go amiss being used by individuals who have a propensity towards the various crystals or stones, and they are very beneficial indeed. This Awareness is complete with this discussion.

QUESTIONER:

(Thank you) They are also very beautiful, very enjoyable to look at.

COSMIC AWARENESS:

This is indeed so.

HOW TO RE-CONNECT CHORDS LOST OR DAMAGED IN BOMB BLASTS

QUESTION:

The next question is from James Smith, and he is from Houston, Texas. He writes: "Dear Vikki, does Cosmic Consciousness have the ability to reconnect my chords? I have been in car wrecks and bomb blasts in the

army. I don't think I am well connected with my guides because of my head injuries. Please evaluate my request and use the self-addressed stamped envelope to suggest my best course of action if CA is not available for this reconnection work." And he signs "Thanks. James Smith." Is there a healing message or exercise that can be shared with the membership that can assist Jim with self-healing or with others that would be helpful? Your comments please?

COSMIC AWARENESS:

The first comment that this Awareness wishes to make to the entity Jim Smith is to understand that he can indeed regain those connections that he speaks of to his Higher Powers. In some ways they have never been lost. They are still very present. What has been lost is a certain degree of being able to focus or concentrate, and the traumatic effect of bomb-blasts and accidents is what needs to be addressed and repaired at this time. This Awareness wishes to give at this time, a meditative guided visualization that entities can use to assist them in reconnecting to their own inner higher source, as well as their lower source, or their subconscious. It is seen that this meditation will be very beneficial to all those who seeks such healing.

This Awareness asks that the individual first of all makes himself comfortable, either in a comfortable seat, or lying down; that he disconnects all apparatus that could intrude upon a peaceful meditation. Disconnect the telephone, the cell phone or anything else that might go off, picking also a time when it is unlikely there will be an intrusion in the meditation.

The individual is to start by taking three centering breaths, and upon releasing each breath, to focus on that point two inches below the navel, that centering point of the body on all 7 levels of the body and the body's energy levels. As each breath is exhaled, let go of the tensions of the day and all activities before the meditation. Then listen to the sound of the room and the surroundings to hear what is there. See if there is anything that needs to be taken care of so that there is no intrusion or interruption, and once this is ascertained and it is seen that there is nothing to worry about, then let go of this focus on the senses, and begin a mental count-down within yourself from 12 down to 1, speaking the numbers, visualizing yourself walking down a stairway, a broad stairway of 12 steps.

With this complete, you reach a place at the bottom of the stairs where you step out into a meadow or a field of wildflowers and see directly in front of you a path. You are to follow the path and it will lead you to your garden, your inner space, your inner sanctuary, the place you can always go to when you have that need for inner connection, inner work, inner peace. Enter the garden, each individual entering through their own unique gateway. The garden will be unique and different for each individual. Some may see a traditional English garden. Some may see a wild reservoir, a forested area, grasslands, a seascape- whatever.

Simply open yourself to your inner sanctuary, knowing that this sanctuary is a place where nothing can intrude or enter without your permission. Somewhere in your garden there is a sacred spot, a holy place of healing and deep connection. Find this sacred spot, this holy place. Enter into it. See yourself in this place, seated or lying down. Breathe deep. Call to that which is the High Self, asking for the healing energy of the High Self to connect to this energy, to be open to this energy. Be open to whatever color it comes in: gold, green, pink,

or white, the White Light. Ask for healing, and specific healing if there is a specific problem or a specific need that you wish to address.

Then stay in that energy for the next several minutes. There is no amount of time specific for this. One is to stay in such energy as long as one wishes to or needs to. But remember and know that in this holy place, this inner sanctuary connected to the High Self, that you have the right to receive all the healing in the world. Simply be open to this inner healing that will have deep and profound effects for the individual on all levels. When you are done and complete and feel it is time to return, then an exchange is made. Three breaths are taken and Manna is collected, that Manna being the Middle Manna, from the Middle Self. With the completion of the third breath and the exhalation, direct the Manna back to the High Self, gifting the High Self the Manna, so that It, the High Self, can do more work later.

A request at this time can also be made that the healing work continue even after leaving the garden and that deep profound changes will be welcome and will occur for the individual upon returning back to full consciousness, that you are open to receiving further continuous healing. When the Manna from the middle self is given, there is a sense of completion. You can either get up and visualize yourself returning back to the 12 stairs leaving the garden, or you can play in the garden, examine it, see where there are areas of the garden that need to be worked on, areas that need to be reinforced or built up, parts of the wall of the garden, or areas where there is overgrowth of weeds, or brambles that need to be cleared.

The garden symbolically represents the inner state of one's being, and if it is congested, if there is an overgrowth of weeds, this is indicative of a situation of the inner self that needs attendance. The responsibility is upon the individual to take control of their own garden, to reclaim their garden, to clear up and clean up their garden. Requests can be made, and this is the recommendation of the Low Self to assist in the cleaning and maintenance of the garden, in taking control of this sacred place and reclaiming it for oneself. Much can be done in the garden and the opportunity is there for individuals to play in the garden, to explore their gardens, to create in their gardens, to heal in their gardens.

This Awareness would recommend a visitation to the garden as a regular occurrence. For purpose of this visitation, that being a reconnecting to the High Self and a request to the Higher Self to help heal and restore the connection to the High Self and to Spirit, having been completed, that the individual visualize him self, herself, as now leaving the garden, returning now back to the 12 stairs, and using a count from 1 up to 12 to walk up the stairs, returning to full consciousness with the added instructions that there will be a state of invigoration, a sense of energy and health and well-being that is brought back from this inner journey.

If an individual falls asleep in the garden through this exercise, that too is okay, for the individual will return to full consciousness upon awakening and it could be that the sleep was much needed. Upon waking, upon returning from this journey to the inner garden, the individual then simply gives thanks in his or her own way, and then proceeds on with the rest of the day. This is an exercise that this Awareness recommends on a regular basis, that to be determined by each and every individual but by going to the garden once or twice a week would be highly recommended.



This would be a way of helping the individual Jim Smith to do that inner healing he has requested and to reclaim the connections he feels have been destroyed. At this time, this Awareness will now send energy to the entity Jim Smith to help in his healing process. This Awareness does this now.

This Awareness is complete in the transmission of the healing energies to the entity Jim Smith and is complete with this question.

WHY ARE SOME ALLERGIC TO CATS AND NOTHING ELSE?

QUESTION:

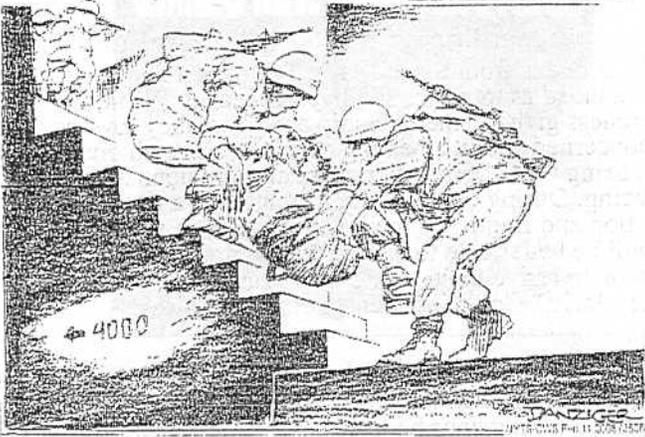
(Thank you) This will be extremely helpful for many of us. I appreciate it. Thank you very very much. In another health related question, this one involves cats and allergies. It's from Zoey St. Germane, of Anselmo, California. She writes: "How come so many people are allergic to cats and nothing else? I have wondered this over the years, having an idea it has something to do with Egypt." Could Awareness comment please?

COSMIC AWARENESS:

This Awareness can indeed comment, and the first part of *Its* comment must address the fact that on a purely physical level, a reason why so many individuals have an allergy to cats, is because of the fine dander that is produced by the cat. Certain individuals have extreme sensitivity to this dander, and of course it is this physical component that can be used to understand and explain why some individuals have such allergic reaction to cats.



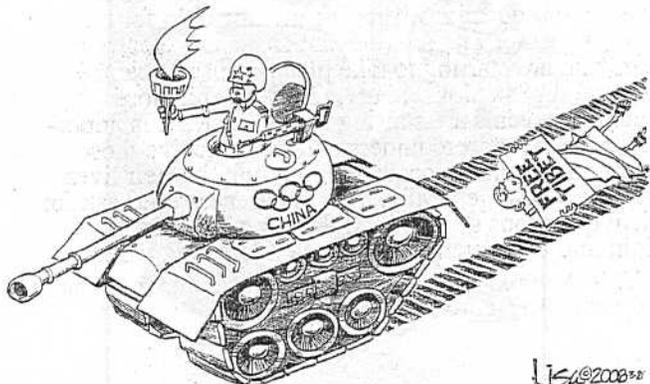
US Casualties Continue



The area of question regarding Egypt falls into another category, and that is the fact that at one point there were extraterrestrial beings that came to that area that is now known as Egypt, who engaged the public and population and who became part of the dynasty of gods and goddesses known in that region at that time, and the sacred cat was also brought in at that time, this being the four-legged variety. The main god of the cat-people, and these were cat-like beings and were portrayed such, was Bastet.

What also occurred was that the four-legged cat beings became very sacred to the people of Egypt and there was an energy that became involved, and a worshiping, and honoring of the cat-beings, and the cat goddess of the time. This fell out of repute at a later point, as new gods, new extraterrestrials took over, and at that time, many of the cats were destroyed, as the old religion was replaced by the new religion which did not tolerate the worship of cats, and as a result, certain individuals were given responsibilities of going out and destroying cats, and they developed this aversion to cats. Indeed, many created a tension, as they were believers of the new way, and the old ways fell into disrepute.

This Awareness is trying to draw to consciousness the understanding of what happens sometimes when one religion replaces another. This also happened as the Christian faith replaced the pagan faith, and that which was held as sacred and profound in the old ways, the old religions, the old pagan way, was made into its opposite. The sites that were once held as sacred and gods that were once held as profound were demonized and made evil and corrupt. Thus, the god Pan, that which is the force of nature, became associated finally in the Christianization of the pagan ways, into the horned devil god Satan. That which was the true forces of nature, the Pan Spirit was defiled and corrupted, even to the point where



people lost their way in the understanding of nature itself, so that now, in modern times, many do not appreciate or understand a connection with nature, for it is not seen as sacred or holy any longer, and thus, something precious has been lost in that whole process of demonizing or corrupting nature.

Going back to the question relating to the cats, the new religions that came in did something similar in that they rejected all the old ways and cats, which were once held in great esteem, were often destroyed or driven away, and certain individuals took great pleasure and relish in doing so, and saw it as their duty to kill cats in various ways. Indeed, this is a practice that continued through the ages after that, and these cats became associated with the old ways which became corrupted also, and thus cats became the agents of witches. They became dark creatures, familiars to those who worshiped the dark gods.

This energy often revisits those who were involved in those lifetimes destroying cats, hunting them down, torturing them. It revisits those in this lifetime as allergic reaction to cats, and while it may be indeed the dander that actually causes the physical reaction, there is an energetic that is involved that comes from these ancient times in Egypt when the cats no longer had the power or the esteem they once had, and they became creatures that were hunted and tortured and killed, and it is those who did so that often now have such strong allergic reactions to cats. This is the connection to ancient Egypt and to the cats.

Why Does a Cat Have Nine Lives?

QUESTION:

Where did the phrase "A cat has nine lives" originate?

COSMIC AWARENESS:

This phrase occurs from those ancient times. First of all, it is seen that the god beings, the extraterrestrial cat beings came from other dimensions and the cats themselves could transit from one dimension into another, could go from the physical third reality back into a higher reality. Cats have an ability to do this still. They do it quite often when they sleep. It is one reason why cats sleep so much, for they are not truly here in the third dimensional reality as much as there, in another dimensional reality, in an astral body or an astral form, and it was recognized by the ancient ones, for it was explained to them by the cat gods and goddesses that these special creatures had such abilities, that they could indeed come and go from a physical state into a nonphysical state, and that life was seen as that which would be a journey from the physical to the nonphysical, back into spirit.

Animals such as cats in particular, could come back into the physical, thus it was given that cats had more than one life, and eventually this became an idea that cats had nine lives; nine being a sacred number of completion. Nine is associated with the cycle of nine lives, for a complete round of life, for a complete round of life experiences. All of this became tied in to the phrase, and the understanding and perception that cats had nine lives. Does this explain?

QUESTIONER:

Yes it does. Thank you. I always wondered...

COSMIC AWARENESS:

This is where that concept comes from. This Awareness has a little bit more to add to that. What also is associated with this saying is how cats seem to avoid

injury, avoid being killed when they should have. This again has to do with that popping in and out of reality, so that when a cat was in danger of being injured or hurt, in earlier times more than now, a cat could disappear out of the physical situation it found itself in and reappear an instant later, out of danger, thus avoiding the injury that could have been caused or did cause, through the mishap or the event.

This again is associated with that concept of animals such as cats avoiding injury this way; cats in particular again. This became tied up into this whole concept of cats having more than one life, of having nine lives. This Awareness wished to add that small bit to the answering of the question.

Which is Superior: A Cat or a Dog?

QUESTIONER:

(Thank you, I appreciate that) There is one other question that comes to mind. Is the intellect of a cat superior to that of a dog? Or are they the same and just different?

COSMIC AWARENESS:

This Awareness wishes to answer that question with the concept of: Which are better, apples or oranges? Some individuals prefer apples, some prefer oranges. There is a difference indeed, but one is not superior or better. Some enjoy cats, some enjoy dogs. There is indeed though, a difference. The difference is that cats come from a higher source, a higher spiritual consciousness. Dogs have a different level of awareness or consciousness that is more related to pack mentality, whereas cats are individuals. Cats are known to have certain healing restorative powers. Just the other night the Interpreter saw a news report on cats and the effect they have on individuals, keeping them calm, even preventing heart attacks for individuals.

At the same time, it is known that dogs also have a capacity in their own way to calm people. It is the stroking of an animal, either a cat or a dog that is therapeutic, but what distinguishes a cat beyond that of a dog is their purring. Their purring actually does have a very deep and profound physical psychological effect on individuals. This is something that is measurable and indeed, has been measured now, and has been shown to be very restorative and very healing, giving individuals that deep inner peace of calm, while holding or rather having a cat on their lap, and stroking it. But as has already been shown, not all individuals are open to this, whereas they may be open to the dog, and going out for a walk, and playing with the dog and petting the dog.

So, it is really a matter of which works more for individuals, a cat or a dog. Apples or oranges; both are very beneficial in their own way. Both have advantages or disadvantages. It is simply a matter of what is preferred by each and every individual, and then there are those individuals who would rather not have either. It is seen however, that a pet is often a very wonderful thing to have for pets do provide peacefulness and a sense of well-being. Both cats and dogs provide this. So, if one is available to have a pet in their lives and it works for them, then this Awareness does recommend that this be so. It is always good to share a life with such a wonderful companion as a pet.

QUESTIONER:

(Thank you) I agree totally. I know they both are extremely pleasurable. I just wondered.

A Cosmic Healing to the C.A.C. Membership

This one is from Sister Marie Templeton. No area was included as to where she lives. She asks "Would Awareness give the membership and those they love or are concerned about, a healing on all levels, with one level being that of protection from all intrusions upon our being. During that healing, also include a rise in vibration and frequency to all CAC members too, so as we will be better able to handle the coming changes that are soon to arrive in another 5 or 6 years. In service, Sister Marie." Could Awareness comment please?

COSMIC AWARENESS:

This Awareness will indeed send a general healing at this time to the membership of CAC. It will send a Rainbow Healing and it asks the members to take a moment to see themselves under a waterfall of light and color. This Awareness will send the spectrum of the rainbow to all members, and for the individual to simply see himself/herself standing in the cascading light and colors of the rainbow, starting from purple, right through the spectrum of indigo, blue, green, yellow, orange, red; now taking the red and deepening the color to magenta, that deep purple red color; and now, the color changing to gold, and this streaming down around the individual, reinforcing the illumination of the Light Body and the protective energy shielding bodies around the individual.

Now, finally seeing the gold changing to pure White Light, creating a wonderful strong membrane around the illuminated cocoon, the auric cocoon of the individual. This Awareness will now send to the membership *Its* energies for protection and shielding in these interesting times.

The energy has been sent through the Rainbow Healing, and this is now complete.

QUESTIONER:

(Thank you) That was really beautiful and comforting.

COSMIC AWARENESS:

This Awareness is complete with the session for today and asks if there are any personal questions or questions the energizer has before completing today.

QUESTIONER:

I'm unprepared at the moment, but I appreciate your asking.

Send In Questions About Changing Times

CLOSING MESSAGE:

COSMIC AWARENESS:

Then this Awareness will bring this session to a close with this closing message. This Awareness does indeed invite questions from the membership for these interesting times that are relevant to the more current events that are starting to take place, in particular to events of a miraculous nature, for more and more miraculous events are starting to occur, and it is important that many start to understand and perceive those miraculous events as occurring, not only in their lives, but in the world generally. This Awareness does ask for topical questions so that *It* might bring forth timely insight and understanding in these interesting times.

This Awareness is complete, and asks for the *Law of Gratitude* and a count of 12.

QUESTIONER:

(It is done)

CAC Reading 11-15-2006 Will Berlinghof Interpreter

COSMIC AWARENESS:

This Awareness greets the two who sit here as energizers today and thanks you for your participation at this time. This Awareness asks that the *Law of Love*, and that both entities speak those words to help to increase the energies available at this time.

(Law of Love is recited by various entities)

OPENING MESSAGE:

...New Circle of Energizer in Calgary Creates a Strong Anchor

**Opening the Third Eye Chakra of Mother Earth
(The Petrochemical Industry a Dark Force Energy)**

COSMIC AWARENESS:

This Awareness thanks you for repeating the *Law of Love* and the way it was presented with the energizer Sheri speaking it first, and the energizer Tammy responding and repeating, has had a powerful effect for this Awareness, and *It* is able now to commence the session for today. This Awareness wishes to comment on the plan to establish a circle of energizers around the Interpreter so that the channeling for Awareness and of Cosmic Awareness can happen on a more frequent basis. This Awareness supports that action, and this Awareness applauds the intent of creating a circle of energizers in this city of Calgary.

This Awareness also wishes to suggest that there is another reason for the creation of a circle of energizers, and that reason is to create a very strong anchor in this very spiritual city, for the advent of spirit, for the advent of that energy which is of the highest, which is of the purest; for the Awareness energies to be locked in and anchored down into this area that contains the sacred chakra, the third eye chakra of this planet. At this time, the city of Calgary still contains very diverse energies. It still contains energies that are very much linked to the capitalistic materialistic forces that control this planet, that have to do with the power structure and who runs the power structure of this planet.

Dark Energies In Petrochemical Industries Deny the Light

Calgary, being the petrochemical capitol of Canada, and one of the leading cities in North America associated with the petrochemical industry, has a lot of dark energies in it; dark energies of those who control and manipulate, who would deny the light entering, spirit forming Awareness coming to individuals, who would deny this not only for this city, but for this nation, for this North American continent. Indeed, would deny it globally. The use of petrochemicals, the use of oil still is a corruption of the energies available to mankind, is a using of the resources of Mother Earth, indeed, an abuse to Mother Earth.

**Alternative Energy Sources Have Been Available for Years
Use of Oil Keeps Our Planet Locked Into a Dark Force Energy**

There are indeed alternative sources that are available, and have been available for many years, and these alternative sources would free the abuse Mother Earth has been receiving, would free her of that pollution that has been dumped into her space, onto her body, and into her air space. The energies of this city known as Calgary, Alberta, in Canada, are such that they still run the energies of those who would control, those who would manipulate, those who would use, and abuse; that the use of oil in the world as the primary energy source and primarily its extensive and heavy use in North America, keeps mankind and the planet locked into a dark force energy, a dark energy that is not seeking the Light, but

rather seeks to use and abuse Mother Earth, and which she, the Divine Feminine, offers freely.

Calgary, Alberta Has the Third Eye Chakra of the Planet

By using petrochemical energy sources, by using oil, this black oily tarry sticky substance, puts out an energy equivalent to that which mires the lightness of spirit; that entraps the human consciousness into a unique way of thinking, very dependent still on the oil industry; the capitalistic system, very dependent on those who hide behind the veils of power, who have a different agenda, and the city of Calgary, like the city of Houston and Dallas in the United States, is a leading edge for that petrochemical industry. But Calgary, Alberta, Canada, does have the third eye chakra point of the planet, and this third eye chakra energy, although at this time still veiled and still largely inaccessible by many, does need to be awoken, does need to be brought forth now; that now is the time.

As this Awareness spoke in *Its* last session, these are the End Times. The changes are availing themselves and making themselves known. It is seen by this Awareness that the creation of a circle of energizers for this Awareness will also tie in to the awakening of those spiritual energies available in this city, with the opening of the Third Eye Chakra. More information will be given at a later date, but this Awareness wishes to speak this now, wishes to announce that the creation of a circle of energizers is a *very* important construction that needs to occur; a construction on the spirit level that will have manifestation in the physical form. A circle of individuals coming together to do this work, to be an anchor to the spirit form and the spirit energies and the energies of Awareness, will very much energize the space around and in this city, will very much make it possible for the preliminary openings of the Third Eye Chakra which does need to start to be activated, that does need to be opened in the very near future.

This event will tie in nicely with other events unfolding on the planet at this time, and this Awareness takes the time now to thank the two new energizers, Shari and Tammy, for becoming part of this circle, that this Awareness sees as needing to be created at this time. This Awareness is finished with this long opening, and wishes now to take *Its* attention to the questions that are to be presented. This Awareness asks now that the first question for today's session be presented.

**The Creation of Lava: How is Heat Still Provided
After Millions of Years Since Creation?**

QUESTION:

This question is from Larry Kell in Indiana. He writes: "Another question I've never seen answered is what causes the high underground temperatures that produces lava? Wouldn't all chemical reactions from the creation of the planet have consumed the fuel that provided the heat after millions of years?"

COSMIC AWARENESS:

This Awareness finds the question and the latter part of the question rather convoluted, but will instead start with the first part of the question, that being, what causes the production of lava. The easiest answer to that is a geological geophysical answer, that lava is the byproduct of the shifting tectonic plates, those massive formations of rock and crystal and minerals that rub each other, that grind each other. The forces involved are incomprehensible to most humans, but it is so great and intense that the friction literally grinds the rock and melts the rock, causing that which is known as lava, and

this magma, this lava, flows in great streams, collects in great pools in the recesses of this planet earth, Mother Earth. It is subterranean, but when these forces build up in certain places where there are weaknesses or fault-lines, that occasionally, as is known, they erupt and escape to the surface where they bring the deep mineral deposits from beneath the earth, up onto the surface of the earth; an unending cycle that is part of the evolutionary process of this planet, part of the restoration of elements and minerals needed at the surface, brought to the top.

This Awareness asks now for the second half of the question to be repeated.

QUESTION:

Wouldn't all chemical reactions from the creation of the planet have consumed the fuel that provided the heat after millions of years?

COSMIC AWARENESS:

The answer is no, this is not what happened. The answer is a simple one, because the process is a simple one. It is not a depletion of, or using up of the fuel, for those fuels are continually replenished and renewed, to be used up and expanded outward, but to be renewed always. The system is based on a continual loop of use, expansion, contraction, and reuse again, not unlike the closed system that is involved with precipitation. Waters evaporate from the surface pools and lakes and oceans, go into the atmosphere, rise to great heights in that expansion of energy and at those great heights, contract through the cold and the upper atmospheric pressures so that they then consolidate once again, condense once again into moisture, which then eventually falls as precipitation, either as rain or in Northern climates as snow. It returns back to the surface and the cycle begins again with the heating of the sun of those collections of water on the earth surfaces.

This is somewhat the same with those fuels, those elements that are used in the interior of the earth; that as they are expanded outward onto the surface of Mother Earth, that they also break down, that they also reform, and are made available. Once they are on the surface, a very long process begins, for they are again covered up, again go back down into the fabric of Mother Earth. This is a process that takes millions of years, but eventually, those fuels that were expanded outward, those fuels that seem to have been used up, are once again made available for this continual cyclical process that is the fossilization process, that is the mineralization process, that is the restoration of the mineral fuel back into the fabric of Mother Earth, to be used once again. That Mother Earth process takes millions and millions of years, and therefore, while it may appear that these elements are used up, in truth, they are simply being recycled in the grandest of ways.

Mother Earth the World's Primary Recycler

Mother Earth is the primary recycler of all the elements of her being, all the fabric of her stuff and essence, and it is this as the example that should be used by mankind to understand how to live in harmony with Mother Earth; to always recycle, to always find the way to reuse the fabrics, the elements, the minerals, the plastics, the byproducts of civilization. Mother Earth herself provides the example of recycling. This question provokes thought on this manner in the extended or drawn out thinking of how this recycling process works for Mother Earth, how this recycling process works with precipitation and moisture, and how this process should work with the recycling of the elements of civilization,

those byproducts of civilization that need also to be recycled in a way that they can always be reused and the balance is always maintained.

This Awareness thanks the entity for this interesting and challenging question. This entity has put thought into it, and this Awareness congratulates the entity for doing so, and invites future questions when the entity has those to offer. This Awareness is complete and thanks the entity Larry from Indiana and asks for the next question to be presented.

QUESTION:

**PARROTS CAN MIMIC HUMAN SPEECH,
WHY CAN'T CHIMPANZEES?**

This next question is also from Larry Kell in Indiana. "Here is another puzzler," he writes: "Why are the animals most like humans, gorillas and chimpanzees, unable to mimic human speech, but parrots and parakeets can? One trained parrot can answer new questions about the shape, color and quantity of objects, then why do probably all mammals except humans know how to swim without being taught how to swim?"

COSMIC AWARENESS:

This Awareness certainly acknowledges and recognizes the curious mind of this entity Larry from Indiana; that he has such a capacity to seek in life, the curious questions that life presents; that he can put his mind to the curious and the unique and frame questions from them. This Awareness is well pleased with these questions and the challenges they offer in the answering of them.

This Awareness suggests that there are several questions, of course, presented here. The first has to do with the primates, the apes, the simian creatures. The second has to do with parrots and birds that can mimic speech, and the third has to do with that which will be repeated. This Awareness at this point does not recall the third aspect of the question. *It* will ask for it in a moment. *It* does however ask for the first part of the question regarding the apes to be represented so this Awareness can give full focus to that question.

QUESTION:

"Here is another puzzler. Why are the animals most like humans, gorillas and chimpanzees, unable to mimic human speech, but parrots and parakeets can?"

COSMIC AWARENESS:

This Awareness wishes to explain that humans, although they come from that strain known as the simians or as apes, chimpanzees and the monkeys, they are not of that strain completely and entirely. There was a process of genetic engineering that was accomplished eons ago by the Anunnaki, by the aliens known as the Sirians, and in this process of genetic engineering, simian stock was taken and melded with the reptilian brain. That primary part of the brain known as the reptilian brain indeed comes from the extraterrestrials that are now known as the Reptoids.

What was needed was a stock of genetically enhanced creatures that could think, and could reason and could rationalize to a degree so that they could do work of a menial nature that was given to them by their reptilian masters. This was work involved in mining gold so that the Anunnaki would have the gold reserves they needed to protect the atmosphere of their planet, that which is known as the 12th Planet, so that the gold could be used as a vapor, as a dust within the atmosphere to protect the

atmosphere and shield it as the 12th Planet rotated through the universe.

How the Anunnaki Reptoids Created the First Humans

The Anunnaki themselves, although they had the gold mines for many countless years, had grown tired of having to do so, and wanted and needed and desired another labor force that would replace them from this menial and boring practice and allow them to enjoy this planet. These reptilian types, the Anunnaki, came together with another extraterrestrial force; those being the Sirians from Sirius, and these Sirians had genetic talents and capabilities and knowledge. It was determined and decided that they would create from that which was the simian stock, a new hybrid breed of beings that could be used to work the mines. The reptilian based mind, was the anchor upon which this simian brain was grafted. The two were melded together, thus creating, first of all through a genetic enhancement program, a new strain of creatures on this planet. This strain was Cro-Magnon man, or homo sapiens, that which is now known as modern man.

The "Missing Link" Anthropologists Seek is Non-Existent

It is for this reason why that which has been sought for so long by archeologists and anthropologists will never be found; this being what is called the "missing link." The missing link is nonexistent. These scientists feel that there should be another link or another evolutionary step from that which is the Neanderthal man, to that which is the homo sapiens, Cro-Magnon man. There seems to be a gap between these two, which is why scientists have for so long been seeking that which is called the missing link. But the truth is, this is exactly the period of time where genetic engineering was done, where the simian creatures that are now known as the gorillas and the apes and even at that time the Neanderthal man, were used as a stock to do genetic enhancement; this melding and blending of that creature with reptilian stock, so that a new creature could be created, so that which is known as homo sapiens could be created for the fixed purpose of working in the mines, of possessing enough intelligence that these animals, as they were then viewed and are still viewed by the reptilians, could be put to use, could work the mines, could bring the gold out that was used to protect the atmospheres of their 12th planet.

The intent was not really to create a creature that could think for itself and also have a spiritual capacity. This was an intending of the Sirians, that they did behind the backs of the reptilians who had brought them in on this project. There was always an animosity between the reptilians and the Sirians. The Sirian genetic engineers who worked on this, are seen to have been prisoners on some level. They were forced to do this work, having been captured by reptilians at certain times and taken on as prisoners, but that their justice was to create a creature beyond that which was ordered by their reptilian masters, and they then created modern man with the capacity to develop on the soul level, knowing that one day, that creature they created eons ago would progress to such a state that they would eclipse their reptilian masters, and it is at this time that we find ourselves, when a great evolutionary shift is about to occur, and that which is now modern man, mankind, is ready for a complete shift into a higher spiritual level. This is a subject for another question, another discussion.

At this time, this Awareness simply wishes to complete the question by stating once again for the entity Larry Kell out of Indiana, that apes are not on that level with humans, for the speech and talking that the birds are known for that are mentioned--the parrots and the parakeets--also ravens are in that category. But this too

is a different matter which this Awareness is about to discuss.

Apes and Chimpanzees Do Communicate

This Awareness does suggest that Apes and Chimpanzees and Gorillas *do* communicate but that they have their own language, their own body language, their own signs, their own grunts, their own way of communicating. It is not verbal. But this does not mean that apes and gorillas do not communicate. They simply do not communicate in a verbal manner. They have been taught sign language, and this indicates that they *do* have the capacity to understand verbal language through sign form. They simply do not have the verbal talents or skills, the vocal apparatus to make the sounds that would produce human words and talk.

This Awareness is ready now to discuss the matter of birds that can talk. This Awareness would ask that this part of the question be repeated at this time.

BIRDS THAT CAN SPEAK (Don't Believe Everything You Hear)

QUESTION:

"One trained parrot can answer new questions about the shape, color and quantity of objects, and why do probably all mammals except humans know how to swim without being taught how to swim.

COSMIC AWARENESS:

This is two questions. This will be dealt with in a moment; the question of mammals swimming without being taught, but this Awareness wishes rather to talk about the birds that can speak. This Awareness suggests that this is not true speaking. This is not true cognizant ability. In fact, apes and gorillas have a greater cognitive ability and capacity to communicate than birds do. This is simply parroting, mimicking. The birds who supposedly identify shapes and colors has actually been taught, and it is a clever representation of the trainer in a manner that makes it appear that the parrot is actually cognitively identifying and expressing these shapes and forms, is consciously answering the questions, when it is simply more a set of cues that is given that elicit verbal responses. The birds do have an ability to mimic sound, but that does not translate to actually thinking in a way that they could engage in an active conversation. A clever trainer can make it appear that which is so, but in truth, hours and hours are spent training the bird to respond to a certain set of stimuli and verbal cues that will elicit certain responses, thus making it appear that this bird is having a conversation.

This is in reference to a bird recently shown on television who seemed to be conversing with its owner. This was very clever and very entertaining, but the bird was not truly thinking and providing thought-out answers that it has thought out, but was mimicking, parroting, was giving back to the trainer the answers that it had been trained for. While birds can give the appearance that they are perceiving what is spoken to them and answering, often this is returning back to them learned responses to learned verbal cues. It is entertaining, this Awareness gives that; but it is not true communication through verbal skills.

WHY MOST ANIMALS CAN SWIM YET MAN MUST BE TAUGHT TO SWIM

This Awareness wishes to move on to the next question of mammals being able to swim without being taught. This is a very instinctual part of a creature. Not only mammals, but all animals have within them innate

abilities that do not have to be taught that are available immediately to them. This is so for animals, such as mammals, who immediately can swim. This is also so for cows, who immediately upon birth know how to stand up, how to suckle at the mother's teats so that they receive nourishment. It is so for reptilian creatures who have innate abilities upon birth so that they seek out warmth or heat or protection.

All creatures have these innate instinctual responses that are stored within the genetic circuitry of their animal being, and this is simply as it is, as the Creator has intended it to be. This is part of an elaborate formation, if one will, of how a creature will know how to survive by having the instinctual talents and abilities that will be necessary for that creature to survive in its environment, whatever that environment would be. One could say that fish too have an instinctive drive and knowledge and knowing of how to swim, and one would recognize that this would be so because of their environment, but one would have to understand, it is so because it is part of their genetic circuitry, of their genetic makeup, to hold these instincts at that primary level and thus, simply respond to those instincts and to carry them out. This is how it works.

This Awareness is now complete with this third question from Larry Kell in Indiana, and wishes to move forward from this point and from these questions.

Why Are Insects Attracted to Lights at Night?

QUESTION:

This is the last question from Larry Kell in Indiana. "Why are insects attracted to light bulbs at night? It happens in hot weather, so it can't be to get warmth?"

COSMIC AWARENESS:

This Awareness suggests that all creatures in some ways or form are attracted to the light. Moths are attracted because this is a greater force that is a beacon to them, an attraction to them, that summons them. This can often be to their detriment, because the heat from that light source, if it is an open flame or incandescent flame, can actually burn them and destroy them. It is a yearning on some levels to return to the Greater Light, the Light of Spirit that draws them. It is not a physical heat energy source that they are seeking, for as the entity Larry Kell has pointed out, this happens in warm weather, when it doesn't seem to matter that the light is warm, because the energies of the air are warmed up also. The weather of the region in summer is hot weather, so this is not the reason.

It is instead with the spiritual attraction of the moth to the flame, of the moth to the light, for in a way this beckons the moth and it understands that this greater light is that which it is yearning for, striving for, and this attraction brings it to the light in order to meld with the light, blend with the light, join the light. Allegorically speaking, the light represents the Light of Spirit, and it is that which this Awareness suggests that all entities actually seek, and actually move towards, one way or another.

Most creatures do not seek it or move toward it until a time of crossing, a time of ending, of moving beyond the physical constraints of their bodies. This too is so for the human creature, the human being who is released upon death into the Greater Light of Spirit, into the Greater Light of this Awareness; that humans are also attracted to a Light from beyond, the Light that often burns within, and is a primary reason why humans are

always seeking the light, seeking that which is the Greater. This is a natural tendency.

Those Who Would Seek to Shun the Light

There is however, a process of separation; that those who would seek to shun the light, seek instead the darkness or the opposite energies as an alternative source of power that they feel will accommodate them and energize them. This has been given as that which is striving to embrace the dark, embrace evil, embrace that which is Satan, that which is Ahriman. In the long run, this is simply the other side of the coin; that which is the mirror opposite of the light. Most creatures indeed seek the light as a natural thing that they know is their true source, their true home.

Animals naturally move into it upon their death without any deep philosophizing or conjecturing, without any need to move away from the light because they're fearful of the light. It is simply so. It is simply the beacon that draws them. Just as the moths are drawn to the flame, to the light, so is the human soul drawn back to the Light of Spirit that is the beacon that always summons, that is always there. Humans can rather learn how to play in the Light without crossing over. This is available also, and is often done at great times of peace and meditation, at times of dreams of a deep and powerful nature.

On the whole, it is conceived however, that when humans see the Light and cross over, that it is a one way trip and that they will not return, because this signifies the death of the human form, the death of that human person, but the soul of course, continues to live, leaving that grosser physical body to live in the Light of Spirit, to merge its own light back into the Light of Spirit, and that this is exactly what the moths are doing when they seek the light, even though it sometimes costs them this earthly form that they inhabit. This is what is involved in this process.

This Awareness is complete, and if that is the last question from the entity Larry Kell, wishes to thank this entity for these questions, as simple as they seem to be, there is indeed much more to them upon reflection. This Awareness thanks this entity for being given the opportunity to present deeper levels of awareness and understanding in relation to the four or so questions that were presented by this entity at this time. This Awareness is complete with these questions and asks to move on.

WHY SOME PEOPLE TAKE ON CANCER

(In Iraq Cancer Clusters in 58 Families)

More on DU (Depleted Uranium)

QUESTION:

This question is from Joan Mills, Calgary, Alberta. She writes: "Two strange phenomena have come about in Basra which I have never seen before. The first is double and triple cancers in one patient. For example: leukemia and cancer of the stomach. We have one patient with two cancers, one in his stomach and kidney. Months later, primary cancer was developing in his other kidney. He had three different cancer types. The second, is the clustering of cancer in families. We have 58 families here with more than one person affected by cancer.

Dr. Yasin, a general surgeon here, has two uncles, a sister and cousin affected with cancer. Dr. Mazen, another specialist, has 6 family members suffering from cancer. My wife has 9 members of her family with cancer. Children in particular are susceptible to DU (depleted uranium) poisoning. They have much higher absorption rate as their blood is being used to build and

nourish their bones, and they have a lot of soft tissues. Bone cancer and leukemia used to be diseases affecting them the most, however cancer of the lymph system, which can develop anywhere on the body, has rarely been seen before the age of 12, but is now also common."

COSMIC AWARENESS:

This Awareness is confused by this question. This Awareness asks if Joan Mills from Calgary is asking this question, or if she is reading a report from another region, Basra, of a doctor who is making comment of the noticing of these forms of cancer. This Awareness asks the energizer to please make this clear for this Awareness.

Questioner:

Okay. I think the question is: Can this be true? Two types or three types of cancer?

COSMIC AWARENESS:

So this Awareness perceives now that this is a report given that states that these different kinds of cancers are being seen now. That there are cluster forms of cancer among family members, and this entity Joan Mills is asking if this is true? Is this correct?

QUESTIONER:

Yes.

COSMIC AWARENESS:

Thank you. This Awareness wishes to confirm that this is indeed correct. These are times when many entities are taking aboard many energies of the planet in attempts to purify the planet and the conditions of Mother Earth. Often those who take on cancers are doing so for a much deeper reason than their own personal reasons. There is a combination of reasons why entities take on cancer. On the primary level, an entity will take cancer on as part of their own karmic journey; something that is needed by the entity in order to learn a lesson or to relieve a karmic debt, or to simply have an experience of this nature.

It is hard to understand why anyone would call cancer in to have an experience of this nature, but this Awareness wishes to remind you that each and every being is more than a physical entity with simply one lifetime. In the multidimensionality of the human being there are many lifetimes that have been experienced, many experiences that have been had, and that even cancer is a form of an experience in the physical that a spirit/soul might wish to experience before it even arrives on the physical plane, so it might make that as a possible experience it chooses to have in the physical existence.

Much is Released on a Karmic Level From Cancer Pain

This is not an explanation, or even a justification for why a person would suffer from cancer. It is simply an explanation from this awareness' level of awareness to why some entities would call cancer in to have the experience of cancer. Other will call cancer in as a relief of karmic debt. Through the extreme pain process that cancer would bring on, much is released that is held on a karmic level. Pains that may have been inflicted in other lifetimes, other existences, by the entity with cancer are liberated, are released, are free because of that entity's choice to experience cancer in this physical existence; to take on more extreme pain that may equal extreme pain that it gave in another lifetime.

The reason isn't simply that it is wishing to be punished for what the entity may have inflicted in someone else in another lifetime, but rather to understand the extreme pain; to understand that which it inflicted on another individual in another lifetime has now been given back, so that the entity that inflicted the pain may be released for what it caused to occur in another lifetime.

**All Entities With Cancer or Other Illness Freely Choose It
(The Reason for the Expression "No Pain, No Gain")**

It is a free choice. Every human who experiences illness, especially cancers and other illnesses that lead to death, freely choose the illness at some level for their own experiencing of that illness and what it offers them.

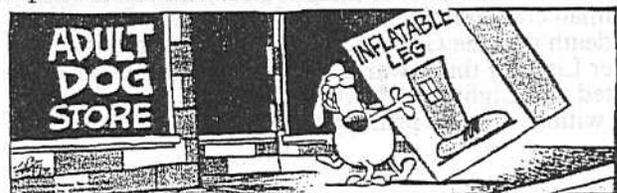
This Awareness wishes to point out that the way of pain, although not easily recognized, understood, or accepted, is one way that entities feel they can move forward. This Awareness wishes to use the expression very prevalent in society: "No pain, no gain!" to emphasize this point. It is held in this society that pain is needed in order to somehow move forward. If this concept is extended to the spiritual level, then entities returning into this physical level of experience at this time, using that paradigm, that belief system, may hold that the experiencing of pain will help them gain a certain spiritual freedom as well as a paying off of any karmic debts that may have been incurred through their actions from another lifetime; the individual's actions toward other human beings, other individuals, even other animals, at other times, in other lifetimes. So using the expression "No pain, no gain!" would be one way of understanding karma as a way of learning through pain to repay a karmic debt.

The karma however, is not simply for this purpose. The karma is as already explained a way of having experiences so that one will understand something at the deeper soul level; that one will take this experience back into the fabric and being of the soul, so that the soul will have understanding and perception and awareness of that which was the experience gained by the individual in that lifetime.

Cancer and the Suffering of Mother Earth or Gaia

This Awareness now wishes to speak of another aspect of why individuals take on cancer. Often in these times when Mother Earth is in great suffering, that on an unconscious level, the taking on of cancer may also be seen at the deepest level as a taking on of some of the pain and suffering of the planetary consciousness known as Mother Earth or Gaia. Taking it on is one way of releasing the pent up energy, the energy of pain held by the planet herself, and this is done at a very deep and a very spiritual level and can only be done and taken on board if it also is in agreement with a person's own personal pain to experience cancer for whatever reason.

Then it does have the auxiliary purpose of relieving a tension or a pain that Mother Earth, that Gaia herself holds. In these times, when there is such pain and such misdirection on this planet, many more individuals are choosing at the deepest level of take this on board. They take it on board first and foremost, as Awareness has always expressed and has already expressed today, for their own personal reason first and foremost. There is the additional reason that it will at the same time be beneficial to the release of certain tensions that are on the planet at this time.



Why a Person Can Take on two or three Forms of Cancer

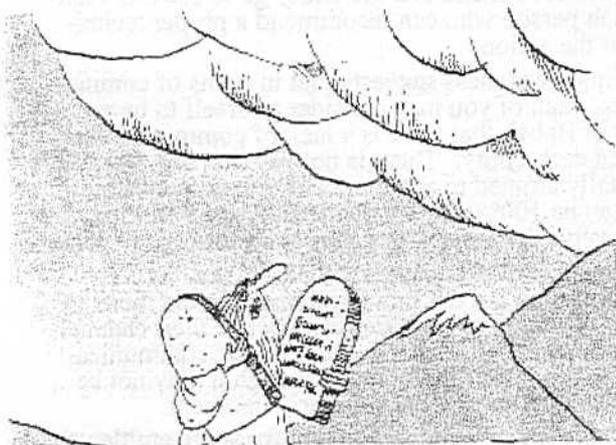
This is also the reason why one individual may take on two or three forms of cancer. Its purpose is to experience the energetic understanding behind the cancer, the relief of karmic debt, the fulfillment of karmic goal that an awareness may have taken on board in this lifetime. The energies on the planet have become very poisonous and very extreme, and that is one reason an individual may take on several kinds of cancer at the same time, or sequentially one after another. This is a new wrinkle in the experience of mankind. Another new wrinkle is several members of a family taking on cancers at the same time.

The cluster cancers are a result of the energies of a region. The doctors that were making comment in the Basrah (sp) region are noting something that was happening because of the negative energies of the region which would cause many entities to identify with the negative poisonous energies, and choose to take on the cancers as a way of dissipating those energies from the collective region, and thus the advent and the noticing of clustering around cancer of many individuals, even in a single family receiving or taking on cancer, a clustering in the collective of the region taking on cancers at one time.

Cancer is in the Divine Plan or You Don't Take It On

This Awareness suggests that this does not confine itself only to cancer. There are regions where certain illnesses are prevalent. Asthma seems to be prevalent in certain areas more so than in other areas. This has to do with the energies in a specific region and how they are exemplified through the illness of choice of the inhabitants of that region; cancer and various kinds of cancer in one region; asthma or bronchitis or other respiratory illnesses in another region. This is seen as interacting with the consciousness of the planet and the energies of Mother Earth at a deeper level than that of conscious choice of taking on cancer. No individual can take on cancer or any other illness if it does not first suit themselves or fit into their own divine plan, their own divine purpose to have the experience that they needed to have in this physical existence.

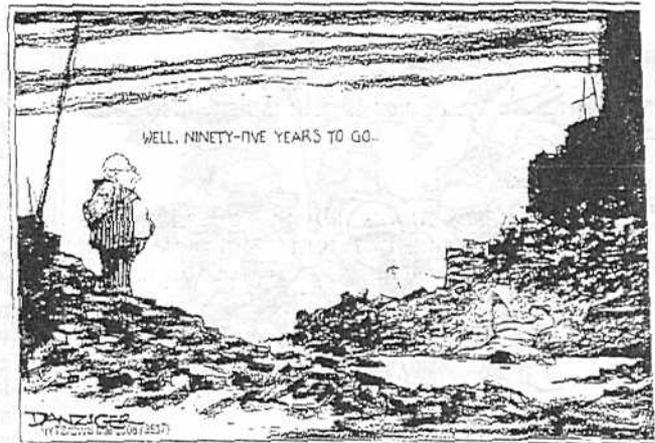
This Awareness is complete with this question at this time and wishes the energizers to pause the tape for a moment.



*"Now let me get this straight
the Arabs get the oil,
and we have to cut off the ends of our what!"*

ROD

Senator McCain Notes Five Years of the Iraq War



THE COSMIC AWARENESS SPIRITUAL DEVELOPMENT COURSE

GEMINI: VOLUME 3 LESSON NUMBER 12

QUESTION:

Awareness, we're here today for the twelfth lesson in the Sea of Gemini. The twelfth lesson concerns that which recognizes the confusion and chaos in the use of communication and yet, seeing that confusion, does explore the ways by which entities can bring it all together, also including the realms of pathos, emotion, as well as the realms of thought.

COSMIC AWARENESS:

This Awareness suggests that in understanding the nature of confusion, wherein a mind looks at that which is before it and can make no sense from it, sees only chaos, yet feels that somewhere there must be someone who understands what is meant by all of this, such a mind can either turn away from the chaos and give attention to some other construction, some other creation more orderly and satisfying to it, or may continue to look at the chaos and may either seek to unravel and understand, or may simply go stark raving mad, according to whichever it wishes to do.

This Awareness indicates that wherein one opens a book of mathematics of a high order and does not understand the symbols or meanings, or wherein one opens a book on music and does not understand a note that is spoken or written, or wherein one opens a book on foreign language and does not understand a word or sentence written, this does not mean that the mathematics, the music, or the foreign language is in chaos. It simply means that there is a lack of communication between the mind which is looking and that which is before it.

This Awareness indicates likewise, wherein an entity is in a situation and there appears to be a chaotic cacophony of noise or confusion, this does not mean that the confusion is in chaos. It simply means that the mind which is observing this is not in tune with what is happening, for the chaos may be the perfect order for what is necessary at that moment in time and space.

This Awareness suggests you consider the long body: the long body being that body which is born at a particular place, grows for several weeks, is moved about in a room, being extended from place to place as it is moved about, gradually is moved into other areas, extended from the room out into other areas of the house, extended out into the yard, onto the porch, down

McCain (and Lieberman) Visit Baghdad

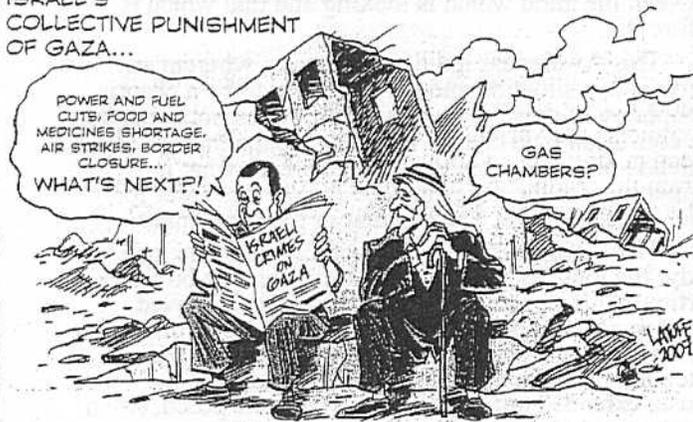
SEE, JOE, THINGS ARE GETTING BETTER
LAST TIME I WENT FOR A NICE SAFE STROLL IN THE MARKET
WE NEEDED A WHOLE COMPANY
OF TROOPS



the street, and back to the house, back to the room, into the crib, into the mother's arms, out again into another room, and again outside, being extended again and again throughout the neighborhood in various places: to church, to the store, to the wash place, to the park, down the street to the neighbors, the long body being extended finally into schoolrooms, into classrooms, into activities with neighbor children, the long body extending now into other cities, into other areas, other schools, visiting with friends, with relatives, the long body growing ever longer, ever longer, moving into areas of adulthood wherein the long body attends various functions, parties, events, games, and social gatherings, wherein the long body now attends schools and colleges, or works in various occupations and then moves on into family life, traveling from place to place through time and space. This Awareness suggests you consider the long body as it moves, this long body being your life, being your actions, being your experiences. This Awareness indicates that each entity has a long body that stretches from the cradle to the grave.

This Awareness suggests that in terms of your consciousness, in terms of your thoughts, in terms of words which are placed within your vocabulary, each of these also is likened unto a long body. The name you have been given has also followed in these movements, followed through your life, through your experiences. The words which you speak, which you learned as a child - these words also are likened unto long bodies, and each of these words may be associated with various experiences, some experiences being favorable, some being traumatic, some being terrifying. These terrifying words, experiences being associated with the word, can help to develop that experience at a later time wherein that word triggers similar feelings to the event which occurred which was first experienced in association with that word during an earlier time.

ISRAEL'S COLLECTIVE PUNISHMENT OF GAZA...



This Awareness indicates that wherein an entity reaches that point in his or her development wherein confusion and chaos occurs, wherein communication breaks down, wherein the circuitry is overloaded, wherein this occurs and an entity's mind seems to snap and they are incapable of communicating with others (at least on certain levels), the necessity for unraveling the confusion lies in tracing back through to the source those lines, those long bodies of words, those long bodies associated with thoughts and ideas, with feelings and emotions, back to the source where they were born, or to the area where they first developed trouble - the first traumatic experiences which were associated with those words, ideas, emotions, concepts. In reaching these areas wherein the circuitry was blown on that particular long body, one can make repairs and can bring about a smooth-flowing train of thought, or a smoother-flowing river of emotion.

This Awareness suggests that this may be compared to a switchboard for telephones wherein wires are extended in all directions and an entity can look at these wires and can be amazed that there is any form of communication at all, for the entire network appears to be chaotic. Yet, another entity can look at those wires and see that they are all in order. Still another can look at the switchboard, and wherein there is actual confusion and wires have been crossed, that entity can straighten out the wires and can tell exactly where each wire should go in order for the action to function properly.

This Awareness indicates that entities who have their wires crossed within their consciousness, entities who find difficulty in communicating, wherein certain wires are overloaded with excess emotional charge, wherein the wires get heated up when entities push that button that triggers that certain word, wherein entities find difficulty and blow their fuses over certain areas which are lighted up, which are turned on, there are those who are capable of assisting in unraveling the confusion.

This Awareness suggests that no entity should ever feel ashamed in asking another for help; that no entity should attempt to help another unless they have the ability to do so. This Awareness suggests that every entity has the ability to help another in some way, but that it is important for you to know your limitations. This Awareness suggests that wherein you cannot completely unravel the wiring, perhaps the help you can give is to recommend that the entity go to see this such-and-such person who can recommend a proper technician for the action.

This Awareness suggests that in terms of communicating, each of you may consider yourself to be a Tower of Babel, that there is a lack of communication between each entity. There is no way that one entity can feel totally attuned to another. There is no way that there can be 100% communication between entities, yet it is possible for greater and greater attunement to occur.

This Awareness suggests that this may be compared also unto the CB radio systems wherein there are various channels, and entities can change their channel to communicate with another, and in that communication they can have rapport, even though it may not be very clear and may be but for a brief moment.

This Awareness suggests that for some entities, the only way to communicate may be through symbols, may be through sharing of a gift, may be through the action of presenting a flower, of presenting a picture, of presenting a hand, a drink, a helping assistance for that entity.

This Awareness suggests that wherein an entity's circuits have been blown and he cannot communicate well with others, it is necessary to go back to the very basics of communication. It may be necessary to move back into tangible exchanges of items, things which do not have great emotional significance to the person, things which do not trigger off hot, fuse-blowing, shocking, or intense levels within the psyche of the person.

This Awareness suggests that wherein an entity has difficulty in communicating because of the over-blown circuitry, that you may simply give the entity those things which are acceptable, which are appreciated, and not attempt to move the entity into communication on other levels too rapidly. That you communicate with small, insignificant gifts: a ring, a stone, an apple, a piece of candy. Anything that is acceptable to the entity can begin the communication. That later, a piece of paper with a drawing, a picture, may communicate, that the entity may then communicate back to you some of his or her feelings in a similar manner. This Awareness indicates even wherein the entity refuses your gift, this may be seen as a type of communication that says, "No, I do not want this." This Awareness indicates that wherein your gift is rejected, it is also a rejection of you, but the rejection of you need not be taken personally. It may be considered a rejection within the psyche of that entity and something which needs to be worked with. Perhaps the entity does not trust anyone and does not feel free to trust you. This Awareness suggests that the entity needs more time, that you need not be discouraged.

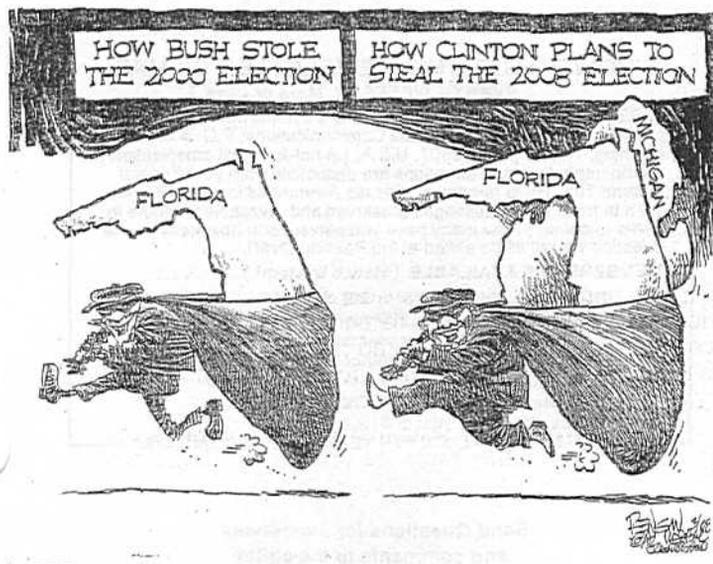
This Awareness suggests that communication through continuing to relate, through continuing to be responsive, through the action of continuing to keep the door open to such an entity, can lead to further opening by the entity, but that one must move at a pace which

Prayer for Balance

Start your day and end your day by saying the following aloud:

I AM ONE WITH ALL THAT IS!

Thank you God



allows the entity to adjust according to his or her own ability.

This Awareness suggests that wherein you are working with mentally disturbed people, the use of abstract words and terminology can be effective wherein this is relieved and the entity is receptive to such levels, but that the basics of communication are most essential. This may be likened unto relating to the child-part of the entity, of going back to those levels which would have been acceptable to the entity if the entity were still a child.

This Awareness suggests that each mentally or emotionally disturbed entity will have a certain level which he or she will communicate on, and the entity may not communicate on any other level. It is for the technician or for you to discover where the entity wishes to communicate. It is not for you to expect the entity to come to your vibration, to tune in to your channel and communicate with you. It is for you to find the channel which the entity will communicate on, and to communicate on that channel long enough to where you establish a rapport which will allow the entity to feel at ease so that he or she will then follow you when you step up, or change the channel to another, because the entity wishes to communicate with you, and you are changing the channel to another.

This Awareness suggests that wherein you attempt to help others, begin with them where they are and gradually change channels as they are capable of following you. That wherein there are wires which are crossed within your psyche or the psyche of another, that you follow these wires back, that you find their weak spots, their hot spots, the places wherein they were burnt, the places wherein they were traumatized.

This Awareness suggests that you recognize entities not as being but a single unit, but as being a complex mixture of much wiring of long bodies made up of thoughts, ideas, words, emotions, systems, diagrams, symbols, and various types of experiences. That in recognizing these various long bodies that have come from the cradle, and looking at all of these and seeing the scars, one may begin to unravel those weak spots within oneself and may assist others in unraveling their weak spots. This Awareness indicates this works not only for individuals, but in terms of societies also. The city is nothing more than another level of the mind; a great brain, a great system wherein souls, as cells, function together in a communication that is either beneficial, efficient, or not efficient and not beneficial.

This Awareness indicates that in terms of the structure of a society, of a government, this also as likened unto the brain of a nation which may be made more or less efficient by communicative networks. This Awareness indicates that in discovering the traumatic levels in moving back through the long body of the corporations, of the political life, the social life, the religious life, the philosophical and morality life of that nation, entities may also begin to unravel and discover where the problems were.

This Awareness suggests that in looking into the economic life of an entity, those basic needs in terms of physical securities, or in looking at this in relation to a nation, this may give keys which can assist in unraveling certain problems which exist presently.

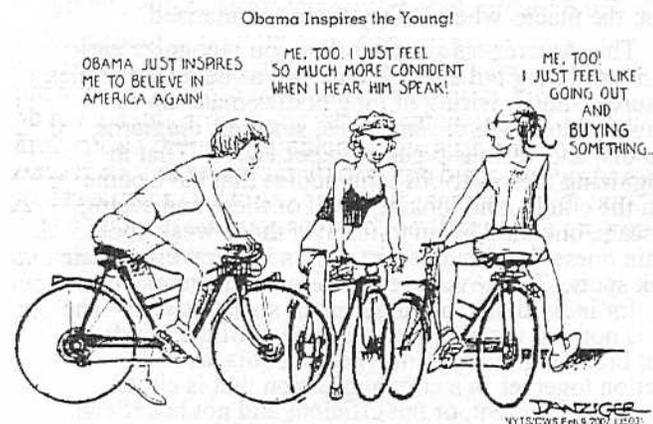
This Awareness suggests that as entities begin looking back in the long body, tracing the wires back to the sources and out into the forest, into the homes, and through the walls - as entities begin tracing these wires, making sure that they are all in order, functioning properly, there can come greater communication, greater harmony, and the appearance of chaos will be more deeply understood as being harmonious, and as reflecting a unity in communication that allows entities to have greater rapport with one another, or allows oneself to understand oneself more clearly.

This Awareness suggests that wherein the confusion exists and one has not yet unraveled the wiring, one simply may step back and accept the confusion without feeling it is necessary to do anything about it. This Awareness suggests that wherein you feel you must unravel this immediately, you will simply add to the confusion. That wherein you step back and begin looking carefully at how it goes together, you may begin to understand with a calmness and a sense of unification that there is, indeed, a pattern and a unity that can be discerned.

This Awareness suggests the wiring that makes up a society, that makes up a social system, that makes up the consciousness of an entity in terms of his collective being - this wiring is not yourself. Yourself, your true being, is the consciousness, the electricity, the vibrations that flow through these wires, that flow through your experiences. You may simply step back and enter into that consciousness, and from that level of consciousness, there is total peace and harmony, even when the wires are short-circuited, and from that level of total peace and harmony, with patience, you may begin to unravel the confused wiring system and put your house in order.

This Awareness suggests that this as the conclusion of the 12th lesson in the Sea of Gemini on communication.

(The Law of Gratitude is given.)



WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

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--HOW TO GET THIS NEWSLETTER BY MAIL-- EVERY 4 WEEKS! (More or Less)

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