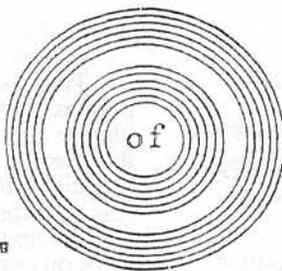


# Revelations

The Cosmic Newsletter

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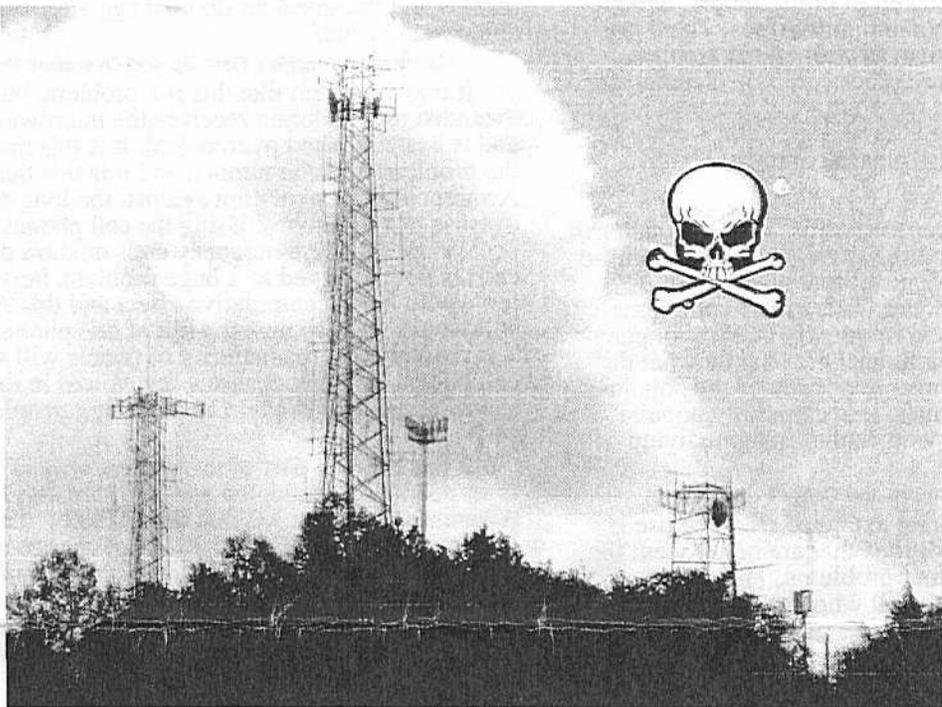


# Awareness

COSMIC AWARENESS COMMUNICATIONS  
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Helping People Become Aware

CELEBRATING OUR 38<sup>TH</sup> YEAR!

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Index is on page 9

## Autism and the use of cell phones

- Why you don't want a microwave tower in your area
- A meditation to cure damaged lungs
- Is Barack Obama the reincarnation of Lincoln?
- Is the Amero really coming as our new money?
- Advice on the economic meltdown

CAC General Reading 7-23-08 Will Berlinghof Interpreter, Joan Mills Questioner and Energizer

More on the Hidden Agenda and Global Depopulation Program...

## **AUTISM AND THE USE OF CELL PHONES** (Long Extended Frequent Use Will Cause Big Problems)

QUESTION:

We have two separate inquiries concerning autism. The first one is from Zoey St. Germaine, of San Anselmo, CA. Her question concerns autism and cell phones. She asks, "How harmful is the radiation from cell phones? It has been linked to brain tumors, depopulation of bees, bats and monarch butterflies. There are studies linking it with autism as well. What are the causes of autism? There are reports that the percentage of children having autism has sharply increased since the 1990's. Is this true for the United States and worldwide as well? Would Awareness please comment?"

COSMIC AWARENESS:

This Awareness wishes to start off with the matter of cell phone and cell phone use. There are indeed harmful radiations, microwave radiations that are emitted through the use of cell phones. This creates problems when the cell phone is used frequently and for longer periods of time. That unfortunately is exactly what the present situation is, with a large portion of the population now owning cell phones. It is especially popular amongst younger people who cannot imagine living without their cell phone.

### **An Increase in Tumors and Other Problems**

The problem with a long extended frequent use is that it will create the conditions that are being seen: the increase in tumors and other problems. This is not only a matter for the young but for all who use the cell phones. This Awareness is aware that cell phone use has become such a huge part of the consciousness in America and elsewhere in the world, that it is literally thought to be impossible now to stop the use of cell phones. This has been part of the plan to reduce major amounts of the population. This is one of the many ways by which it is seen by those powers that be who have this as their design and their purpose, to achieve that design and that purpose.

The effects of long-term use of cell phones are not immediate, but long drawn out results or effects. It is only after many years of cell phone use that it is noted that there are extreme effects, and yet it has been seen, it has been recorded and the statistic proves that those tumors that are in and around the ear, or brain tumors have increased substantially since the cell phone was introduced. However, the longer-term results have not yet been seen. By longer-term results, this Awareness refers to the results of using cell phones for ten to twenty years or longer.

It will be seen that thirty years down the road, many people are adversely affected, will have developed tumors of various shapes and sizes along and around the ear and in the brain itself. It is not yet long enough since these cell phones came out for this long-term result to be seen yet, but it is fast approaching that time. Cell phones have been around for approximately 20 years in heavy use. The United States has some of the highest amounts of usage in the world, but countries such as the United Kingdom or England, as well as the European countries and Asian countries also use their cell phones extensively. Given another 10 years, it will be seen that there are dramatic effects indeed from extended long-term use of the cell phone.

### **In One Experiment Cell Phones Hardboiled Eggs**

This Awareness cautions against the overuse of cell phones. It is not saying to abandon cell phones completely and not to use them. It is recommending however that the use of cell phones be somewhat restricted, especially long usage, for several hours at a time. There was an experiment carried out by two journalists who hooked up two cell phones in such a manner that they were on continuously. They then placed an uncooked egg between the two cell phones that were spaced about a foot apart from each other. They noted that the egg was cooked by the microwave energies of the two cell phones and became a hardboiled egg after approximately an hour and a half.

### **Microwave Energies Heat Up and Overcook the Brain**

It may not seem like this is a problem, but with extended use, the brain receives the microwave energies and is heated up and overcooked. It is this that causes the problems and the tumors, and it is this that this Awareness is speaking out against: the long-term overuse of cell phones. Using the cell phones for occasional calls or emergency calls or short duration calls is not perceived as a huge problem, however this too would have a cumulative effect and this Awareness still would warn against the use of cell phones. However it is unlikely that the majority of people will stop using cell phones simply because a few voices in the dark are shouting out against them and warning people of their use.

It has become part of the modern way of life that most people have adopted and unfortunately, this Awareness does not see that this is likely to change anytime soon, and probably will not change until the long-term danger of using the cell phone finally does create such attention that many will question it, many will stop using it, or many will insist on other technologies instead of the microwave technology to replace those cell phones that are in use today.

There are certain devices that do not emit such high levels of microwave radiation, and these would favorably to those that have a high microwave output; unfortunately, it is very hard to get statistics on individual phones as to which ones are safe in this manner. There are also headsets that can be bought that are to reduce the microwaves, but again, there is no across-the-board standard and it is hard to judge which will work and which will not. Therefore, this Awareness simply recommends that those who have microwave cell phones use them sparingly. This is a matter of choice of course, but this is the recommendation of this Awareness.

### **Microwave Towers in Your Neighborhood are Dangerous**

Another problem that this Awareness sees around the use of the cell phones is not simply the actual cell phones themselves, but the microwave towers that are used so that this technology can be used in the first place. It is the microwave towers that are indeed creating atmospheric and local disturbances that are starting to have some long-term effects on local wildlife, even on the climatic conditions in the areas where there are these towers, and cumulative effect weather-wise around the world.

### **Towers are Linked to the Disappearance of the Bees**

They are very strongly linked to the bees' disappearance, the bats, and the monarch butterflies. There is indeed a correlation, but as long as this technology is deemed as crucial to people and to societies, there is not seen as a likelihood that this will stop anytime soon and that more and more microwave towers will be built until finally the dangers are so apparent that there will be a review of this technology and a shifting away from the

microwave aspects of communications to other less harmful ways of transporting the signals.

To live close to a microwave tower is not seen as a very good thing indeed, and this is also something that this Awareness would advise against. If there is a microwave tower being built in the neighborhood, there can be an increase in the radiations of microwaves themselves that could have a harmful effect. This Awareness does not want individuals to become paranoid over this for it is seen that while there is an effect, it does not mean that it is immediate and drastic, but rather a long-term drawn out effect that will cause difficulties with human physiology, with health and wellness.

#### **Before You Buy a House Check Around for Towers Nearby**

If an individual is seeking to buy or rent a new house in an area, if it is possible, check out where the microwave towers are located. It is seen that when there is close proximity to these towers that there is heightened threat of long-term damage, but at a distance, they are not directly harmful to individuals. This is simply something to always be aware of and if it can be avoided, to do so.

#### **The Primary Cause of Autism is Vaccinations**

As to the matter of autism, while microwave technology, the use of the cell phones and the microwave towers: all are having an effect, but this is not seen as the primary effect of autism. The primary effect of autism is seen to be the vaccinations that are given to young infants at that very sensitive period of a child's life when they are most susceptible to the effects of the vaccination. It is to be remembered that most vaccinations have within them agents that are designed to create damage, to create such things as autism.

This Awareness is aware that it is still hard for many to accept that the process of vaccination may be harmful to individuals, especially small children, but it is to be remembered that there is a *hidden agenda* of the mass-destruction of human life, the destroying, the killing off of a certain amount of individuals by a certain period of time. Things such as cell phones and vaccinations and the lack of nutrition, or the chemicals that are put into foods and water and all the rest of those planned means by which human life can be destroyed, where humans can be killed off, are not accepted by the masses. It is still considered "conspiracy nonsense" by most individuals, and yet, there are enough statistics available to show that the cell phone for example, is starting to have a greater effect.

More people are starting to suffer with cancers that are directly related to cell phone use. The use of vaccinations has caused statistically an increase in autism, and these are not random events. These are planned events, part of an overall plan by the powers that be. While the energies that are being spewed out by the microwave towers are affecting areas where people live, it is not yet accepted by those people who are inconvenienced by the use of cell phones, that there is any great danger, nor do they see danger in many of the areas that have been planned and are being carried out at this time.

#### **The Alteration of Milk is Another Danger**

The alteration of milk for example, and the substances that are added to the milks is very serious indeed, but how many people even know that there is a problem with the milk that they are drinking? It may not even be advisable to drink milk at all for milk is truly for the consumption of baby calves and not for human consumption. The calves are those that should drink the mother's milk, the cow's milk, not humans. But to

suggest that milk no be drunk any more is simply too extreme for too many people. It is this way now for cell phones also. To suggest that entities give up their personal cell phones, complete with cameras and I-pods and e-mail links and all the rest that is involved with modern cell phones would be considered extreme. It would even be considered absurd.

Thus, as this Awareness has already said, it is not likely that individuals will give up their microwave cell phones any time soon, nor the technology that is involved with them, even though health issues are on the increase, even though autism is somewhat linked to the use of the cell phones. It is seen more that what is created through the higher microwaves that are floating around out there is a condition where those children who have already been affected by vaccinations have this effect amplified and increased. This is seen to be more the problem with the cell phone technology versus the actual cell phones themselves, for it is not seen that many babies or young infants have cell phone use available.

However, if there are microwave cell phone towers in the proximity of these young children and if they have already been vaccinated, these two factors combined do augment the autistic conditions of the child. This is what this Awareness sees at this time in relation to the questions presented. Are there further questions of this Awareness on this subject?

### **Is There a Cure for Autism?**

**(That Delicate Balance of the Electrical Field Around Humans)**

#### **QUESTION:**

Yes there is; one from Pearl Scott, of Endicott, NY. Much of what she writes you have answered, but I'll read her letter. "Why the high rate of autism? (1 in 500) reported) The Cause? What can be done for a cure? I read, read and read on Autism since I have an 18-year-old granddaughter with it thus any relevant information that can assist her is very much appreciated." Your comments please?

#### **COSMIC AWARENESS:**

This Awareness wishes to go a little deeper in this matter at this time. *It* wishes to point out that all human beings are very sensitive magnetic, electronic or electric beings. This means that the human being has around them those layers that are very sensitive to magnetic energies, electrical energies, and even solar energies. This is all before the actual physical body is reached, so that the increased microwaves in the atmosphere that shoot between the towers and from all of these various apparatus' that use the microwave technology, the cell phone technology, can begin to disrupt the very delicate balance of the personal electrical body field, or the magnetic field.

There are various layers around the body that compose this energy body, and when these delicate areas of the aura are disrupted, they can have, over an extended period of time, accumulative effects on the body itself. This Awareness has just spoken about how the combination of vaccinations with the heavy-duty microwave energies can augment the autistic child. Another way of understanding this is that autistic children have those layers of their aura, the layers of the electrical activity, the magnetic energies, disrupted, and therefore, they are not in total alignment.

Their personal alignments are off. They are in their own world, their brainwave patterns are altered, and

there are physiological effects that occur, all of which create a distance between the autistic individual and the outside world. They have trouble relating, even identifying with the world around them. It takes much to breach the invisible wall that is now surrounding them. Their brainwave patterns are also different. They literally are in a world of their own. That is why with the advent of modern technology such as cell phone microwave technology as well as communication technologies, not only just with cell phones, but with huge communication towers for radio, television, X-ray, all of those energies combined to create a very toxic world from an energetic point of view.

This Awareness is not advocating a return to simpler times, however *It* does advocate, and this will begin to be seen with time, that the polluting of the energy fields of the planet have deep and serious effects on the individual and is partly what is behind the increase of illness on all levels. Autism is one of those areas that affects the young child, especially when they have been given a vaccination that has part of its purpose to shift an individual and open them up to such intrusion where they are then at the effect more so than most are, creating an increase in the problem of autism. It is indeed, part of a much bigger picture.

This Awareness is complete.

### Is There Any Help for Autistic Children?

QUESTIONER:

Just one question please. Is there anything that can be done to help these children or adults?

COSMIC AWARENESS:

It is seen that much can be done, but it is what would be termed "labor-intensive," to have individuals who would help communicate with the autistic child by being with them constantly, redirecting, refocusing. This work is very expensive of course, and has no true support amongst the government. One way to help future generations would be to stop the vaccination process, or at least to eliminate the very harmful substances that are currently added to various vaccinations that trigger the autism.

It is also seen that there are health technologies coming that may be beneficial to realign the personal auras and the various layers of the auras that this Awareness has spoken of, but it is not seen clearly by this Awareness at this time, and these technologies are still in developmental stages. These are technologies of the future, where it will be recognized that the problems are the disruptions of the auric field, for the auric field and the several layers of the auric field are not understood at this time. Indeed, they are not very much even accepted at this time by mainstream science or mainstream health.

It will be with time that it will be discovered how the disruption of the aura and the various layers of the aura is essential to health and well-being and problems such as autism are seriously affected and hampered with the disruption of these layers of the aura. This Awareness does not see anything other than the labor-intensive interaction that is being used at this time as a way forward. Recently a young child in Ontario was taught how to communicate effectively on the computer and she was finally able to communicate to her parents and to those around her, her emotions and her feelings and that which she was experiencing. This is truly a huge leap forward, however, this too was through labor-intensive interaction with this child by a family that had

both the money and the means to support this treatment for their daughter.

It is at least encouraging to know that an autistic child can be reached, that an autistic child does know itself and can be brought out of that intense isolation. With time, such things will be seen as far more important than inventing the latest cell phone with whatever additions are brought into play, but that is not the case at this time. Fortunately, there is a shift in energy that will bring this to the forefront in the next several years.

### Which Vaccination is the Culprit?

(More on the Hidden Agenda)

QUESTIONER:

One other question: you mentioned a vaccination. Which particular vaccination is the culprit, or are there several?

COSMIC AWARENESS:

There are several. It is not one particular. It is a combination of various vaccinations that are given to young children to prevent everything from the measles to whooping cough to whatever is considered important to protect the child against.

QUESTIONER:

Isn't that counterproductive, in view of what has already been said? They're trying to protect the child yet...

COSMIC AWARENESS:

There are two things to be understood. First of all, this is a hidden agenda. This hidden agenda is not what is shared with the actual health practitioners who are giving out the vaccinations. The second thing is that those health practitioners, those giving the vaccinations truly believe that by vaccinating the child from what used to be considered the normal childhood diseases, that they are doing a great service for the child, and for all children, for children use to die of some of the very things that they can now be vaccinated from.

In the minds of most, a vaccination to prevent such things as the mumps, or measles or any of the other childhood diseases, is seen to be favorable. They are not convinced that the vaccinations are dangerous in and of themselves. That is the difference here. Vaccinations are still seen to be on the large effective and worthwhile. The hidden agenda is not seen, and those who would suggest it are considered radical, if not outright crazy. It simply is not acceptable to most individuals, doctors, health practitioners and the general public itself.

Does this clear up the question asked?

### Burning Feet: What to Do?

QUESTION:

(Yes it does and I appreciate it. Thank you).

Our next question concerns burning feet. It's from Louise K. Coble, from Sedona, Arizona. She writes, "A friend of mine, JM, often has what he describes as burning feet. Do you know what can be done to overcome this problem? I would appreciate any recommendations that Cosmic Awareness might have. Thank you." Would you please comment?

COSMIC AWARENESS:

The first thing that this Awareness wishes to say of this situation of the burning feet, is that this is a fungal bacteria infection that infects the feet and it is hard to get rid of this condition. For some, standard creams and solutions that are available on the market will do the job,

but this is not seen as totally effective for most individuals. This Awareness is seeing that a foot bath, with freshly squeezed lemon in the actual lukewarm waters may be helpful too, for this slight acidic solution can indeed treat the fungal bacteria for some, but again, not for all.

#### Hulda Clark's Zapper is Recommended

It is seen that there is also on the market a footbath that vibrates the water. This is recommended by this Awareness as a means to help the situation, to destroy the fungal bacteria. Again, an addition of lemon to the water would also assist this process. Finally, it is recommended to use the technology of Dr. Hulda Clark. This recommendation has been given in the past. The technology has been described in the past. Her apparatus, using vibrational energies would be effective as a means of destroying the bacteria and relieving an individual of that condition of the burning feet. There are other methods available, but this Awareness is complete at this time. The other methods that this Awareness speaks of are methods that are coming out, or may have recently been introduced. There are new technologies coming out all of the time, and new substances that will prove beneficial, however this Awareness is complete with this question.

#### Toenail Fungus (Johnson's Foot Soap)

##### QUESTION:

(Thank you) This next one concerns toenail fungus, and I have a footnote on it. This is from Zoey St. Germaine, of San Anselmo, California. She asks, "What is the cause of toe nail fungus which seems to be more widespread, and what might be the cure?"

And when I read that, my thought was soaking the feet in Johnson's Foot Soap, and I had written down what was in it, and I wondered if this would be applicable, or would you prefer to answer the question.

##### COSMIC AWARENESS:

This Awareness would suggest that the suggestion of the energizer is valid.

##### QUESTIONER:

All right. Thank you. This is something I have tried myself. "Would soaking the feet in Johnson's Foot Soap for 15-20 minutes for maximum relief be helpful? Each envelope is a bran mixture containing Iodine, 15g, Borox, 5g; other ingredients are soap, sodium sesquicarbonate, sodium borate, caramel, potassium iodide, and lodoform, added to 2 quarts of comfortably hot water. I don't know what these ingredients are or do but the box says: "soothes tired aching feet, softens corns and calluses, relieves itching and burning; acts like magic." And yes, definitely, this does exactly that and is very relaxing for the feet.

The package also suggests having an all-over bath, although I've not done that, I prefer showers. There is a warning on the package for those who have diabetes or poor circulation, to consult their doctor before using this or any other product that involves immersing the feet in hot water. Plus this info is a "sharing" - not a commercial for Johnson's, simply as I've tried this product and it's proven itself to me as an extremely beneficial. Your comments are appreciated."

##### COSMIC AWARENESS:

At this time, this Awareness wishes to confirm that the substance spoken of by the energizer is valid and highly recommended. This can also be put in the

oscillating footbath that this Awareness spoke of earlier, although *It* would not recommend that lemon also be added. It would be redundant and not needed. Another substance that has been mentioned to the Interpreter previously for the same conditions is the use of that product known as Listerine, or a similar mouthwash antiseptic. This too can be poured into a footbath, and diluted with water. The antiseptic properties of the mouthwash will also destroy the bacteria.

There is seen something else that this Awareness cannot quite bring out at this time, but if the question is asked again in the future, and that information is available, this Awareness will speak further on this subject. This Awareness is complete.

#### A Breakthrough in Hearing Loss?

##### QUESTION:

(Thank you) The next question is from Raymond W. Conroy, of Dingman's Ferry, PA. He writes concerning a hearing loss. He says, "Dr. Rowan who writes "*Second Opinion*", a health newsletter, claims there is a new breakthrough in reversing hearing loss. Patients who took 300 mg Vitamin C and 600 mg of Rebamipide, an ulcer drug, for 8 weeks, showed improvement. Rebamipide is not available through US pharmacies, but with a doctor's prescription, you can buy it through mail order sources." Would Awareness please comment?

##### COSMIC AWARENESS:

While it seen that there is beneficial effect from the use of this pharmaceutical drug, it is also seen that there are detrimental effects on other parts of the body. Thus it is one of those solutions that may be as harmful as it is beneficial, and this Awareness cannot totally recommend this procedure in terms of the healing of hearing loss. It also depends on the cause of the hearing loss, and for each individual, the cause is different. There are similar causes for some that would be benefited by the solution presented, but this is not across the board. It is not universally helpful for all.

This Awareness is complete with the answering of this question.

##### QUESTIONER:

Are there any side effects with this procedure, or are there preferable and more reliable methods to deal with any hearing loss?

##### COSMIC AWARENESS:

This Awareness has already spoken that it is not a preferable treatment across the board and will benefit some, but not all, and that there are certain side effects that some will experience by taking the drugs that is harmful to them and will not benefit them. So as this Awareness has said, It cannot recommend this solution.

##### QUESTIONER:

Is there any other solution that might be possible?

##### COSMIC AWARENESS:

Again, there is work being done in this area. The use of vibrational medicine and quantum medicine is seen as something that can be pursued and looked into. There is that machine that this Awareness has spoken of previously known as the QXCI machine, or also its more advanced version, the SCOI; these are programs that can analyze and somewhat treat such conditions. There will be improvement, even in this equipment in the times ahead, and technology is moving forward in leaps and bounds with this. There is not seen by this Awareness anything that *It* can recommend at this time.

## Respiratory Problems Caused by Chem-Trails

### QUESTION:

The next question is from Bob Charles, of Portland, Oregon. His question concerns the lungs, and respiratory infection. He writes, "I have had a low grade respiratory infection for the last 6 months. It flares up and seems to get better, but does not go away. Dr. George says that he has seen several cases of this. Antibiotics have no affect on it. I have a theory that it is caused by chem-trails. Is this correct?"

### COSMIC AWARENESS:

This is in the affirmative.

### QUESTIONER:

"Or, what is the cause? Could Awareness please send some healing energy out to me and suffering from this condition? Thank you."

### COSMIC AWARENESS:

Indeed, the conditions being noted by Dr. George and other physicians is because of the chem.-trails and that which is being dropped in areas up here. Again, this is part of the hidden agenda, part of the mass-elimination of large amounts of humans.

There is nothing specific that this Awareness can speak of to reduce this problem, however *It* does suggest that the individual maintain as high a level of personal health and well-being possible. There are many substances available to help with the health and well-being of an individual. This Awareness has spoken of this before, talking of the need for good nutrition, good exercise, and a good lifestyle. There is no one substance that will alleviate the lung condition described, and yet there are changes coming.

#### **An Immune Virus is Now Spreading:**

#### **Born With AIDS This Entity is Now Free of It**

One thing this Awareness wishes to discuss at this time is something that was presented over the Internet some time ago, that the Interpreter read of, and it was of a child with AIDS who had been born with the condition. He had been medically tested many times in his early years and the medical experts lost track of him. He showed up several years later free of the AIDS. He had developed what was called an immune virus that improved the immune system and created a super immune system, and there were others that were also starting to acquire this highly improved immune system.

#### **How to Attract the Immune Virus**

This is something that is seen as valid and authentic and this immune virus is starting to spread more and more, but unlike a virus that is detrimental or destructive, this virus actually *improves* the immune system. Part of the way that it can be drawn to one is by meditating on this situation occurring for an individual, that their immune system is becoming stronger and stronger and they are indeed developing the super immune system that is starting to show itself to humanity. This will spread in the most positive and beneficial way, especially as individuals open their minds to such a concept and the possibility that it can occur to them, that they can in a sense call it into their lives through their openness to receive this and their willingness to step across the line, to open the box and to step out of the box.

#### **The AIDS Children: Now Healed and Victims No Longer**

These are seen as ways that those powers that be will be defeated. This is what this Awareness was speaking of earlier when *It* said there are changes coming, and

that one of the most radical changes is this new state of health that many of the young children are starting to call in. These children are called the AIDS children, for they are AIDS victims who suddenly do not have the illness any longer. Rather than call them AIDS children, they should be called those children with the heightened immune systems, those children who will show the way through their own health and well-being, which they will pass on to many.

#### **Not Really a Virus but a Gift From Spirit**

This is spreading more and more even though this is not being reported, for it does not serve the purposes of the powers that be to report such a thing, whereby keeping the populace in fear and ignorance does serve their purpose. This Awareness suggests that at this time *It* will send forth an energy that will open those who are ready to accept such a new radical concept as this immune enhancing virus, although it is not seen by this Awareness as a virus, but rather as a gift from Spirit, from those beings that are also involved in the Ascension process and preparing humanity for the new times and the new realities.

#### **Cosmic Awareness Now Plants a Seed**

This Awareness is sending forth this energy, both to the individual who requested the healing as well as to all those who read this newsletter who are open to receiving this healing energy now. (long pause) This Awareness is complete in the sending of this energy. This Awareness has sent forth a seed in the consciousness of all those who are open, all who receive this message, a seed which makes possible the event of the immune system being enhanced and improved. This seed is planted now and with time will bear fruit, even if the result is not immediate.

This is not seen as the intent of this Awareness at this time to simply create these new immune systems, but rather to send forth the seed energy that will bring forth this new state of health and well-being of a vastly improved immune system into the consciousness of humanity at this time. As this Awareness has spoken in the past, that introducing such concepts into consciousness very much changes consciousness and introduces the possibility of the new reality, the new level of heightened immune protection that is possible for humanity, an enhanced immune system that will counteract some of the more nefarious plots and plans of the powers that be such as chem trails, and with time, many will have the highly improved immune system and will be able to pass it on to others as a gift from one to another, as a gift from Spirit.

These are exciting times for this new understanding, this new reality of the heightened and enhanced immune systems that are being passed to one another. This Awareness is complete with this discussion.

## **A Meditation to Cure Damaged Lungs**

*(She Never Smoked in her Life or Had Asthma)*

### QUESTION:

We have another letter concerning a lung condition, from Ruth Smith of Roseburg, Oregon. It's an excerpt from a letter to Vikki. She writes, "The 'not so good' news is I have damaged lungs. I have never smoked in my life and never had asthma. Now I'm looking for a cure. There has to be one out there. Please ask Awareness for suggestions on what I could or should do to alleviate this problem. I am seeing a naturopathic physician. She is looking at the situation. Thank you for any help I can get." Your comments are appreciated.

**COSMIC AWARENESS:**

This Awareness first of all supports the use of a naturopathic physician to help bring substances into the body itself that will prove beneficial. This Awareness wishes to suggest rather than a physical means of healing which is being engaged, rightly so, that the individual also assist the process through deep meditation and deep visualization. In a meditative state she can see her lungs being flushed with green fluid. To flush the fluid through the lungs in particular will help ease and alleviate the situation. When this Awareness suggests fluid, it does not mean literally. It simply means energetically, to be envisioned, as washing the bronchioles, the small bronchial tubes and such with a cleaning, clearing, healing energy.

Equally effective is to see the green light in the lungs. In this case it is suggested a deep forest green color be used to flush or to light up the lungs from within. The energies of the green healing light or the green envisioned fluid flushing the system and the lungs will also help to heal the lungs themselves, especially the damaged part of the lungs. Again, this Awareness wishes to state that the conditions that are beginning to appear and in particular for the individual herself were not because she herself was a smoker, nor did she even partake in second hand smoke. This is a condition that has occurred through the chem.-trails and the deliberate poisoning of the people by those agencies that have as their objective the reduction in world population.

Many people are being so affected, and it is something that is still very hidden so that most people do not even understand or know that this is occurring. The individual involved here is taking the right actions, and as long as she includes those actions of a mental nature, combining it with emotional energies, then she will indeed cure the condition with time.

**You Can Use This Meditation to Heal Any Part of the Body**

The reason this Awareness suggested flushing out the lungs is that the flushing action, even imagined, will wash away those impurities that are settling in the lungs and may be a more productive image to use in the healing of the lungs. This Awareness recommends this meditative process to all who have a similar condition but it can also be used in any part of the body to create healing and a relief of existing situations. This Awareness is complete.

**QUESTIONER:**

Would it be fair to say that thoughts are things or energies in this case?

**COSMIC AWARENESS:**

Indeed it would be so. In this case, the positive thoughts and healing thoughts will have positive healing effects, and one cannot underestimate how powerful thoughts can be. This Awareness has suggested in the past that negative thoughts can bring negative results, but equally, positive thoughts can be bring positive results, so it is important to bring the very strong capacities of mind as well as the energies of the heart into this situation, into this healing, to affect a total result.

**Is Monoatomic Gold Useful for Health?**

(The "Food of the Gods" Come of Age)

**QUESTION:**

We have a letter from Diana Anderson in Roseburg, Oregon. She writes concerning Monoatomic Gold. She writes, "I have a question for Cosmic Awareness. I have

been investigating and reading different articles about taking monoatomic gold. I am confused and frustrated because there are many negative articles, and again there are some that are positive. Matthew, in Messages From Matthew, through Suzanne Ward recommends taking the monoatomic gold. What is Cosmic Awareness' take on the subject? Thanks very much for any information." You comments please?

**COSMIC AWARENESS:**

On the whole, this Awareness supports those recommendations. This is a favorable substance to take and it does support that which Matthew has recommended. The monoatomic gold is that which was known in earlier times as the food of the gods. This was a substance that was understood and known by those very early beings that inhabited the planet. We are indeed talking about the Anunnaki, about those early visitors to this planet, who used this substance for their own health and well-being. It is of an extremely high vibrational rate, and it is not the actual physical substance, but the vibrational energies of this physical substance that creates the highly favorable vibrational situation in the body that cannot tolerate illness or disease, and this is why this substance is favorable.

**Some Monoatomic Gold Has Been Tampered With**

However, it is also a substance that is hard to get hold of, and also the reports of negative use are somewhat correct in that there has been tampering with the monoatomic gold and it is the contaminated substance that is to be avoided. Therefore, if one has the possibility of receiving the substance, they must check to see that it is coming from a highly reputable source. This is the concern this Awareness would have on the matter. This is why there are some negative reports, where the contaminated substance that has been put out there by those same powers that be is to create confusion, driving people away from this substance so that would believe that it is not beneficial for them, when it is highly beneficial.

The problem is to make certain that the actual monoatomic gold is indeed pure and has come to them from a reputable source. If this can be ascertained, then this Awareness would indeed recommend the use of this substance.

**QUESTIONER:**

Can I ask where this substance should be available from that is pure and not counterfeit? In other words, would it be from a drugstore?

**COSMIC AWARENESS:**

This Awareness does not see this as a substance that would be sold in a drugstore. It could be obtained at a health-food store or certain naturopathic doctors who have access to this substance. It would be through such a source; that this would be a better way to obtain this substance. This would be the reputable source that this Awareness spoke of. If such a substance were available over the counter at the drugstore, these would be the more likely sources to be tampered with by those who have put it out, for it is seen that the word is out that this is a good thing to take, and it would be therefore targeted by those powers that be to create the contaminated version, or those that are slightly altered.

This Awareness wishes to restate this somewhat. "Contamination" is perhaps not exactly correct. It is as if the monoatomic formula is slightly altered so it would not do what it is supposed to do, and therefore create

sometimes a negative result. This is still a form of contamination.

QUESTION:

I have 6 related questions. "Are there different qualities of this substance?" You've covered that one.

COSMIC AWARENESS:

Absolutely.

QUESTION:

Would any particular age group benefit from this substance or would all groups benefit?

COSMIC AWARENESS:

It is seen that all groups would benefit, any age.

QUESTION:

Masculine or feminine gender, would it make any difference?

COSMIC AWARENESS:

No.

QUESTION:

(Okay) Certain blood groups any difference?

COSMIC AWARENESS:

No.

QUESTION:

Certain humors related to temperament, for example, hot-cold, moist-dry natures?

COSMIC AWARENESS:

No.

QUESTION:

Would carrying some of this substance on the body in a small container be preferable to ingesting it?

COSMIC AWARENESS:

Again, because it is the *vibration* of this substance that is truly the aspect that heals and creates a better state of health and well-being, in some ways it does not matter if it is ingested or carried in the auric field of the body. Both would have benefits. However, saying this, the ingestion would indeed bring the substance into the organs and create healing from the inside out. So that while it is seen that while both methods or ways could be used and employed, sometimes the ingestion would also be advised and recommended.

QUESTION:

Thank you very much. Is there any other information on this topic you would like to offer?

COSMIC AWARENESS:

Only that this is one of the many things that are coming forward at this time that will benefit humanity and improve health and well-being. This Awareness is complete.

Ed's Note: For more information and dealers for monoatomic Gold, please go to Google and type in "Monoatomic gold".

### Sleep Apnea: It's Causes and Cure

QUESTION:

This next question concerns Sleep Apnea. It is from John Stroker, of Rhode Island. He says, "I heard of a condition labeled 'sleep apnea' by allopathic physicians. You think you are sleep but you are not asleep because you keep waking up but only the brain is waking because your air supply is being inhibited. Can Awareness explain this condition, its cause and remedy?"

COSMIC AWARENESS:

The cause is multiple. There are different causes, but basically, the breathing passages are constricted for one reason or another. The buildup of mucus and phlegm sometimes can clog the breathing passage and prevent the breath coming through, and until the throat is cleared, the individual is deprived of oxygen. Basically, there are on the market already many means by which to increase the pressures within the lungs and to open up the breathing passages so that sleep apnea is a situation that there are at this time solutions to, but there are also deeper reasons why the sleep apnea has presented itself to the individual.

It is so complex that this Awareness is not prepared at this time to go deeply into this matter. It does suggest that there are favorable solutions already available, even including a small plastic strip that is put over the nose that can be effective for some in opening up the nasal passages and allowing the deeper breathing to occur at the time of sleep, while the individual is sleeping, but on the whole, this is a well-documented and well-researched area and there are already many solutions available.

This Awareness is complete.

QUESTIONER:

Would you like to do a closing message now please?

COSMIC AWARENESS:

This Awareness does not have a closing message at this time. The Interpreter is ready to be brought out of his deeper state.

(Thank you) (The Law of Gratitude is given)

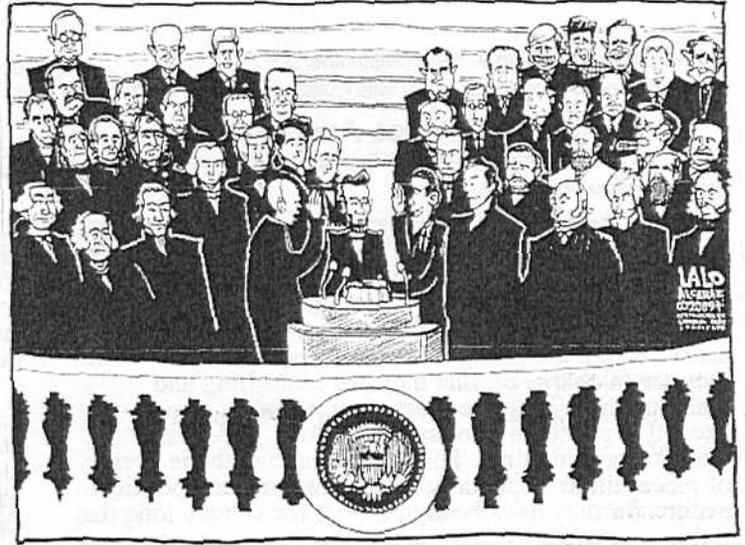
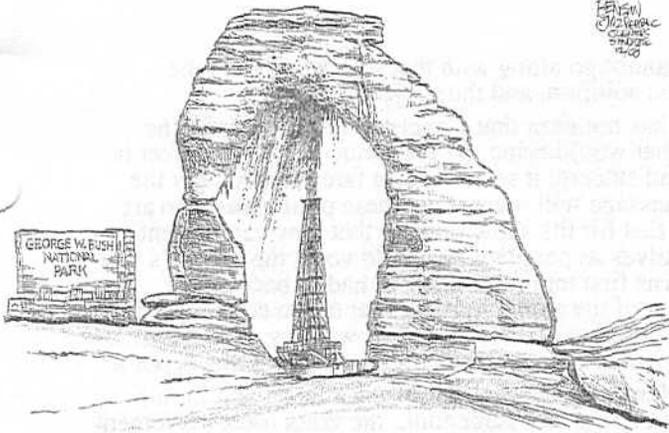


AND SO IT BEGINS...

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### A bird brought down US Airways Flight 1549





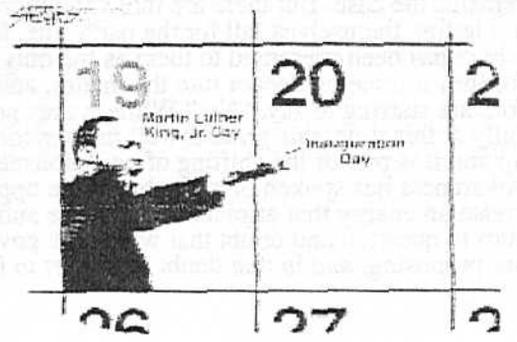
Israel Military v. Hamas Terrorists



IN THIS ISSUE

Autism and the Use of Cell Phones	2
Is There a Cure for Autism?	3
Is There Any Help for Autistic Children?	4
Which Vaccination is the Culprit?	4
Burning Feet: What to Do?	4
Toenail Fungus (& Johnson's Foot Soap)	5
A Breakthrough in Hearing Loss?	5
Respiratory Problems Caused by Chem-Trails	6
A Meditation to Cure Damaged Lungs	6
Is Monoatomic Gold Useful for Health?	7
Sleep Apnea: Its Cause and Cure	8
Profound Changes are Underway	10
The Council for World Population	10
Catholic School Board Forbids Vaccination	11
Are Aliens Involved in all Government Decisions?	11
Can We Believe Benjamin Fulford?	12
Is Barack Obama a Reincarnation of Lincoln?	12
Is Obama's Submission to the Illuminati Only Temporary?	13
The Cosmic Law of Prosperity	14
On Consciousness and Magic (Why Grounding is Needed)	14
Was His Malfunctioning Plane an Attempt to Kill Obama?	15
Republicans/Democrats Are Both Controlled	15
Who Is Barack Obama?	16
Is the Amero Really Coming as Our New Money?	16
A Time Frame For These Events?	17
Where to Obtain Krugerrands and Gold & Silver Coins	18
Advice On The Economic Meltdown	18

Holidays



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Send Questions for Awareness and comments to the editor  
 To: [avatont@comcast.net](mailto:avatont@comcast.net)

CAC General Reading 9-30-08 (September 30, 2008)  
Will Berlinghof Interpreter, Joan Mills Questioner and Energizer

## Profound Changes Are Underway (The Powers That Be Are Ecstatic Over Events)

### OPENING MESSAGE:

This Awareness states that these are indeed interesting times with the events that have been transpiring over the last several weeks, humungous events in order of that which is profound, for profound changes are underway. On the one level of things, the changes that are occurring are changes that those powers that be think they are in charge of, that they are controlling and manipulating. They see these changes as the steps needed to put them into absolute power, and it is for them an exciting time. They are ecstatic with the events of recent times, especially these economic and political events, for they have been in charge for so very long that it does not occur to them that they are on the precipice of a total collapse.

### After Thousands of Years Events are Going Against the Cabal

They are about to experience for the first time in thousands of years, events going against them. They have so controlled and manipulated for so long that it is simply inconceivable to the elite, the powers that be, the secret cabal, that the future will be anything other than what they have already planned and have already foreseen. Thus it is that the changes that are occurring now, even though most of the world is in fear and panic, excites them, for these changes are of their own design and have been planned out for years and years, and are significant to them for it represents the final stages and the stepping into absolute power.

However, there is also a ground swell that is starting to occur that the powers that be do not see or understand. Another level of energy has been involved that is at a very grass roots level that is occurring in the people and amongst the people, and this energy is starting to say, "No!" While their most recent events on the economic playing field seems to suggest that the plan presented by the powers that be, the secret government, was rejection. This rejection was also part of the plan to incur even a greater sense of fear amongst the people as they saw their assets being wiped out, but even beyond this, what is not seen by the powers that be is that the groundswell of opposition to the Fat Cats, those entities who have received rewards for their ineptness, is such that many people are saying they do not want these people returned, they do not want these institutes built up and saved.

### A Groundswell of People Starting to Say No

They are saying now more and more that it is time to let this all collapse. This is the groundswell movement, the grass roots movement this Awareness is speaking of that is growing in opposition and in strength. This does not mean that the majority of people are not still controlled or manipulated, for this does at this time still remains the case. But there are more and more who are not letting themselves fall for the party line, for that which has been presented to them as the only solution, for they are seeing deeper into the matter, and ordinary folk are starting to say, "No." While it may not work fully at this time, this groundswell movement is building up and it is part of the shifting of consciousness that this Awareness has spoken of and it holds the opportunity to create an energy that attracts many. More and more will start to question and doubt that which the governments are proposing, and in that doubt may start to find that

they cannot go along with that which has been the planned solution, and thus object to it.

It has not seen that Congress' refusal to pass the laws that would bring the economic plans into effect is real and sincere. It sees this as a farce. Eventually the true message will reach even these politicians who are doing this for the show of it, so that they can present themselves as people who would voice the people's concerns first and foremost, but had to back down because of the overwhelming fear of the collapse did push them into action, or so they will say. However, many will see through and understand that this is not so.

Many will grow to see this is a farce, and in this understanding and perception, the grass roots movement will grow in strength and will gain power, as more and more people awaken to the truth. These are interesting times, and this Awareness is ready to talk further on them in the form of the answers to the questions presented today.

## The Council for World Population (It Wants People Sterilized at Birth)

### QUESTION:

(Thank you Our first question is from Vera K. It concerns the Council for World Population. She writes, "It has been stated that in the future there will be a Council for World Population, and this council will determine whether people are intelligent enough and psychologically stable in order to start a family. It has further stated that from birth, people will be sterile, and only when they pass this examination will they be de-sterilized by healing radiation. Does Awareness see any truth in this, and if so, how many years from now will it occur? It does not correspond with the Orion overtake. Thank you.")

Is this part of the proposed program Awareness was speaking to? Your comments please?

### COSMIC AWARENESS:

This Awareness does suggest that it is part of the program, part of the control and manipulation of the world's population. The institutes that are already in power, that are already around, are ones that do not have the true concern of their mission statement, that being to help the populations of countries where there is a crisis in population, and come to solutions to help the control of the population; rather that these institutes and committees are designed to help *curtail* population the world over, not only in third world countries, but also in the First world countries like the United States or Canada or other nations.

### The Sterilization Plan is Already Underway

The question is that there is a plan of sterilization that would prevent the majority of people from having children unless the individual couple met the qualifications set out by the controlling bodies. While this sounds like science fiction, this Awareness would point out that this effort is already underway. It has already been presented in an innocuous manner, a way that has not been seen for what the true nature of the proposal is. In other words, this plan is already initiated. There are actions taking place at this very moment that will lead to the sterilization of vast amounts of women.

### The Vaccination of Young Girls Today Will Make Them infertile

There is seen a vaccination currently being presented. The word that this Awareness sees is Guardia, or Guardian. This is a vaccination for young girls at the age

of 12. By giving them this vaccination at this early stage, the parents are told that their child will not have to face the risk of certain cancers that may occur later down the line, but this is not seen as the truth. The truth being that this vaccination will start a process for many young girls that will cause their sterilization and cause them to be infertile in that time of their life when it is important for them to have children, ten to twenty years later, after the vaccination.

This is seen as a long time, yet for the full effects of this vaccination to manifest, to show itself, and by that time there will have been a big change on the planet and those powers that be feel confident that they will then be so in charge of things, and in such absolute power that they will deal with the situation at that point, and they will claim that they did not know this would cause such a problem, and yet this is exactly their *intent* and their design. So it is that the plan is already afoot. The goal of creating sterilization of the populace has already commenced.

#### Plastics Etc. are Affecting Male Sterility

There are other things that are also underway, to create sterilization in the male populace. It has been known for some time that certain chemical substances are leached from plastic bottles and these substances that are then infused in the water have been affecting male sterility for a number of years. This is now coming to light, and yet it has had deep effects already. This is one of many plans already underway to create sterilization amongst the males of the planet and there are other plans afoot also, but the point here is that there are indeed plans to create a sterile populace with a limited amount of entities who would be allowed to have children, and this would become the elite prerogative, that being those who are considered at a high enough level that they can have children, while those who are considered the sub-class will be denied this.

#### Today Science Fiction is No Longer Fiction

This Awareness suggests that science fiction and reality are often one and the same thing. While science fiction is often presented as that of the future, when it becomes of a present nature and comes under a different guise or form, it is not seen that the future is already being enacted. Science fiction is not science fiction any longer, but science fact. This Awareness is complete with this question.

### Catholic School Board Forbids Vaccination

#### QUESTIONER:

(Thank you) There is one comment I would like to make on this. The health minister for Alberta is advocating a vaccine for all children. The Bishop of the Catholic school or society, group, whatever... Bishop Fred is saying, "No. It interferes with the teachings of the Catholic Church and the Alberta Minister people are downplaying what he is saying, that he does not have the right to say that the children should not have this vaccination and that it should be up to the parents to decide, and that clinics are available for the girls to have this vaccination should they so desire.

I thought that just falls in line with what you have been saying, and we appreciate it.

#### COSMIC AWARENESS:

This Awareness has a comment on that issue. Indeed, in the city of Calgary, the home of the Interpreter and the energizer, that there is a controversy, that the Catholic School Board recently voted not to support the

vaccination program for the 12-year olds, and that it came under political and public comment by the Health Ministry as well as doctors who proclaimed this as a disastrous doctrine and practice and called the board irresponsible, suggesting that they needed to revise their policy. The policy was initiated in accordance to that which is their prerogative and their responsibility as a Catholic Board system, supporting a Catholic view that cannot condone premarital sex, and the vaccination was seen as somehow condoning the fact that these young girls would have sex at an early age because they felt protected.

While the reason perhaps for refusing the vaccination may not have been correct in its assumptions based more on the Catholic doctrine than the true effect of these vaccinations, the action needed to be applauded, not condemned. Also, the Catholic board did suggest that it was not against families initiating the vaccination for their own daughters. It was leaving it to personal choice. It was simply stating that it, as a school board, based on a Catholic Doctrine and Catholic Faith could not condone this practice and would not allow its practice to be done in the school system itself.

#### QUESTIONER:

(Thank you) I appreciate that clarification. It is indeed an interesting topic.

#### COSMIC AWARENESS:

#### Parents and Society Being Told a Lie: Cancer Won't Happen

It is indeed, and more school boards and more parents should investigate what the long-term effects of this vaccination might be on their daughters. They are as usual being scared into it. Parents and the society are given the impression that if they do not initiate the vaccination by a certain age, before puberty, that these girls will more than likely come down with the cancers that have been described. This is simply not so. By using fear tactics yet again, a lie is being sold that many are accepting because they do not question when authorities come to them and say, "You must do this! This will help! Otherwise the results will be catastrophic for your child, for your people!" This is part of the deception that is very commonplace on this planet at this time, and the need for the truth to be presented and brought out increases on a daily basis.

This is simply one of many many examples.

### Aliens Involved in All Government Decisions?

(AboveTopSecret.com Says This is True)

#### QUESTION:

(Thank you) The information is appreciated and will be helpful to many of the parents. On another topic, this concerns the website *abovetopsecret.com*. It comes from JL. He asked his name be withheld. He writes, "I have two questions for Cosmic Awareness. #1) I read on the website *abovetopsecret.com*, a site for conspiracy theories, that the alien ET's are all involved in all decisions by any government of any size on earth. Is this true?"

#### COSMIC AWARENESS:

This is not seen as completely accurate. Furthermore, this Awareness would ask, *which* alien ET's are being referred to? Is this a reference to the extraterrestrial beings that are part of the Galactic Federation, or is this in terms of the Orion Empire and those who would support the Orion Empire? There is a clear and strong distinction between the two, and what their designs on

the planet and for humans would be about. Therefore, this statement is not seen as completely accurate.

**IS HIS WEBSITE INFILTRATED BY DISINFORMATION AGENTS?**

**QUESTIONER:**

Perhaps his next question would redefine it. He writes, "Is *abovetopsecret.com* infiltrated by government disinformation agents? It seems that whenever someone posts information which is important, they are ridiculed, which is the opposite of the foundation of providing a safe space for people to speak their minds and reveal information from personal experience." He writes, "Thank you."

Based on that I would assume that he's referring to the negative ET's.

**COSMIC AWARENESS:**

It is still not clear to this Awareness which ET's he is referring to, but in light of the statement that organization, the website, may have been infiltrated or may be truly the work of a disinformation agency, that this is in the affirmative. This is not a site that hosts top level above top-secret information, but the title of course suggests that it does, and those that turn to this site think that because the information contained on the website is above top-secret, that it must be so. This naivety must always be held in check, must always be questioned, for would the government truly allow an organization to present the most top-level secrets without an attempt at controlling and manipulating the information?

Enough truth does indeed get out into the domain of the public, of those who are searching for this information, but it is not seen that this particular site is one that brings forth the truth. Instead, it is an agent of disinformation and does not gain this Awareness's stamp of approval.

### **Can We Believe Benjamin Fulford?**

**QUESTIONER:**

(Thank you) I wanted to ask about Benjamin Fulford. He has made several comments on various political events and people, and I wonder, he's more of a reporter, and I'm wondering if the information he releases, is it correct and reliable?

**COSMIC AWARENESS:**

This Awareness sees that he is often used to spread disinformation, but *It* does see that he is not a direct agent in this task. He is being used even against his knowledge or his awareness that he is being used. Thus it is that he is trying to bring forth truth and is in a way tapped into by those secret agents who would use such an individual. There are other agencies, other reporters who are more pure in their intent, but are also used to spread disinformation. This individual does not wish to deliberately spread disinformation and lies, but he is a little naïve and does not question.

He is also wrapped up in ego, for he thinks that he is being a very important source of the information, and yet his own ego is being used against him, his own self-importance, and thus it is that most of what he reports has been manipulated and tainted.

**QUESTIONER:**

That's really unfortunate, cause he wrote a piece on the Internet about the HAARP energies and also the Chinese situation. He's been pretty popular and people really are looking to him for information. It's unfortunate that this is the case.

**COSMIC AWARENESS:**

This Awareness would ask you to remember that often truth is released through the different agencies, the different individuals. This does not mean that that some of that which he has reported has not been accurate or truthful. *It* simply states that at key times certain bits of information are tainted and twisted and is then released with the truthful information, and thus it is that the lie is much easier to swallow because it is surrounded by the truth. It is as if a bitter pill has been sweetened by the coating that has surrounded it.

This Awareness would yet again, as always, state that one must *always* question the information that one attains, and to look further afield, not only to one man or one source or one organization, but to always be open and always question. If his information is correct and accurate it will be supported in other ways by other individuals. If one simply believes one individual as being the supreme source of truth and is highly accurate above all else, they run the risk of being misled and misguided. This Awareness can only speak what *It* has tuned into. While this man's intent is pure enough, and while his expertise is sound, he is sometimes used to pass disinformation. Again, that does not mean that all of the information he has spoken in the past and written of in the past is completely wrong or a lie. *It* is simply saying that the information must always be questioned, and that which seems to be the most accurate will always have a resonance to it, but that one and all need to be careful and vigilant in accepting all truth as relevant, because it comes from this man who has shown himself to be an accurate source in the past.

### **Is Barack Obama a Reincarnation of Lincoln?**

**(Who Can Believe Michael Gordon Scallion?)**

**QUESTION:**

I understand. Thank you for that bit of information. I'm sure others will also be appreciative. The next couple of questions concern Barak Obama. This comes from Barbara Halpin, of Winter Springs, Florida. She asks, "Michael Gordon Scallion said that Barack Obama is the reincarnation of Abraham Lincoln. Does Cosmic Awareness see this as true?" She also writes, "Could Cosmic Awareness tell us, the readers, who he is? He is a stranger to us, came out of nowhere to run for President of the United States." Your comments please?

**COSMIC AWARENESS:**

This Awareness does not see the statement that Barack Obama is a reincarnation of Abraham Lincoln as entirely true or correct. It would be nice to believe that this man who presents himself as the great hope for America would have such a beautiful link to that past person of American history who helped to emancipate the black people and who set in motion that wheel of emancipation. It is such a beautiful thought and association, that it warms the cockles of the heart.

Unfortunately, this Awareness does not see this as completely true or accurate, and is part of the marketing of the man, and this particular information that Barack Obama was once Abraham Lincoln will have appeal to those who believe in karma and reincarnation, who are fans of this man, and this bit of information will simply reinforce for them that appeal of this man, for after all, karmically speaking, does this not make sense, that the Great White Hope for America is a black man who once was a white man who once brought liberation and a shift in consciousness around the black individuals of that time, who helped the emancipation movement of that

time? It all sounds so good! It all sounds so right! However, this is not the complete truth.

In some ways however, it does not even matter, for really, the man himself has been presented to the people of America as the Great Hope, the Great Way Forward; that finally a black man will be president and then all will be well, all will be right, for it is known of course, that this individual will have all the answers, will be pure as the driven snow, and he will stand forth as a crusader, an avenger, and bring back the great nation of America. These are of course extreme statements by this Awareness to bring a realization that this man is but a man, a man who has a potential to lead the nation, a man who has himself already conspired with those who are in charge, with those who are the elite, so that he could gain favor and support, so that he could win the position of president.

While this Awareness has spoken of this man Barack Obama in the past and has said he does indeed have a potential to lead the country in a new and strong way, this cannot happen unless and until the corrupt political system that he is currently connected to is altered and changed. If this happens and his political affiliations breaks down and those who are in power over him and have control of him are taken out of the picture and he does have a true power and freedom to be the president, then it is seen by this Awareness that this individual can indeed do a good job, but right now it is more of a matter of marketing. It is more a matter of promotion and promoting an image, an ideal, a hope.

#### The Economic, Political and Spiritual Leadership of America is Corrupt: Not the American People

It is true that many Americans do wish for a deep and profound change in their country. It is true that many Americans know that their nation is corrupt and that there are those in the political scenes who are leading the corruption. This Awareness must state when *It* says that America is corrupt, *It* is not referring to individual American people, for they hold the great hope, the great spirit of the land of America. *It* is talking of those who have usurped the Constitution of America, who have waylaid the great nation and have taken it down a dark side-alley. These are those who this Awareness is referring to when *It* says that America is corrupt: the political leadership, the economic leadership, and in some cases, even the spiritual leadership of the nation, not the people themselves.

The people are mostly led by their willingness and their desire to have a great nation again, a pure nation, a god-fearing nation, or a spiritually oriented nation in their design and intent. Barack Obama was presented because there was a schism in the Democratic Party. The original candidate who was to be the president was to be the first woman president: Hillary Clinton. However, it was seen by some that what she represented was too extreme and there were those who thought that the candidate herself would not be a good choice.

Then out of the blue this young Congressman suddenly appeared on the stage and he gained some attention in the Democratic Convention of 2007, and it was then considered that perhaps in this man there was the hope for a better leader who was more compliant to their needs, for Hillary Clinton was not compliant to the needs of all the Democratic Party. It was seen that the Democrats would have to adjust to her rules and her ways. It was seen that she would be the person stepping on those who would object to her, and that she had a very mean streak in her, and many do not like her, and this schism occurred in the Democratic Party and they

then went to this young Congressman, Barack Obama, and proposed to him that he run for leadership.

It was at this time that he was fully taken into the inner sanctum and informed of certain truths that are the way of things in the political structure, and he was outright told that if he wished to get ahead, then he would have to come under the fold. It was not a complete surprise for him, for he was already involved in ways that showed him that there was indeed an inner Cabal, and inner leadership, and he was desirous of going into this inner sanctum. This is what has since occurred.

This is why this Awareness is not a complete supporter of this man Barack Obama, for he is seen to be tainted, as it is seen all political figures of that nature and at that level are. There are one or two who are true authentic crusading spirits such as Ron Paul, but of course, this individual is not seen as a viable political candidate with a chance in hell to become the president. This Awareness thus suggests that one always remember what needs to be done by the present political candidate in order to gain the vote and to gain power, and to remember that things are simply not what they seem.

### Is Obama's Submission to the Illuminati Only Temporary?

#### QUESTION:

(Thank you) There are three questions from Vera K., about Barack Obama. The first one, "Awareness stated that Senator Obama has already sold his soul to the Illuminati. Is it seen that playing their game is only temporary in an effort to protect himself from assassination and ensure his election? Then when he is in office and the present administration is gone, he can then proceed to introduce and encourage new progressive ideas." Your comments please?

#### COSMIC AWARENESS:

This Awareness simply does not see this as so. When an individual sells their soul to the devil, it does not simply stop, it does not simply go away once the present administration is gone, for the present administration is the face of the Illuminati, the Cabal, the Elite, and they are behind the power, and if he was to do such an action, he would be quickly eliminated. Make no mistake of that. The only way it is seen by this Awareness that the individual Barack Obama could truly become a powerful man of pure motive and action is for the whole political system to totally be swept away, from the top down, from the inner sanctum outwards.

If and when the secret government is swept away, the Elite are exposed and the world changes, then and only then is it seen that the individual Barack Obama could be a pure leader, a strong leader. At that time, it would also be shown that he has had secret dealings with these individuals, that he made deals, that he had indeed sold his soul, and then the question would go forth: Do we really want a man who was willing to gain favor and to accept the payoff of the Powers That Be over the needs of the people? This is of course a question of his true character, and this Awareness simply says that one and all would need to make their decision at that time.

Even though this individual has true potential, he has indeed shown a bit of his true character by going down that dark path willingly and by free choice.





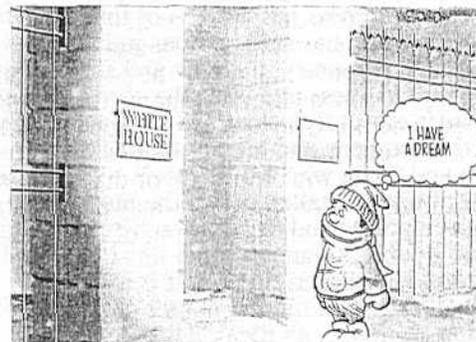
The Laws of Cosmic Awareness...

**THE LAW OF PROSPERITY**

The *Law of Prosperity* states that one prospers in direct proportion to the enjoyment one receives in seeing the prosperity of oneself and others. And that one's prosperity is denied in direct proportion to one's own feeling of guilt for being prosperous, or at the envy and hostility one feels on witnessing other's prosperity.

This Law states that that when *one* prospers *all* may prosper. The *Law of Prosperity* works for those who hold images, feelings, actions, dialogues, and attitudes associated with beauty, joy, love and prosperity, and works against those who hold images, feelings, actions, dialogues and attitudes associated with ugliness, self-pity, complaints, envy and hostility toward oneself or any other person, group, race or class.

Those who think, feel, act and speak of themselves as being poor and needy must spend *three times* the energy for the same prosperity received by those who think, feel, act and speak of themselves as being wealthy and prosperous. An attitude that dwells in depression leads the way to physical, spiritual, mental, social and financial depression. Those who maintain prosperous attitudes, even in states of poverty, are foreign to such states and will not be allowed to remain out of place in those poverty situations, but will instead be deported to those prosperous states where such prosperous attitudes belong.



Wisdom of Awareness—

**On Consciousness and Magic**

(Why Grounding is Necessary)

In dealing with consciousness and magic (which is the changing of consciousness), that imagery is important. Yet, any change in consciousness needs to be accompanied by a physical action which is set as a deliberate grounding of that new change of consciousness. This physical action can be anything an entity chooses, such as snapping the fingers, blinking the eyes, forming a pattern with the hands, forming a geometrical pattern or symbol with the hands, or whatever else entities desire, such as stamping a foot or turning a circle.

This physical grounding is that which transfers the image held in consciousness to the body itself, the physical body, which then allows all of the being to accept this as being fact. This in turn engages the subconscious levels of the body into accepting that which the conscious imaging has been given and has experienced. (78-38)



BAILOUTS BY THE NUMBERS:

**30**

NUMBER OF DAYS AUTO WORKERS MUST TAKE AS UNPAID FURLOUGH.



**1.6 BILLION**

NUMBER OF DOLLARS IN PAY, PERKS AND BONUSES RECEIVED BY BANK EXECUTIVES IN 2008.



## Was His Malfunctioning Plane an Attempt to Recently Kill Obama?

### QUESTION:

Interesting) Her next question, "It has been stated that Obama is the most spiritually protected entity on earth. When the plane he was traveling on recently malfunctioned, requiring it to land before reaching its destination, did the Illuminati attempt to assassinate him, and if so, did it fail because of spiritual protection?" Your comment on this statement please?

### COSMIC AWARENESS:

It is not seen that this plot failed because of spiritual protection, and it is not seen that it was an Illuminati plot. If anything, what is seen was that there was a true malfunctioning in the plane and it had a serious complication that needed to be dealt with and there was a risk to the individual, but it is not seen that this was an Illuminati assassination attempt, not in this case. It is however seen that there are plans by the other part of the party of those who oppose Barack Obama, and these are serious indeed. There is a level of protection around this man, but it is not seen necessarily as high spiritual protection, but more as the protection of those in his camp who are aware of veiled threats as well as outright threats against the health and wellbeing of Barack Obama.

He is indeed protected, but the source of this protection may not be as high spiritually as many would love to believe, for it is seen by so many that he is indeed the Great White Hope and he will save the nation and bring it back to the high spiritual standards that they themselves hold. While this is a wonderful dream, it is an illusion. This is not seen as the true purpose of this individual.

Many hold this man on a pedestal and would worship him as that hope that they need desperately fulfilled, to see the return of the true American Dream: freedom and equality and wellbeing for all. It is this dream that drives so many and prevents so many from seeing the truth here, of seeing this man as a man who has his own aspirations, his own needs and desires. He is a truly magnificent public orator. He does speak well. He is a great motivational speaker. He does lift the audience up to a height of belief and hope that few in recent times have managed.

In fact, his skills equal that of John Kennedy, and he has had the same effect on many. In fact he reminds many of the hope that was given once again, to this young president John Kennedy by this president at that time, and it hoped that this individual Barack Obama would be of the same ilk and do the same thing. It is reminded here to those who read this and hear this that John F. Kennedy was *also* the product of control and the Cabal of the Elite. His family was part of the Elitist regime, and when he crossed those who had put him in power, then he too was eliminated, and this would also occur to Barack Obama if he went against his political masters, and until that whole structure is totally removed, it is not likely that he would do so, for he has seen history, and the example is a clear one, and he has been reminded of what would happen in the past to those who went against their masters.

Thus it is while many would hope and pray that Barack Obama is the great hope for the nation, it is unfortunate that it is not so. This Awareness wishes to state one last thing at this point. If this individual is elected as president, and it is seen as highly likely, that

he will not harm the country either to any deep degree at this time. He may not be quite the hope that one and all hope for, but because of political shifts and changes that are happening, it is seen that he will also not harm the nation unduly, and in fact, it may be that he has a chance to bring some stability back to the nation in these very unstable times.

## Republicans/Democrats Are Both Controlled (So Why Can't They Agree?)

### QUESTION:

(Thank you) Her final question: "Awareness has stated that both Democratic and Republican Parties are controlled by the Illuminati. Why is it that both parties do not agree with each other, and when the Democrats are elected the economy improves significantly as it did under the Clinton administration and life is better for us, then when the Republicans take office, the reverse occurs, as during the Bush administration? Would Awareness explain the reasons for the inconsistencies, if both parties are controlled by the Illuminati who are not benevolent towards us, and only self-serving? Thank you."

### COSMIC AWARENESS:

The answer to this question is a complex one. The true Powers That Be, whether they are called the Illuminati, the Cabal, the Elite, the Powers That Be, have one goal in mind that predominates all other goals and that is the eventual enslavement and absolute control and power over the people, not only of the United States, but also of the world itself. It does not matter to them if there are different political mindsets or ways of looking at the world.

#### Some Differences Between Republicans and Democrats

The Republicans tend to be very conservative and conservatism is what they practice when they come to power, thus everything constricts. Restraint is practiced. The belts are drawn in. The Democrats on the other hand are liberal. Thus it is that they see that it is necessary for certain other tenets to be practiced and they tend to expand, allow the spending of monies and the formation of programs that would be beneficial to individuals and to the people of different economic social backgrounds.

#### The Grand Illusion: The Idea the People Have a Choice

These two approaches are perhaps different to a degree, but ultimately, the truth is that both parties have their political masters and this can only go so far. It is presented as a difference between the two to instill that concept that there is a difference. Thus they can be voted out if they do not fulfill the needs of the people. It is all part of the grand illusion that the people's choice and the people's voice makes a difference, and that if a Democratic Party is voted in that the nation will do so much better, and if a Republican Party is voted in, it will do so much worse.

Of course if one is a Democrat, that is how it may be seen. If one is a Republican, the opposite would be seen, that the Republicans offer great hope and great salvation to the people while the Democrats are the ones that cause great damage and great financial depletion. It simply is a matter of political mindset and the kind of philosophical stance that one takes will determine on how they view the political party and the results that are obtained by that party, be it Republican or Democratic. It is not seen by this Awareness that ultimately there is much difference between either parties.

The reference that the Democrats bring money into the nation and things go so much better is not seen as

totally supported by the facts of the matter. It may seem on some level that this is so, but this Awareness sees that in truth, it is not the total case here. Thus it is that the Powers That Be that stand behind either party are *always* in control, always directing it to the ultimate purpose of that enslavement of humanity that it has as its ultimate goal. It allows the two separate parties to play the game and present the illusion that there is a difference so that people will not unify in their opposition to both parties and demand a change in total leadership and in the political structure.

It is seen as advantageous to the Powers That Be to promote the illusion that the people can make a choice and can vote in one party or the other and thus have that sense that they are still in charge, that they are the voice, and that the government must hear the voice of the people. Living with this dream or this illusion prevents an action that would oust those political parties that are really the means by which the Powers That Be control. It would also create perhaps a situation of looking deeper into the situation and of ousting the Powers That Be.

They have long lived by illusion. They have always been hidden and in the shadow, and from this place in the shadow they have been able to do their magic, if you will. They cannot be exposed, for exposure would bring about their demise. Thus it is that for the system to work properly, it has to be presented that there are choices, and the political parties are different and offer different things to the people at different times.

### Who is Barack Obama?

#### QUESTION:

(Thank you) I see. There was one more question on Barack Obama, asking who he really was. Is that something you would like to address, or are there more important issues?

#### COSMIC AWARENESS:

This Awareness will address it since it fits the theme. Barack Obama is an individual who has come to this plane of existence at this time to help in his own way. It is seen that he may be able to help bring down the Powers That Be. It may cost his own political future to do so, but it is part of his goal and his purpose. Once the collapse begins and the rot is exposed from the inside out, he may have the integrity to come forward at that time and assist the cleansing process that is needed to sweep away the corrupted powers, those who would take this planet and this world and its people down that rabbit hole.

He is an individual who does have a spiritual quality to him at the deepest level of his being. Even though he has sold out, part of the reason for that is to put himself into a position that if certain circumstances come about, he will be able to make a difference to some degree. This Awareness is not totally against this individual nor does *It* totally say that he does not have certain spiritual qualities. However, *It* does not see or feel that this individual comes from the highest level of spiritual consciousness. *It* sees that he comes from a level that while he may be used for spiritual purpose, that it is still the case that he comes into this position for his own self-aggrandizement, his own ego, his own needs to gain power and prestige.

#### The Deeper Purpose of George W. Bush

Most people do have a deeper purpose. This Awareness reminds you for example that George W. Bush, although he is part of the Elite and the corruption, he does have a deeper purpose. He has brought the nation to

the brink so that the sweeping changes that have long been prophesized and seen can start to truly happen now. Even though he is not deliberate in his actions to bring spiritual awareness and spiritual freedom to the people of the United States, in fact it is the opposite that he serves, still there is that possibility that by bringing the nation to the brink, to the precipice, that he will have gained a result that he did not actually plan for but was part of the greater plan.

Thus it is seen that while Obama is running for his own personal reasons, his own personal profit and prestige, ultimately he can also work things that can be beneficial in the long run to creating a new situation, a new political reality, a new order of things.

This Awareness is complete.

### Is the Amero Really Coming as Our Money?

(More on Precious Metals and Investments)

#### QUESTION:

(Thank you) That was very helpful. There is another question from Vera K., concerning President Bush. She writes, "It has been stated that President Bush is to sign a bill before he leaves office which introduces a monetary system called Amero, that will function electronically, and it will be utilized by the United States, Canada and Mexico. Will this come to pass? If so, will the new monetary system significantly reduce the value of existing annuities, life insurance policies, CD's, US savings bonds, stocks and other financial assets which were purchased with dollars?"

It has been suggested the exchange may be three dollars for every one Amero. It is important to know how much the dollar will be worth if this new currency transpires so that intelligent changes can be made at this time. While it has been recommended to purchase precious metals, that enthusiasm seems to have waned in the marketplace. If the new Amero currency comes to pass, will precious metals suddenly explode in price? Is it seen whether the Amero will be backed by precious metals? Does Awareness see that precious metals are still the best monetary preservation at this time before the Amero is introduced?

Finally, is it seen at what level or price, gold will stabilize? The stock market is a dangerous place at this time, but would it be worthwhile to purchase gold and platinum stock and futures if the metals are destined to rise substantially, and again, knowing at what point precious metals will level would be most helpful. Thank you." Your comments please?

#### COSMIC AWARENESS:

There are many questions contained within this question by Vera K., but this Awareness will try to answer the majority of them and will start with the first question regarding President Bush signing a document that will initiate the Amero as a form of currency for the three nations: Canada, the United States and Mexico. It is not seen that he will do so. It is seen that he may sign a document that takes this matter to the next level, but for the Amero to truly become the currency of the three nations it must be brought to the public now, and there must be debate, alleged debate that will argue for or against.

The plan of course is to introduce this currency as a response to the Euro currency. The plan still must go through a public phase. By President Bush signing an executive order as he leaves office that it will be the currency of the three nations cannot make it so, for he does not have authority in either Mexico or Canada.

Even if he was to sign such a document to make the Amero the official currency of America it does not automatically become the currency of two foreign countries. All that this Awareness can see is that there may be the possibility that he does sign an order that would promote the Amero and take it to the next level.

It would be as if it has finally received a presidential endorsement and that it is now then to be brought into the public arena to be debated and voted on. Of course, at this level, there is control and manipulation and the masses would be supposedly convinced that the Amero was the very best thing for the nation. This process would then occur in the two sister nations, Canada and Mexico, with the same results. Thus, it would eventually be voted in as the combined currency of all three nations. This plan is already well underway, but it is simply not seen that the outgoing president will sign a document that makes this the official currency of the United States of America, or of North America.

#### **The Amero Will Not Devalue the U.S. Dollar Too Much**

This first question is complete. This Awareness will try to address the concerns of Vera K., regarding the financial assets. These will simply be transferred from American dollars to the Amero's and in the transfer it is not seen that there will be a great loss. However, the decline in the value of the American dollar is independent of the Amero. The Amero will eventually be presented as the salvation for the declining American dollar. The declining American dollar has more to do with the financial meltdown that is currently occurring in that nation, and when the Amero is presented officially, it will be counted as the salvation for the American dollar and for American economic power and strength. There will be an adjusted value of the Amero that will be close to that of the present American dollar, but it will be held steady, and in the transfer to insurance policies, annuities and the like, it is not seen that there will be a tremendous loss because of the devaluation of the Amero to the American dollar.

It is seen that the Amero will be held as the standard and it will be pegged to the current value of the American dollar, or rather the current value at the time of the Amero coming in, as is the designed plan, not the current value of the American dollar as it now stands.

#### **Buying Gold and Silver Coins Now is Suggested**

The final set of questions was in regards to the gold standard, platinum and other precious metals. Of course the precious metals will continue to hold value, but this Awareness has in the past suggested that it might be a wise idea for individuals to buy gold, silver and platinum as well as other precious metals or gems. It is seen that platinum is suffering at this moment, and thus it is difficult to recommend the buying of platinum although this Awareness sees that platinum will regain some of its value and will rise up again.

Gold is seen to be held as something that will rise in value. Its current value is around \$890.00. It is seen that when there is a collapse in the total system and everything is swept away, that gold will increase substantially, although this Awareness is unable at this time to give a total and accurate projection of how high gold or platinum or jewels will rise. It is simply seen that they will hold a value for many with the collapse of the economic system and thus will be useable as a form of currency to barter with. There will be those who will still give great value in goods for gold, gold coins and silvers as well as platinum and other precious metals.

#### **Bartering Will Become Popular When Economy Collapses**

It is not really important how high the value goes. What is important is to know that as one buys the gold, the platinum, the silver or whether is bought, that it will be useable in a time when the economic systems have collapsed. There will be other methods and means available. The primary thing that will become the reality once again is a form of bartering: the bartering system, where society returns back to bartering for services and products and goods. This is still seen as too foreign for most people and seen as inferior to an economic system that is based on gold or silver or whatever, but this needs to occur for not all individuals will have any of the precious metals and they will need to survive also.

With an increased spiritual understanding and awareness, the economic standards that were introduced by the Orions will also be swept away and new ways of thinking of how to work with one another, to support one another's basic needs and secondary needs will come about, and it simply is not seen ultimately that even gold, silver or platinum, as well as other precious metals will hold the place that they currently hold, although it is not seen by this Awareness either that they will simply lose their value overnight.

This is a long drawn out process that will bring stabilization back into the world and people will not have to worry about how much gold they own, how much currency they have, but rather they will know that their needs will always be met for the society is now such that it will meet people's needs and provide for one and all, but this is along another line, and therefore, this Awareness is complete at this time with the question.

### **A Time Frame For These Events?**

#### **QUESTIONER:**

(Thank you) Would I be out of line asking if there was a time frame available as to when all of this will come about?

#### **COSMIC AWARENESS:**

Much will occur very quickly with the Ascension process. Once the higher consciousness is in play and it is seen that the Orion's economic system was a way of control and manipulation and it is not a way that truly suits all individuals or supports a planet and its people, then this system will completely collapse within the space of five to ten years. The use of gold and other metals will always be available, but it will not be available in the same way. It is seen that gold has certain other spiritual qualities as does silver and platinum, as do the various gems and crystals, and thus they will hold a value for that reason, not for economic reasons.

There is energy involved in gold and silver that can be worked with and can heighten consciousness. This has always been known. It is also seen that those two elements can be used in medical ways to promote good health and wellbeing. Thus it is that gold will always be held as precious, but not for simple economic reasons.

#### **QUESTIONER:**

Could I ask one more question on that? Gold presently is controlled in a sense that a paper is given to people that they own so much gold. What happens in a case like that? Are they actually given the gold when such a situation occurs?

#### **COSMIC AWARENESS:**

The danger of this is that if there is a collapse of the entire system across the board, if the stock market goes down, shares become worthless pieces of paper. There is not truly a delivery system that would then honor the

shares that are owned by those who have bought shares in gold mines or have shares in gold, and thus it is that they will have but pieces of worthless paper. The better way to go would be to insure that one receives gold coins or gold bullion, small samples of gold as well as silver.

#### **Obtain Real Gold and Silver Coins and Not Paper**

This Awareness once in the past mentioned that collecting silver and gold coins would be a way to go. *It* still supports this. The Interpreter recently was introduced to a company through which he could buy a quarter ounce of gold once a month or more, if he so desired. This was shown to him as a beneficial way of actually buying gold coins for this transition period that is coming up. He chose to go forward with this. This is one way of acquiring the actual gold coins. This Awareness would favor the ownership of actual gold versus the ownership of shares and stocks that suggest that one has gold to some degree, but when the delivery system fails, that is simply not the case.

QUESTIONER:

I do have another question on that particular statement. Is it possible or is it a fact that the coins received through this group are 100% gold and not watered down, as in the sense of the current Canadian currency where a copper is not really a copper, a nickel is not really nickel, a dime is not really silver, and the quarters are ...

COSMIC AWARENESS:

Many coins that are minted by various governments are alloys. They are no longer the true silver coin. The silver coins this Awareness was mentioning would be coins minted before a certain time and date. The gold coins that the Interpreter is now about to purchase are authentic gold coins of full value. Most gold coins are of their true value and not watered down, not alloy coins at all.

QUESTIONER:

(Thank you) I believe you are referring to the year 1965 or 1967 for the Canadian government coins?

COSMIC AWARENESS:

This is so. Other nations changed their gold and silver status at various times, however gold has always remained relatively pure.

### **Where To Obtain Krugerrands and Gold and Silver Coins**

QUESTIONER:

(Thank you) And that would include then the Krugerrands from Australia, is it?

COSMIC AWARENESS:

Krugerrands are from South Africa. It is a pure gold coin. Gold coins can be purchased from various countries and nations around the world through gold dealers and merchants and coin dealers and merchants. It is also seen that perhaps a way to obtain gold coins is through a bank. There are new systems afoot that will also provide the gold coins, for as the economic times get harsher and harsher, as the meltdown continues, it is seen that at this time the ownership of gold, silver, platinum and jewels will be a way of securing certain financial assets of individuals, for it is so uncertain now that the shares and stocks that one purchased that were at one point valuable will continue to hold their value.

Thus it is that this Awareness, as *It* has done many times in the past again recommends that those who can,

purchase gold and silver and other precious metals or jewels.

QUESTIONER:

(Thank you) That is helpful to all of the members and is appreciated. There are several other questions on politics, but there are also two other questions on finances. Is it preferable that these be presented ahead of the other political questions?

COSMIC AWARENESS:

It is preferred, but this Awareness would suggest that today's session is complete.

### **Advice On the Economic Meltdown**

CLOSING MESSAGE:

This Awareness started this session by stating that these are interesting times. These interesting times are also very challenging times. Many are being deeply affected by the economic situation that is currently taking place, the economic meltdown, and this Awareness would ask all to have faith, to trust and believe that things are indeed moving ahead as need be. There is much that is not obvious that is hidden still about the conditions of the world and what is happening. It is indeed all part of a necessary process to wipe away that which is corrupt and rotten at the core.

#### **Things Are Out of Control for the Powers That Be**

Those who are in control still think they are in control, but soon they will start to see that things are truly out of control more than they ever expected. This may initiate some very hard times for many individuals, especially as they have tied themselves into the economic systems in various ways, shapes or forms. Even when they have not thought or realized that they have done so, even if they have not bought stocks and bonds, if they are recipients to pension plans, RSP's, other investments made on their behalf by their banks, or other organizations, they may still be deeply affected by the recession that is currently starting to take place.

Even with the difficult challenges that are ahead, it is necessary to go through these challenges, it is necessary to go through these hard times. More and more information will be provided to help one and all start to go deeper into the spiritual understanding and awareness that must now surface and take place so that individuals remove themselves from those common occurrences that are sweeping through society and the world on all levels. Those changes that are now starting to take place in a more obvious way will become even more extreme with time.

#### **Rise Above the Current Times, Don't get Swept Away**

The question is, will one be able to rise above those sweeping changes, above the challenging times and remain relatively unaffected, or will one allow themselves to be swept along in the current of chaos that will sweep through not only the United States of America, but all nations the world over? These are interesting times indeed, and the challenge is to rise above it, to not allow one to be swept away, to not become party to the mass-belief system of the chaos that is indeed even now sweeping many away.

This Awareness will still be available to give further information as the times become even more chaotic. This Awareness is complete at this time.

QUESTIONER:

It is very much appreciated to know that you are always there. (The Law of Gratitude is given and a Count of 12)