

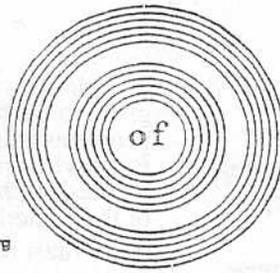
Revelations

The Cosmic Newsletter

E-mail: CosmicComm@aol.com

INTERNET DOMAIN: www.CosmicAwareness.org

FAX: 360-352-6294



Awareness

COSMIC AWARENESS COMMUNICATIONS

P.O. Box 115, Olympia, Washington 98507

Helping People Become Aware

Celebrating our 38th Year!

2009-7
Issue No. 638
\$3.00



Index is on page 9

What's Going On With the Bankers?

- An Alternative to Capitalism & David Korten
- Why You Should Spend Your Retirement Money Now
- The Purpose of Chemtrails and How to Defend Them
- The H1N1 Swine Flu and How to Prevent It
- A True Case of Demonic Possession
- How Animals Help Us Die (The Rainbow Bridge)
- An Amazing New Way to Heal Your Body

CAC General Reading 4-8-09 (April 8TH, 2009) Will Berlinghof
Interpreter, Joan Mills Questioner and Energizer

...More on the Economic Collapse of the World Economy

WHAT'S GOING ON WITH THE BANKERS?

(A Feeding Frenzy by the Rich and the Super Rich?)

QUESTION:

The no opening topic today is finances. Awareness has indicated message will be given. Our first question is from Paul Paschat in Michigan. He writes, "I hope someone will ask Awareness about what is going on. The banking people want billions of taxpayer debt, but don't want any restrictions on whether they use it for Golden Parachutes for themselves or executive bonuses for themselves. It sounds like a feeding frenzy by the Rich and the Super Rich. I see treason and disloyalty in their behavior, not patriotic behavior. They apparently want to cripple the middle class." Your comments please?

COSMIC AWARENESS:

The situation is indeed grave in terms of the economic downturn at this time. The intent to downsize the middle class is only partially correct, for what is truly desired is the *elimination* of the middle class, and the creation of the two-tier system of the rich and the poor. The middle class is seen as that which is not desirable, for with a middle class there are those who have thoughts and ideas of what should be. They also have a certain degree of freedom. They have enough money that they are not entirely dominated by their economic situation such as the poor are.

The Intent is to Eliminate the Middle Class

Thus, many of the actions at this time are ultimately designed to eliminate the large middle class that presently exists and to create a middle class of much lesser power, one that is only slightly beyond and above that which is the level of poverty. The majority of the middle class would become the working poor, and this trend is already well underway. This has always been a goal that has been held by those who hold power and this is for the purpose of creating an enslaved race and the actions that have been perpetrated of late have all been designed to accomplish this, at the same time to promote that which is the plan of the Elite, the plan of the Powers That Be, the hidden cabal: the enslavement of a large portion of humanity as well as the reduction in the population of the world.

A Planned Economic Collapse of the World's Economy Starting With the United States of America

This too is part of the agenda, but this is not at this time being actively pursued. This is seen to be that which will be pursued in the future. First however, what is planned is the economic collapse of the world's economy, starting with the United States of America. It is for this reason that the actions that have so affected both the United States as well as the global economy were therefore initiated in this nation. At this point this Awareness wishes to state clearly that that which has been the financial collapse is not random or accidental. It is not a bunch of greedy bankers who were inadequate to the task or uneducated to a degree that they did not know what they were doing.

Huge Payouts to Top Executives Are Payments Rendered For Successfully Collapsing the Economy

That which is known as the sub-prime mortgage scandal was not initiated by a group of bankers that did not see what the results would be. The collapse of the stock market, the certain rules that have been allowed to come into play over the last few years, have all been

intentionally introduced. The payouts that have been given to the top executives that so infuriate ordinary people as being wrong and unjust, were and are payment for services rendered, payment for a plan that has succeeded, the plan being to collapse the economy first of the United States, and then globally.

It must be understood here that those executives who received the massive payouts and bonuses were being rewarded for their efforts in creating the system that is presently in place, for creating the chaos and collapse that will lead to a complete revamping of the economic marketplace, that will put new standards into play, a new way of things. Recently, there was a coming together of the leaders of the top twenty nations of the world, in that which is the G-20 Conference in the city of London, England. These individuals have come together to further cement the proposals that have been introduced in the secret meeting rooms and cabals of the world, gatherings such as the Bilderbergers, where many of the plans are initially introduced to those leaders of industry and commerce, those political leaders of economies and nations.

The G-20 Meeting In London to Create a New Global Economy

The G-20 was a coming together of many of those who have attended Bilderberger conferences who had been instructed by their political masters and it was a coming together that was public, for the reason that it is preparing the public now for that which is to come, that which is already being suggested, a new global economic council, a group of the top nations of the world with the intent and the design to create a new global economy, sanctioned by those top leaders of the world. This was part and parcel of the public coming-together of these leaders so that the citizens of the world will start to become used to such things, and when the suggestion is finally made that there needs to be an official group of elected officials at the top that represent the economies of the top nations of the world, this idea will seem more palatable for the many who have been watching the gathering of their political leaders in conferences such as the G-20.

When This Occurs It Will Be Known as The New World Order

When this occurs, this will be that which is known as the New World Order, at least the political economic face of the New World Order, and it is for this reason that the actions have been taken over the last few years, in particular the last 12 months, that have so collapsed the economies of the world, that many feel there is no choice but to come together in a global way to solve the problem. However, it must be understood that this was the plan from the outset. The way the Powers That Be work is that they already know what they wish to accomplish. It is then a matter of pulling things together in such a way that the masses demand an action, at which point a solution is offered. The solution is often that which was the planned result in the first place, thus a crisis is created, the people demand action, and a solution which was always the plan is then offered, so that the people can endorse it and give it their approval, for this will solve their problem.

This has been the way of it for many years in modern times. In older times, when there was still aristocratic government, kings and queens would often arbitrarily put into play that which was their plan, but as democracy grew and civilization demanded that the voice of the people be heard, more refined ways had to be introduced to make the masses think that they were and are in control. All that has been occurring of late is but an example of how this works; this way of creating

crises that the collective will then demand solutions to, and the solutions being presented were actually the plan all along, to create a One World Government, a New World Order, where there will be a reduction in the populations of the world as well as the economic status of those who are not part of the governing body: the Powers That Be, the Elite.

This Awareness is complete with the first question. *It* asks to go on.

DID OBAMA KNOW?

QUESTION:

One quick question, thank you. Was President Obama aware of this planned scenario?

COSMIC AWARENESS:

President Obama himself has attended the Bilderberger conferences. President Obama attended them with Hillary Clinton. This Awareness leaves you to draw your own conclusion to the answer of the question.

AN ALTERNATIVE TO CAPITALISM AND DAVID KORTEN

QUESTION:

It's obvious. Thank you very much. They've got us both ways right? This next question is from James Cisney. He writes, "There is a man who has been writing for awhile about how the world needs to change from an empire-based economy, to a new economy based on real human values and human needs. His ideas are very closely aligned with the "Awareness" perspective. I have attached a link if you want to get more familiar with this man and his ideas. The link is <http://www.thegreatturning.net/nov-16-alert-kortens-latest-re-new-economy-in-initiative>

He carries on: "Perhaps this question could be posed to Awareness. There is an author named David Korten who clearly and cogently outlines how the devastating effects of a world economy based on empire building has undermined basic human interests and democratic movements. This author also outlines what kind of economic system and what kind of values is needed to build a better world for all. I find this author speaks to me and I believe his work, and that of many others, especially in academic circles, may represent a new vision for our future that we can begin to build on.

I'm thinking that we need to start creating small groups of concerned citizens who look into these ideas and start to raise consciousness around the massive exploitation that has been going on worldwide and the possibilities for change. I'm wondering if Awareness would concur that the ideas of this author, David Korten, form a kind of core perspective that might be fruitful for such an endeavor and I also wonder if there is anything specific Awareness might suggest as to necessary structural changes in our economic system that might right our ship of state. It seems that nothing less than a wholesale change in how the world economy works will bring us out of our current dilemma and create a new world that is better in the end for all. But sometimes it is difficult to see or envision an alternative to capitalism or socialism that will work, though I think this author points in the right direction. Thank you for considering this comment and question."

Your thoughts please?

COSMIC AWARENESS:

This Awareness suggests that the author David Korten is one of many who does give voice to a new understanding and perspective of what is now needed. In many ways he is one who gives voice to this Awareness, and the energies and thoughts of this Awareness, although he does not do so in a way similar to that which the Interpreter employs in the channeling of Awareness. Awareness speaks through many in many different ways. *It* speaks through the artists who paint and produce those works of art that express a higher principle, or the higher principles. *It* speaks through musicians and their songs. *It* speaks through individuals such as this individual, David Korten, who can voice a new understanding and a new way of things.

The Need For a New System is Discussed

This information, this inspiration that is of Awareness, is expressed by many at this time, and he is indeed one of the many voices of Awareness. This Awareness wishes now to address another matter presented in this question: the need for a new system, a new way of things, away from that which was the old way, the capitalist way, the way of materialism and ownership and the money-based system. This Awareness wishes to start by offering that this system has been in play for so long that many find it hard to consider another way to replace it, and many find it difficult to conceive that it could ever be replaced for they know nothing but this system, but it is a system that will itself soon collapse completely and totally.

In this way, there is no need for this Awareness to suggest a new economic system for that which will come into play afterwards will be that which is needed at that time. It is so inconceivable for so many, that to speak of it is very unsettling for many, for many still hope that the answer ahead will be a new system as is being offered and promised by the world leaders, as is being offered by those who speak of the need for a global government and a global economy with global leadership and control. This is that which has been called the New World Order and it is not at all a solution to the problem. It is simply the next step in a designed plan that has taken hundreds, even thousands of years to bring into full play.

Many Will Believe the New World Order is the New System

It is at this time that the implementation of that plan which has been thousands of years in the making is coming to fruition, and is gathering power and force, and manifesting to many who feel that perhaps this "new system" is the way forward and will give a new impetus to that which is a collapsing situation. This Awareness does not necessarily warn against it, *It* is simply saying this was and is the plan that many feel may be the new plan that will save them all, but this plan itself is part of the problem, is part of the overall plan that has been in play for so long. It is but the next step.

The Orion/Reptilian Plan is Now Complete

It must be remembered that the Orions were the ones who introduced an economic structure that has led to economic enslavement. They introduced this through their minions, their servants, and their agents. They introduced this through such families as the Rothschilds, the Rockefellers, the Morgans, and others that are now known as the 13 Ruling Families. They used such agencies and groups as the Illuminati, the Freemasons, the Trilateralists, and the Bilderberg group. They are all their different agencies and have perpetuated the Orion/Reptilian plan, and the next step in that plan, as this Awareness has said, is complete and total domina-

tion, going into that period of time that is known as the Ascension period.

These beings have already seen ahead of time and have realized that they need to be totally and completely in control before this event occurs, so that those who they would lead on that journey that is the journey of Planet B will be totally under their power completely, to such a degree that what has existed up to this time will be deemed as something that was still the golden age, to that which is coming. That is simply one track of evolution that can be chosen by those who wish to experience such a reality.

This Awareness can speak of these matters as if they are set in stone and it is a way forward for many, but this Awareness needs at this point to remind all that this is but a choice that many will have. It is not that many must follow this choice. It is simply one way that the majority of people are still experiencing the reality, for the Ascension process is not complete. There are still many choices to be made. There is much that will still be manifest, both towards the Light and away from the Light, towards that which would be Ascension to Planet A by those who seek this, versus those who seek the energies and consequences of a journey into even grosser levels of materialism and domination by those who are the ultimate powers.

The collapse of the system as this Awareness and many have foreseen simply is the consequence of the times, for the times are changing, and the plan that was the Orion/Reptilian plan that has dominated this planet for thousands and thousands of years, is coming to a conclusion, as well as coming to the progression to the next step for those who wish to continue such a materialistic journey. Those who are finished with this materialistic Orion-based experiment (Orion meaning simply an experience of materialism of a monetary system of power and control) will find that they move into a new reality after the collapse of the political/economic situation on the planet and the military industrial complex also, for this is no longer their need, and a new way will be brought forth that does not require voluntary bondage to the Almighty Dollar, Yen or Deutschmark, that will be free from economic enslavement, for there will be no place for such a system.

Thus it is that this Awareness suggests that many get it out of their heads that there needs to be a rescuing of the economic system, or an evolution to a global economic system that will be the new system. It is simply a way of the Orion/Reptilian faction to promulgate their plans, to move their plans forward, the plans of the Elite and the Powers That Be. Those who are truly seeking Ascension at that time simply need to stay focused and they will survive no matter what comes down the tube, as the saying goes, and whether there is a collapse or not.

Those who choose to Ascend will find that they are manifesting new realities, new ways of surviving in hard times and rather than becoming totally swallowed up in the hard times, they can begin to understand more and more that they, as Creator Beings, can choose alternate realities in their own personal lives, and they can help others to see how to step beyond the trap that has so many hooked into a reality where it is not seen that there are any choices other than the choice of capitalism and economic enslavement that they freely accept, as is now the case. These choices will become more and more apparent to individuals as they move forward, but the danger of course is that the fear around the collapsing economies and the loss of personal wealth or financial

securities will make it very difficult for many to believe that there is an alternative and that alternative has to do with simply choosing to believe one will be okay, even in the hardest times that are ahead.

As Creator Beings You Will Soon Experience a New Reality

If one truly comes to this understanding and appreciation, if one truly begins to realize their power as a Creator Being, they will indeed begin to experience this as their reality, especially as new energies are rapidly entering into the planet itself that will support this new way of being as one and all move to that point that this Awareness has so often called the point of Ascension. This Awareness is complete with this question.

CONCERNED CITIZENS SUPPORT GROUPS OR EACH FOR HIMSELF?

QUESTIONER:

(Thank you) May I ask a question? He referred to the need to start creating small groups of concerned citizens. Would support groups like that help in this particular time or is it sort of each one for themselves to get it together?

COSMIC AWARENESS:

It is actually the opposite of each fending solely for themselves that is needed. What this Awareness is talking about is the *realization* by each and every individual that as they create the reality, they call into play that which will support their reality, be it a positive or a negative reality. The suggestion that small support groups would be beneficial is totally supported by this Awareness, for as one begins to understand that cooperation, and not competition is the way forwards, it will be clearly seen that by coming together with others who share a similar concept, a similar way of seeing things, that these individuals can, through cooperation, create a situation for themselves that will support them through the hard times.

Many Community Groups Drop Out and Still Prosper

Historically, there have been groups who have isolated themselves from mainstream society, creating a communal society in which they hold to their own values as the way of things. There are people such as the Amish, the Mennonites, the Hutterites, and other such groups that do very well as a community of like-minded individuals sharing a common philosophy, a way of living. Even though times are harsh around them, they did very well in those times of depression and economic hardships. Such groups again coming together of individuals who share common philosophies and thoughts that support the expansion of consciousness and the new way of things, will be able to come together to fend against the hardships of those times ahead, until that time of Ascension, when a New Game will commence.

This Awareness suggests therefore that the entity is correct, that this is one of the ways that individuals will survive those times that are directly ahead. Does this help explain?

PUT YOUR MONEY IN A CREDIT UNION OR A BANK? WHICH IS SAFER?

QUESTION:

Yes it does, and I thank you. This next particular question comes from Maria St. M. She writes, "Another question is about people's money in banks. If entities put their money in a Credit Union instead of a bank, will this

be a safer place during the change in our financial crisis?" And she carries on, "As money currently has little or no value, I do not see how holding cash in your home etc., instead of numbers in a bank/Credit Union savings account makes it any safer. Not everyone wants or is willing to invest in real estate for long-range investments, as most are elderly. The stock market is not much better. Any suggestions please?"

COSMIC AWARENESS:

This Awareness is in somewhat of a difficult situation in making recommendations as to what would be the best way to survive economic hard times, when it is the economic hard times that are reflective of the overall plan of the Powers That Be, and the collapse is very much by design. It is as if this Awareness was being asked which ship would be safer to take: the Titanic, or the Lusitania? Both did sink, and the economic situation is indeed collapsing.

Thus, credit unions, while marginally safer than independent banks will themselves eventually collapse. The country Canada, the country the Interpreter lives in, has a relatively stable banking system. There are only five national banks in the country with several credit unions also, but there is not a large amount of private banks. This is seen by the economic leaders as something desirable, and in the recent G-20 gathering, the other nations have agreed to adopt a national system of banking similar to that which Canada has, and yet, if the economic collapse is imminent, and the world economy is about to tank, then even such institutes would not be ultimately safe and viable.

There is No Way to Sugarcoat What is Coming Soon

What is the hardest to understand is that the collective stands at the edge of the cliff. What is coming will force all to take a leap of faith or to cling desperately to the edge of the cliff, with the cliff bank crumbling beneath them all the time. There is no way to sugarcoat what is coming in terms of a collapsing economy, but more than that, a collapsing world, a collapsing consciousness that will progress through Ascension into either expanded consciousness and a new order of things, or into that which is the deepest manifestation of materialism and the loss of civil liberties and freedoms, that being Planet B, the planet of gross materialism.

Thus, in answer to the question, this Awareness suggests that whatever one chooses to do will *never* bring to them the ultimate security that was once the case when one had stock options, RRSP's (sic) or land. It will simply be a new world, a new way, and what is needed is to *focus on getting through* these times and moving forward. There are other factors that will contribute to the collapse of the world as it is now known, but this Awareness is not prepared to go deeply into these at this time. As to one's economic resources, it does not much matter if one goes to a credit union or to a bank. If one wants a slightly longer sense of safety or security, a credit union may be a little more resilient, but ultimately will not save the loss of one's income.

Have Cash for Supplies but Gold and Silver for Barter

It may be better to have that cash at hand and to use it to acquire the supplies and stock needed to get one through difficult times than to worry about having a huge amount of cash at hand. This Awareness has spoken in the past of the benefit of having gold and silver coins, or gemstones as bartering items, to purchase goods and supplies. Ultimately, it may be favorable to use the money at this time to ensure that there are supplies that are stored up to help one through the few

years of difficult times that are ahead, as well as seeking other options and other ways, such as coming together with others of like-mind, like-spirit, to create new communal experiences and expressions.

These are all part and parcel of how the times ahead can be withstood or traversed. The good news is that these times will last but a few years before strong changes are experienced, and with the Ascension point moment, then all that has been will fade completely and a new world, a new order, a new journey will begin. This Awareness is complete.

WHY SLAVERY UNDER THE MONEY LENDERS MUST END, OUR RESOURCES MUST BE SHARED

(How It All Began)

QUESTION:

Our next question comes from Max Vakiel. It concerns moneylenders. He writes, "You can translate the message to much less cosmic terms. One point of view can be seen through the enormous concept of SHARE. In other words, the resources of the planet should be shared and no group should be without. No upper class should be exploiting an imaginary yet well manifested lower class. What allows this is the financial system, the market forces throughout the globe. This is equivalent to gambling and has ignored human values and the value of the environment. In other words, the market forces, which have stimulated greed and competition, causing great harm through inequities, have to go. We're being shown that- partly by the failing of the market and banks, etc., and the revelation that gambling and investing based on AIR doesn't work and has gotten out of hand.

A new system, which enables the resources of the earth to be shared, must be developed. Spirit has said that the ratio of capitalism to socialism is all off and that the upper class is destroying the middle class without realizing that they need a middle class to even exist. Closest to the ideal is Scandinavia (not Iceland). The money lenders do not stimulate growth, they actually have been putting people and countries in bondage." Your comments please?

COSMIC AWARENESS:

This Awareness has indeed spoken of the enslavement through economics that has been the plan of the Orions for thousands of years. This individual is in his own unique way asserting the same thing. The Elite who have that level of control and power have for so long been in such a position of dominance and affluence that they have no sense of those who are not of their order. Thus it is that the classes that exist below them, including the upper middle class, are seen as inferior to their needs and to the importance of their being. All can be used and enslaved to suit those needs of a very select few.

This plan has been long in unfolding. It began in earnest in that which is now known as the middle ages, as the development of a concept of banking began to unfold. This was accelerated in the 18th Century, when private banks began to gain political power. These banks became the banks of nations as they now are, banks such as the Federal Reserve, the Bank of England, the Bank of Canada; all being private banks, private institutions that very much control the economic status of nations. Soon there will be, as the plan unfolds, that which is a World Bank. Such a World Bank already exists, but it

will become even more prominent as a global civilization unfolds, a New World Order.

A Cooperative Effort With the Planet Itself

This is the logical fulfillment of an experiment in consciousness that has been thousands of years in the making, but this experiment is about to come to a conclusion as it now stands. The way forward, as this Awareness has spoken, is not of dominance of one small elite group over the many, but rather a cooperative effort that involves not only people coming together, but also a cooperative effort with the planet itself, as well as with others that are coming to help at this time- those others being the Galactic Federation. They have been in opposition of the Orion Empire and the Orion/Reptilian faction for thousands of years, and yet, because of the agreements made on this planet, have been largely unable to intrude to a large degree.

Why Max Vakiel is Here Making His Point (Many Light Workers are Star People)

Thus it is that many of those that are of the Galactic Federation have been born into the planet's collective at this time and are those who are now voicing opposition to that which is unfolding. The entity presenting the question is one such individual, as is the majority of the membership of the organization CAC. Indeed, many of the Light Workers are Star People who have chosen to incarnate at this time through the choice of being born into the physical material realm, so that they can welcome those spiritual forces as well as those galactic forces who will assist in that which is the Ascension process, who will reeducate humanity to understand that a cooperative harmonious effort is far superior to the design that currently holds sway.

On Earth the Inmates Have Taken Over the Asylum

In many ways, that which exists on the planet at this time is akin to an insane asylum, where the inmates have taken over and anyone visiting that insane asylum is under the impression that everything is normal, when it is the inmates that are in charge. The planet itself is an insane asylum in a manner of speaking, for that which is considered normal would be considered insane anywhere else. It is for this reason that the Galactic Federation for example, sees that it is now time to restore order and harmony, especially as the Ascension is approaching, that evolutionary point in the development of human consciousness that will allow many to leave the insane asylum and to find again that which is sanity, that which is higher consciousness.

This is part of the experiment that has been in place for so long, that realization that the insanity that has been called normal and has ruled the world is indeed exactly that: insanity, and ultimate absurdity. Many are starting to understand and appreciate that the wishes and desires of a few cannot hold sway over the common benefit and well-being of the masses, of those who have every right to receive a decent and proper life, a decent and proper world. It is for this reason as well as the fact that the Ascension process is unfolding, that these times are that which would be called the End Times. The craziness is about to come to an end for the majority. There may be a handful who wish to go on in the material way of things who will experience such if they so choose on that which is the planet below Ascension, Planet B.

There will be many who choose to experience a planet that is sane and whole again, that which will be the Planet of Ascension, Planet A.

THE GALACTIC CONFEDERATION UPDATE?

QUESTIONER:

Thank you) You had mentioned the Galactic Federation. Is there any update on their plans at this time, or would you prefer to discuss this later?

COSMIC AWARENESS:

This Awareness will discuss this in greater detail at a later date. *It* simply wishes to say that the plan remains the same. Those of the Galactic Federation are still working towards that which has been termed First Contact. There are many meetings and sightings, even though those sightings are not largely reported on in the western world. The degree and amount of sightings and contacts is increasing, moving the stage toward that of First Contact.

WHY WASTE RETIREMENT MONEY YOU SAVED FOR FUTURE USE WHICH CAN'T BE USED AFTER 2012. WHY NOT SPEND IT NOW?

QUESTION:

(Thank you. There are many of us looking forward to that!) Our next question comes from Bennett Smith, in Florida. He writes, "Considering the fact that the old Orion system of finances and economics will no longer rule or even be in effect with the 2012 Planet A dimensional split, I was wondering if financial energy (money) that would ordinarily be put away for future use, such as retirement funds or life insurance savings/investment accounts etc., could be better directed toward current use for ourselves, family, friends, and charities, especially since economic times are difficult and are set to become even more so. It seems a shame to waste money for future use that won't /can't be when so many are currently struggling and sacrificing in the present. Thanks. I love you guys, the work you do is so beneficial and valuable. You help very many and very well." And he signs it: 'Bennett'. Your comments please?

COSMIC AWARENESS:

The entity is indeed correct in his assertions. In many ways it would be to one's benefit to use the monies that are being saved for a rainy day at a time now, when they would be more beneficial. It is indeed pouring out at this time. The rains pour down and the curiosity is that many do not see this or understand this, and still hold to old concepts and beliefs that have been strongly imbedded in them that they must hold out for that rainy day, they must save and prepare for a time when they will not have, where there will be a time of need.

This now, today, is the time of need. The Awareness is aware that what *It* is saying here may be challenging and unpopular for many. *It* is not entirely suggesting that one takes all of their savings and blows that money in having a good time now. What this Awareness is saying is that those monies that one is saving at this time for the prospect of a future may be worthless when that future finally unfolds. One of the consequences of printing large amounts of money, not simply large amounts, but amounts that are absolutely beyond comprehension for the majority of individuals, is that it will create a time of super inflation.

Like in Old Germany, Super Inflation is Coming to the USA
(A Wheelbarrow of Paper Money for a loaf of Bread)

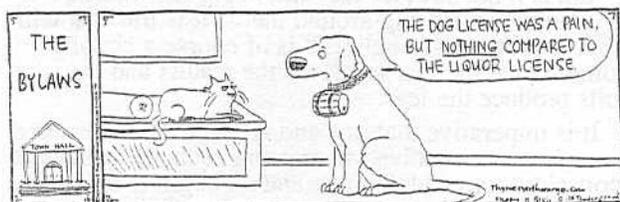
This experience has been known on the planet before. Germany after the First World War experienced super inflation. At that time the value of the money was so reduced that literally barrelfuls of money were taken into the market, wheelbarrows of money, satchels full of bills taken to the markets and the stores, millions and million of Deutschmarks being used to purchase everyday items such as milk and bread, and yet they still could not even afford at that time to buy meat or luxury items, such as the prohibitive costs due to super inflation: the printing of large amounts of money by the government to solve their economic problems.

This is once again occurring. The trillions of dollars in bailouts that the American government is now printing could very well lead to that same situation of super inflation, and overnight the value of the dollar could crash to such a degree that where a dollar was once worth a dollar, it might suddenly be worth five cents. Those who choose to save their money for that rainy day may well find that when this happens, the money that they have saved is all but worthless. When they had the opportunity to buy supplies or to buy land or to use the money in other ways that would help them when and if times get difficult (and the "if" is added here to help one understand that choice is always available—the choice to experience such a reality or not is available) that they choose not to spend money at a time when their money still had a value, they choose to play into the hands of the Orions and the belief systems that they have created, that "saving money is the best thing to do."

This has played against people many times in the past, gone against them to their ultimate disappointment, yet this Awareness is also in the situation of understanding that even though *It* delivers this information and makes such a suggestion, that this may be a difficult thing for most people to accept or act upon. Thus, in the end, one must do what is right for oneself in this matter. If one wishes to save their money for that rainy day, speculating that things will improve, that the recession will recover and things will not get worse, and not to do so would cause too much tension, and stress and anxiety, then this Awareness would say that this would be the best solution for such individuals, and that they will simply have to deal with the situation that arises down the road, if they have not made choices to visualize and manifest in their lives alternatives that will help them through those times.

It is always a matter of choice as to what one wishes to do, in terms of the savings that they hold, or the use of the money that they possess. It is simply that this Awareness is giving a perspective on what is partially the reality that is planned for the future by those who have control at this time. If those who have the capacity to start seeing that as Creator Beings they can indeed begin to visualize and create alternative realities for themselves and share this with others, thus co-creating with others alternative realities, then there is indeed another way forward for them, despite whatever happens to the economic market, to the banks or to the credit unions.

This completes this answer at this time by this Awareness.



JACQUES FRESNO'S NEW EARTH WITHOUT MONEY: THE VENUS PROJECT

QUESTION:

(Thank you) There is one last question on finances. This one comes from Iris and Cookie Cat. She writes, "Have you ever looked at the website, the Venus Project, where Jacques Fresno who is now 92 years old, created a whole new earth without a monetary system, where technology and nature live in harmony. I watched him also on U-tube and read his e-books. It is worthwhile watching. He is a very enlightened soul. Would it be like that in the 4th dimension? Could somebody ask Cosmic Awareness about this please? I send you both much love and peace." She signs it Iris and Cookie Cat.

COSMIC AWARENESS:

The entity Iris Hubert is indeed correct in her ascertainment (sic) and recommendation that the Venus Project and its formulator Jacques Fresno are important to look into. Jacques Fresno is, as this Awareness has spoken earlier, one of those many who is the voice of this Awareness. His way of speaking for Awareness is through the design and plan of a sustainable community that does not need a monetary system by which to exist. His is a more than viable plan for that which will exist on the other side of Ascension. Once Ascension has been completed, it will be projects such as the Venus Project and the ideas and vision of such individuals that will give the way forward to the many who are ready to live such a way.

This individual is in some ways ahead of his times, but the importance of Jacques Fresno as the dreamer and visionary he is, is that he has put into collective consciousness a plan for which the model has been presented of how the world can exist without money and without an economic system that enslaves. This model is definitely within human consciousness and with time, more and more will come to see it and understand it and embrace it. There are other ways and plans that are in existence also that present viable solutions for a world that does not rely on an economic system that disempowers and enslaves.

This Awareness agrees with the entity Iris Hubert that the membership view the information on the Venus Project, so that they hold it more actively within their own consciousness of how things could look, and how things could be done in the times ahead. This Awareness is complete.

THE PURPOSE OF CHEMTRAILS

(And How To Defend Yourself Against Them)

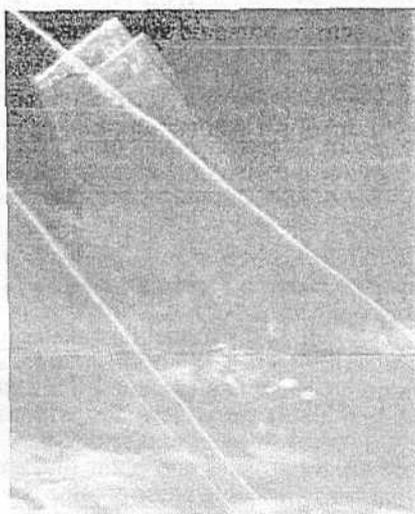
QUESTION:

Thank you. That was most interesting and appreciated.

That was all of the financial and economic questions that I have at the moment. To go off topic, there was something sent in by Nick Newport. There was no address. He writes, "I would like to ask Awareness about this image that was apparently superimposed in a chemtrail that looks like a figure holding a scepter. Scott Stevens posted it on his Weather Wars site. I'd like to ask Awareness' opinion on what or who caused it, why it was put there, what was its meaning and are there other examples of this type of thing happening, and if so, how can we find them? Also, I would like to ask Awareness about chemtrails themselves. They are poisonous, so what specific actions can we take to be safer from them? Thanks, very much, CAC is absolutely invaluable!"



Close-up of the character and its double. Did this guy skip though time to leave a double exposure?



This is the picture he was referring to. There are two pictures here. (Pictures are held over the Interpreter)

COSMIC AWARENESS:

This Awareness is prepared to make comment. The use of chemtrails is for the designed purpose of destroying the immune system of those individuals whom the chemtrails descend upon. This is part of the design of the Powers That Be to create an inferior human being who will be very susceptible to the disease and illnesses that are meant to be released in the future. There is already a preparation of human consciousness for the release of such disease and pestilence. There are many times that the audiences of news reports are told that a pandemic is about to be released and the chemtrails' purpose is to destroy the humans' immune systems so that when those viruses are released that are to destroy humanity by killing large amounts of people, they will be more successful in doing so. This is the intent and design.

The Galactic Confederation is Dismantling This Evil Plan

However, there is an active resistance and dismantling of this plan by those who would be known as the Galactic Federation. Quite often there are probes sent by the Galactic Federation that follow the planes that are laying down the chemtrails that are neutralizing the viral agents in the chemtrails themselves. The photo showing the sceptor figure is indeed a way that the Galactic Federation has chosen to show themselves to those who might perceive such images. They are showing that they are actively engaged in countermanding the efforts of those who are laying down such heinous chemical trails.

There are other images that they have used to show their active manipulation and neutralization of these viral agents of the chemtrails. These images are meant to also give hope on a subconscious level to those individuals who unconsciously see the images, for most will not see on a conscious level the images in the chemtrail.

Most who look at the chemtrail in a strange way do not even see the chemtrails. They are so indoctrinated with contrails of aircraft high up in the atmosphere, that to see a chemtrail, for most individuals, does not invoke in them a sense of menace. In fact, the majority does not even consider that these chemtrails they are seeing are any different than the contrails that are seen at a much higher level in the atmosphere. Still, if individuals do look up and they perceive the images that are seen in the photo, or other images in the chemtrails themselves, a subconscious message is delivered, that there is a neutralization of the chemtrails by agents who are intervening on behalf of humanity.

Taunting and Thumbing Their Nose at the Powers That Be

This is why the images exist in the chemtrails. It is also being used as a way of putting a thumb to the nose, to taunt the Powers That Be who are sanctioning the chemtrails. It is their way, the beings of the Galactic Federation and those who are the agents of the Galactic Federation countermanding this chemtrail plan, of letting themselves be known. Those agents of the Galactic Federation are pointedly showing the Powers That Be that they are now active in their resistance to the plans of the Powers That Be and this is having a deep and profound effect on these powers. It could be said that they are not anxious that there will be a First Contact soon of the Galactic Federation as it introduces itself openly to humanity, and it is something that they are not anxious to experience and yet another reason why they try to deny the presence of the Galactic Federation and to paint them as the enemy.

This too is another reason why the images are appearing in the chemtrails.

QUESTION:

May we have a closing message please?

ONE STEP AT A TIME...

(To The New Belief)

COSMIC AWARENESS:

The closing message that this Awareness has today is a short one. It has presented much information about the financial meltdown and crisis, the reasons for it, and other alternatives to it that are now starting to present themselves, primarily alternatives that involve a realization that choice and belief are incredibly important in what one will experience. It must be pointed out that the news agencies and the controlled media have it as their purpose in their reporting of the events to create high anxiety in the populace and this is indeed working very well, especially since it is connected to the loss of homes and jobs and livelihoods by millions of people.

The Powers That Be will continue to do this, creating an unstable situation, a fear-based situation, but this will also help them promote their agenda, for as more and more people buy into that reality that is being presented to them, as more and more people live in fear and anxiety and stress, they will create such realities, for after all, is it not so? Are they not being shown how everything is collapsing around them? It is this that will further perpetuate the belief. It is of course a circular argument, that the fear produces the results and the results produce the fear.

It is imperative that one and all begin to understand the mechanisms involved in creating such a fearful state of consciousness and that one and all begin to try to take responsibility for what they are creating. This Aware-

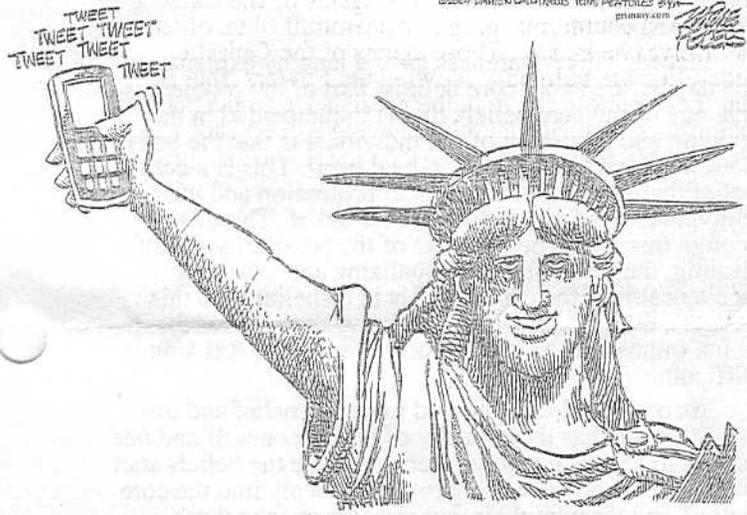
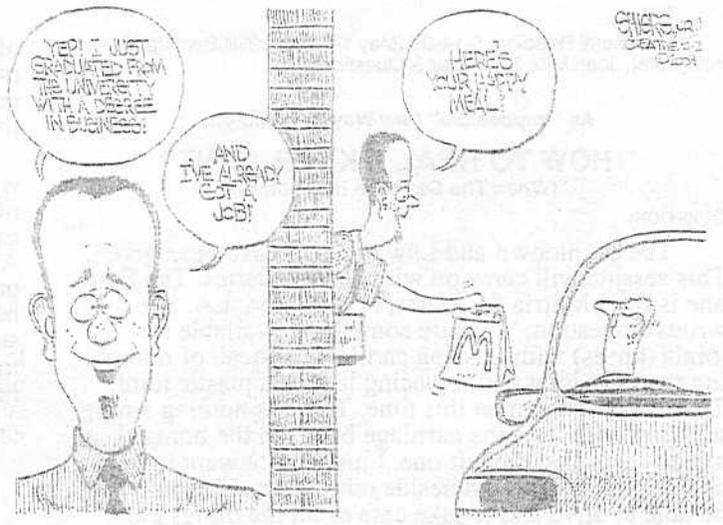
ness has spoken many times before of individuals being Creator Beings creating their reality through their beliefs, and it is imperative to take the first step in realizing this by taking a degree of responsibility for one's life in suggesting to oneself that perhaps maybe by focusing on the fear, by accepting that which they are told, that they are not helping themselves.

Each individual, as they begin to understand this, may take the preliminary steps toward taking greater responsibility for their own beliefs and the creation of their lives through the beliefs they hold. What is needed at the beginning are small steps, baby steps, but as one becomes more confident in the taking of a step, they will find the next step easier to take, and the next one beyond that even easier, until they come to a point where they are solidly walking in their new beliefs and they will see that their new beliefs do indeed begin to create the new reality.

This Awareness is complete at this time.

QUESTIONER:

Thank you for this information. Everything has been very helpful. (Count of 12-Law of Gratitude)



Personal Readings Now Available by Phone
 Personal readings direct from the interpreter by phone now available for limited time. Call Will Berlinghof at (403)-286-5248 or email Will at <bridges20@shaw.ca>

IN THIS ISSUE

What's Going On With the Bankers? (A Feeding Frenzy by the Rich and Super Rich?)	2
Did Obama Know?	3
An Alternative to Capitalism & David Korten	3
Use Support Groups or Each For Himself?	4
Put Your Money in a Bank or Credit Union?	4
Why Slavery Under the Money Lenders Must End	5
The Galactic Confederation Update?	6
Why Waste Retirement Money You Saved for Future Use Which Can't be Spent After 2012? Spend it Now!	6
Jacques Fresno's New Earth Without Money (The Venus Project)	7
The Purpose of Chemtrails (How to Defend Yourself)	7
One Step at a Time (To the New Belief)	8
How to Heal a Knee Joint When the Cartilage is Missing	10
"The Time of Miracles is Upon the Planet and Mankind"	10
"Problems Below the Waist Need Healing"	11
The H1N1 Swine Flu Virus	12
Why Deaths in Mexico are so High	12
Are Pigs Involved?	13
A True Case of Demonic Possession	13
Ask for Assistance From the High and Low Selfs	15
Finding Help on the Internet	16
Crossing the Rainbow Bridge (How Animals Help Us Die)	16
When Cats Go Over Into Spirit	17
It's Time to Share Your Spiritual Knowledge With Others	17
How Can Parents Respond to the Younger Generation?	18
U.S. Immigration Policy and Illegal Immigrants: (Does a Conspiracy Exist?)	19
Asian Gangs are Killing People Here	20

Send Questions for Awareness and comments to the editor To: avatont@comcast.net

CAC General Reading 5-14-09 (May 14, 2009) Will Berlinghof Interpreter, Joan Mills Energizer & Questioner

An "impossible" New Way to Healing...

HOW TO HEAL A KNEE JOINT? (When The Cartilage is Missing)

QUESTION:

The countdown and Law of Love have been given. This session will carry on with health queries. The first one is from Marria St. Pierre, Franklinton, LA. She writes a question: "Is there something available for joints (knees) with missing cartilage, instead of removing the knee joint and replacing it with a plastic joint? That is my problem at this time. There is nothing wrong with my knee. It is the cartilage between the bones. I already replaced the left one. I just do not want to do it again. I live alone, and beside other things, I would not be able to drive and to take care of all the things I am responsible for. I do not have family in this state. They would not know what to do anyway. Guess I am feeling a little sorry for myself at this time. Thank you for listening to my wind! Love and Light, Marria." Your comments please?

COSMIC AWARENESS:

The first thing this Awareness sees for this individual as something that may be beneficial to her is that which is known as shark cartilage. This is a substance that is often used to help replace that cartilage which has been lost. This is the first thing this Awareness suggests to try out. The second suggestion that this Awareness has is that the individual herself, every day, visualizes the knee in question, visualizes cartilage growing in that area, seeing that which is lost being replaced. She can make requests to the low self and to the High Self to assist in this process. The low self can be implored to restore the cartilage, and the High Self can be asked to create the mana for this work to occur.

Every day the entity is to visualize the cartilage being replaced. Visualize her knee in a healthier state, especially the cartilage. This, combined with the efforts of using shark cartilage should begin to replace the lost cartilage. The strength and power of her visualization and belief that this will work will indicate to her how quickly this can occur for her. This Awareness means that if the faith and trust and belief are so great, the cartilage will be replaced quickly.

The AMA Would Say This Approach is Impossible

The problem of course is that this is going into areas of healing that are not commonly supported through collective consciousness or collective belief. More people than not would say this would be impossible. Especially those who have power and authority, such as the medical profession would not support this approach. Part of the problem is that if the entity goes to others who do not hold a trust or belief that this can work, it can happen that others will dismiss this approach if she talks to them about it. Others and their negativity often do much to damage healing at the level of the subconscious and the level of spirit, for it creates within the individuals themselves a question as to whether or not it will work.

Further to this, if the result is not immediate in effect, then it is difficult to maintain the belief that anything will happen, for nothing has happened. The only answer that this Awareness has to that is to continue the approach, the belief, to continue affirming that every day in every way the knee is getting better and better, and the cartilage is being replaced daily. The use

of affirmations combined with visualization and the use of a substance such as shark cartilage will begin the process of replacing that which has been lost, in this case the cartilage that has been lost.

It may take weeks, months, perhaps even a year, but with the use on a daily basis of this format of affirmation, visualization and shark cartilage that eventually the cartilage will be replaced. This is the answer that this Awareness has at this time for the individual. It wishes only to include that a visit to a naturopath would also be beneficial to the individual for other suggestions of other substances not seen by this Awareness at this time that might also be beneficial to her in her journey of self-healing and the replacement of the cartilage of the knee.

...More on Core Belief

"THE TIME OF MIRACLES IS UPON THE PLANET, UPON MANKIND"

QUESTIONER:

It is possible then through visualization and belief and trust that a person can actually heal their own body. Is that correct?

COSMIC AWARENESS:

Indeed. This Awareness gave a lengthy explanation the day before about core beliefs. Part of the problem is that one of the core beliefs that is implemented in the training and education of the individual is that the body does not have the capacity to heal itself. This is a core belief that is held by the medical profession and many individuals who buy in to this core belief. Thus, even though this Awareness speaks of the possibility of self-healing, the possibility of visualizing and affirming one's health, if the core belief is in disbelief with this process, then it is difficult to achieve positive results. It is not impossible to achieve positive results, it is simply difficult.

As one acquires more and more the belief and the trust that one has the capacity of healing oneself and one begins to see such results, then of course the beliefs start to change. If one is willing to delve deeply into the core beliefs and through their own process change those beliefs to more positive ones, where it is possible to heal oneself, then the results will be much quicker indeed, and much more gratifying. It is an extremely important thing to understand that the human capacity to heal oneself is great indeed. This is of course something that each and every individual must look into themselves to understand and to bring forward as something that needs to either be changed or something that already is supportive of the concept of self-healing.

There are many examples of self-healing. These examples are not readily accepted by the medical profession. Nonetheless, one cannot deny the healing that has occurred for individuals who have been previously labeled as incurable. This is simply an erroneous belief, that the individual for their own reasons chose not to believe, chose rather to go deeply within to seek the help and assistance both from Spirit and from Within, in order to effect the healing that they then experienced. It is indeed possible, and it is the very nature of human beings to unlock this mystery and to release their own healing potential, and their own healing powers.

It is part of that which is now starting to open more and more as these times change and miracles begin to happen on a more frequent basis.

QUESTIONER:

(Amazing) Thank you for the information. The membership will find it very useful indeed. We probably already knew this, but it just got buried, right?

COSMIC AWARENESS:

Indeed. All humans have this knowledge deeply within them, buried, as you have said. It is a time of discovery of hidden powers, hidden capacities and that which is the Time of Miracles is indeed upon the planet, upon mankind.

SHE SAYS PROBLEMS BELOW THE WAIST NEED HEALING

QUESTION:

What an exciting time to be alive! We have one more question from Marria. She writes, "I have noticed many people having health problems with their body from the waist down, especially the joint areas, and especially the knees and shoulders. (sic) I realize what we are thinking is creating the imbalance to come out in our bodies. The shoulders have to do with taking on responsibility (shouldering) and the knees are about self-pride or being unable to bend or bow down to others. (kneeling) Please ask Awareness about the source of the thinking and how to change or what to change in our thinking to correct this situation for better health." Your comments please?

COSMIC AWARENESS:

The first comment that this Awareness wishes to make is that there is not an increase of incidents below the waist that need healing. This Awareness is simply trying to say here that the whole body is equally affected. Her recognition that many are suffering from ailments from the waist down is more centered on the fact that she herself has had issues around her knees, which makes it that she sees others who also are suffering from such a problem.

It is as if one buys a new car and then suddenly sees how many of the same models are on the road, which was not previously noticed, for there was no need to notice this model previously. The whole body is impacted in these times of stress and oppressive energies that are caused through the buildup of toxicity in the body through the pollutions, through the lack of nutrients and the many other ways that the body is being affected health-wise as this time.

This Awareness has lost *Its* focus for the remainder of the question and asks that it be paraphrased for this Awareness.

QUESTIONER:

Well she mentioned shoulders taking on responsibility and knees being about self-pride. She writes, "Please ask about the source of the thinking and how to change or what to change in our thinking to correct this situation for better health."

COSMIC AWARENESS:

What needs to be changed are the beliefs that are held by the individuals. The two examples given, the shouldering of responsibility and the kneeling or the need to be able to be flexible and bend one's knees are both examples of certain beliefs held by individuals. Many individuals feel that they must shoulder the weight of the world and that they must take on excessive responsibility in their lives, and they take on far too much than they need to take on. This is caused by the beliefs that are held, especially the core beliefs, where the individual may have been taught at an early age that

they are somehow responsible for their brother or sister, or for the welfare of the family, or for whatever is needed of them that is excessive to them as children.

Thus it is that a young child may be put in a place of responsibility that far exceeds where that child should be in the acceptance of such responsibility. A mother might for example be needy of a support in her life that is not available through her husband or through other family members and thus turn to the eldest child and put on that child's shoulders responsibilities that far exceed the level of responsibility a child should have to carry. Yet children are more than willing to help their parents, their beloved mother or father, and they will take this as indicative that they have the capacity to carry such weight, and it becomes for them the norm.

The Core Belief Creates Great Responsibility

It is held within their belief structure, in their core beliefs that they can carry such weight, and they begin to always seek out such responsibility, taking on responsibility that is often not theirs to take on, simply because their belief is that they are meant to carry and shoulder such weight, such responsibility. This load and this propensity to carry such weight may translate itself eventually into physical ailments such as the problem with the rotator cup in the shoulder. It may eventually begin to break down, and thus the individual may actually physically call into their lives problems with the shoulder, but they do initially and originally stem from the creation of that set of core beliefs that indicated to them that they must carry such weight.

This is one way that a core belief can translate itself into the physical condition, the physical ailment. Similar processes could also occur with the knees where there is a need for flexibility in one's life and the use of the knees. Over time it was learned to be rigid, not to give in, not to be seen as weak. This can also translate itself into an actual physical manifestation where the knees become affected, the cartilage is lost, and there is pain to the joints. This Awareness is being grandiose in *Its* descriptions here because *It* does not need to paint each and every specific picture. *It* leads this to the understanding and imagination of the reader to see how they may have created through their own personal core beliefs, a physical condition, a physical manifestation.

It is however for this reason that it is imperative that all understand that at the basis of all physical conditions there is usually an emotional energy as well as core beliefs that underlie the issue and define the issue. True healing cannot occur unless those emotional issues, those core beliefs are addressed and changed. It is the fault and even the folly of modern medicine to deny an emotional component to illness and disease, to not recognize that one's beliefs and one's history will often indicate the ailment or the issue that one will manifest in the body at a later stage.

True medicine will incorporate therapies that help the individual understand the nature of the illness, the cause and the beliefs and the energies that lie behind the issue in the first place. When this is all dealt with appropriately, then true and complete healing can occur. Even instant and miraculous healing can occur. This is all part of that which is seen as the trend forward in the times that are ahead, where the whole being, the whole organism is seen as a holistic unit, and not as a mechanical piece that will eventually break down. This is simply a societal belief that has been formulated over the last several hundred years.

It is time to go back to the much deeper and much more profound understanding of health and wholeness. This Awareness is complete.

THE H1N1 SWINE FLU VIRUS (And How to Prevent It)

QUESTION:

(Thank you) That was very thought provoking. There's another question that the Interpreter and myself were discussing. It concerns the H1N1 virus. Could you comment on it please?

COSMIC AWARENESS:

This virus that was previously known as the Swine Flu virus is a virus that has been created and released at this time to create pandemonium and chaos. It is part of the design of those who have power to create fear through the release of illness and disease. This is one of those that have been released at this time. It is indeed man-made, a combination of viral agents, recombined in such a manner that they will be potent against human beings.

WHY DEATHS IN MEXICO ARE SO HIGH

QUESTION:

Are there any particular human beings that would be adversely affected?

COSMIC AWARENESS:

This particular virus is designed to attack the respiratory system. Those who have suffered the most and those who have even died from this particular virus are those who have had impaired or impacted respiratory systems. There is a reason why the deaths in Mexico have been greater than the deaths in other locations around the world. The city of Mexico City is one of the most polluted cities in the world, and there is a high incident of people who have respiratory problems due to the extreme pollution in that city as well as in other industrial areas around the country.

Originally it was formulated that the Swine Flu came from a swine farm, a swine operation, for it is seen that there are operations in that area of Mexico where hundreds of thousands of pigs are raised and that this was done deliberately, introducing the viral agents at that place, at that time, so that the assumption would be that it came from the high concentration of the pigs in that area. This is simply a cover story. Once the viral agent was introduced, those who suffered from respiratory illnesses were those who were most compromised and most affected. Many others simply had a flu-like illness, but those who had compromised immune systems through the high levels of pollution, those who had respiratory complications were those who were the most affected.

The country of Mexico Was Targeted Deliberately

As this Awareness has said, the country of Mexico was targeted deliberately to release this viral agent and it has started to spread around the world. The importance of the spread has been overplayed by the media, who have been instructed to spread this information, to make it newsworthy. In truth, the amount of illnesses reported to date are miniscule compared to the amount of normal flu-like situations that are also present at the same time. In fact, the death rate of the normal flu of the times is much greater than the deaths that have been reported due to the H1N1 virus.

The reason for such heavy-duty reporting is of course to promote the energy of fear and panic, creating

a situation where a problem has been presented and promoted to such a degree that many see this as something they must be protected from. The classic formula is to create a problem, introduce that problem to the masses, the masses demand a solution and the solution is then put forward, a solution that had already been derived before the introduction of the problem in the first place. This is a classic formula to manipulate and control a society, a nation, a world.

When this is done effectively, as is being done by the introduction of the H1N1 virus, then it is made to look as if this is about to get worse and worse and worse. Would so much reporting be done if it was not a serious problem in the first place? This is the thinking that is promoted by the amount of reporting that is occurring. People simply buy in to that which they are told, that this will be a pandemic, and therefore, in the belief that this will be a pandemic, are already crying out for protection, are already scrambling to buy whatever vaccinations they can buy to prevent this from affecting them, and are living in fear, and are doing extreme and radical actions to prevent this viral agent to infect their populations.

Thus there are stories of groups being detained in China for fear that because they came from a country where there were reported outbreaks of the virus that they would perhaps adversely affect the country of China. These are all actions designed with the thought in mind of learning how to control the movement of individuals, how to force quarantines, how even to prepare for martial law and the control and movement of masses of people. This is all part of the plan at this time and why the virus was promoted as it has been over the last several weeks.

The actual flu season is coming to an end and yet, even though this may mean that the H1N1 virus may die off somewhat, it is already being promoted and set up for the next flu season that begins in the fall. It is as if the Powers That Be who have dominion over this matter are saying, "You ain't seen nothing yet! Wait 'til next year!" This of course is designed to promote a high level of fear as well as an expectation that next year the Swine Flu will return with a vengeance.

For Prevention: Create a High Alkaline Balance

Finally, what this Awareness wishes to conclude with is that the way forward in this matter is first and foremost not to buy into the rhetoric that is being put out, the fear that is being produced, and second of all, to maintain one's immune system and to create within the body a high alkaline balance, for it is known that an alkaline balance is that which will prevent the sustaining of viral agents or the flu in other words. If one stays in good health and has a high alkaline balance in the body then one should be resistant to not only the swine flu, but to any other flu's that they are ready to introduce.

It is important to recognize that the state of one's health is imperative in staying healthy. When one becomes run down, when one's immune system is compromised, when one has too much reliance on modern pharmaceutical medicines, one opens the door to such illnesses. It is thus as this Awareness has said, imperative to keep oneself healthy. It is seen that these are all ploys that those who have power will be releasing more and more on the masses. It is an individual's responsibility to maintain their health and to help others see how to do this and how to keep one's family healthy.

But in the end, the journey is such that it is all part of the process that is occurring at this time as those Powers

That Be try to create the situation of fear and panic. It need not be this way, and this Awareness simply asks that one and all recognizes this matter for what it really is: a ploy on the part of those who have power to create fear and panic. This does not mean that there is not a serious side to this matter. It is simply that it would be better if all do not respond in the prescribed method that the authorities wish for all to react with.

ARE PIGS INVOLVED?

QUESTION:

Is it actually originating with the swine or the pigs in general, or was this something that was manufactured?

COSMIC AWARENESS:

It is seen that this is negative. It did not originate with the swine. This was manufactured. Indeed, there is a case in Alberta, Canada where a herd of pigs were themselves infected by one of their handlers who himself had been to Mexico and had picked up the virus. He came back to the farm, began to work with the pigs and infected the pigs. They did not infect him, nor is it possible to be infected by eating the meat of the pig that has had the virus. It is not passed on that way. It is a respiratory agent that is passed on in the air that affects the individual.

The pigs are but a cover-up, a masking of this issue. It is as if the authorities knew they needed to pin it on something or someone, and they chose to put the blame on the lowly pig.

Today's Pig is a Product of Genetic Engineering

There is another reason why pigs were chosen. It must be remembered that the modern pig is the result of genetic engineering from thousands of years ago, a combination of wild boar or wild pig with human genes. It is for this reason that the pig is the closest to human beings in their cellular nature, in the flesh, and is one reason why there is such a similarity in how pigs respond to such viral agents and how humans respond. It is partially for this reason that certain religions chose not to eat pork, for it was understood that there had been a manipulation at some level, and the religions themselves, the Jewish and Islamic religions for example, were admonished for eating pig.

It is also another reason why modern research often uses pigs to do their research on for such matters as viral infection. It was seen as fortuitous to use pigs in this matter so that they could be blamed for the origination of the virus for their similarity was such that those who created this virus felt that it would be easily accepted that this new virus came from pigs, when in fact it came from laboratories and then was released on humans without going through the pigs themselves. Nowhere has it been reported for example, other than the case reported in Alberta where a herd of pigs was given the virus from a human being.

The other situation occurred first. The herds of pigs in the Mexico region first became ill and then humans became ill. It is reported that the first case started with an eight year old child in the Mexico region where these pig farms occur, and it spread from him. Logic would define that it should have started from the pigs themselves and should have been recorded that the herds developed the flu, which then passed to their human handlers and then to the greater population. This is not the case. This is not how it is reported. This gives evidence to the fact that this was a viral agent that was released deliberately around the pig farms and then in Mexico City as well.

A TRUE CASE OF DEMONIC POSSESSION

(Those Voices in the Head Are Usually Real)

QUESTION:

This particular question comes from William Locke, of Lockhaven, PA. It concerns possessions, demonic or earthbound negatives. He writes to Avaton: "My name is William Locke. Although my membership name is under Harry Locke, my full name is Harry William Locke. I was always known as William or Bill. I want to relate my story of demonic possession to the Awareness and if possible, have some questions answered. I read the story of Donny S. in issue #622. I would like to say I have been a member of *Cosmic Awareness Communications* on and off, since I was 17. I am now 45 years old. I have written in with questions about possession and other topics since I was 23, but unfortunately, never had them addressed by Awareness.

The Awareness newsletter #542 addressed this in full detail. I'm not sure if Awareness wants to fully relate my story or to stick with answering questions, so I guess I'll do a bit of both. I have had problems with demonic voices and hellish visions since age 20. I never wanted to seek any kind of psychiatric help. After 4 long years of hellish symptoms, endless consultations with psychics, gurus, spiritual organizations and psychotherapists, my bewildered and heart-broken parents begged me to go to a psychiatrist. He was a brutal and low-minded person, who told me what I would do or not do, or be slammed into a mental hospital. I had been to those places twice before, and wasn't about to go back.

I was placed on a regimen of psych-drugs, so powerful I could do very little for 8 years other than sleep 15 hours a day, and get up and hopefully put on my clothes, and of course eat non-stop for six hours, then spend 3 hours vegetating in front of the TV; then to bed, only to get up and start my "day" again. I'm still on psych-drugs till this day. I've improved but not by much. I'm more mobile and I don't sleep quite as much, but my emotions are blunted. I think these drugs used for psych patients quell the lower entities and demons by shutting down higher brain centers, and they do work to dampen the demon voices and visions, but also stop people from being in touch with their own souls, and Cosmic Awareness.

My main question is what causes individuals to be vulnerable to these demonic attacks? I've heard that they can be caused by recreational drug use. Many years ago I was a pothead, and a borderline alcoholic. I've experimented with LSD, cocaine, speed, tranquilizers, or downers, but I've known many more than myself who have downed a lot more drugs than me who seem to show no ill effects. You yourself in the supplement said that you and Vicki T. have used pot and coke before in the Sixties, I presume. Neither of you seems to be possessed as far as this humble observer can see. My question to Awareness is: What causes human beings to open themselves to demonic and lower astral possession? Follow-up question is: Is the information given in the *Revelations of Awareness* issue #542, the definitive answer to why possession occurs? Thank you, wishing you peace, love and light," and it's signed by William Locke.

COSMIC AWARENESS:

This Awareness states that there are several reasons why an individual might be disposed or predisposed to hearing those voices that have been described as demonic in nature. It has spoken in the past of contracts that were made at times in other lifetimes whereby, due

to certain activities and pledges made to certain authorities, there was a locking in on a deep level with those that would be known as Satanic Forces, but that these Satanic Forces were often extraterrestrial beings, Reptilians, who would then track the individual and once again in another lifetime open that doorway of connection that sanctified the contract that was originally made.

A Contract Made in a Previous Lifetime is Not Valid in This Present Lifetime

This Awareness spoke then that a contract made in another lifetime is not applicable in a present lifetime and one can refute it and refuse it, but to do this one must have the deepest understanding and awareness around this matter, and this is not always the case. Indeed, there are no authorities presently that help the individual understand that a contract made in another lifetime does not have validity in a present lifetime. This is so because the authorities do not accept the viability of other lifetimes, the reality that all beings have connections to other lifetimes, what are often called past lifetimes, nor do these same authorities have a true understanding or inkling of the true nature of each and every human being.

They are in denial of a multidimensional nature. They refute and refuse entirely to recognize that each and every human being has a spiritual aspect, a spiritual quality. They confine humans in the most limited of manner to a life that has no possibility of outside intrusion or manipulation. They most certainly do not recognize that all human beings have a psychic sensitivity to those forces and entities that exist parallel to the third dimensional world. There are those beings that are present and do attempt often to communicate to individuals. In the majority of cases the density of the vibration is not strong enough to intrude on the density of the vibration of the individual.

In other words, the individual is often too thick to receive or perceive those other forms of consciousness that may be attempting to communicate with the individual. Then again, there are those who have a natural sensitivity. They intuitively are open and aware of other entities and beings. The unfortunate problem here is that they receive no training, no explanation of what is happening to them, nor are they given the means by which to control that sensitivity, to be determinant as to what is allowed and what is not allowed. Thus the individual who is sensitive may begin to hear voices. Those who are in charge and in authority figure roles deny such voices can occur, deny that such entities or beings can attach themselves to an individual.

For these medical authorities, the problem lies in the individual themselves. They are suffering from schizophrenia, psychosis, excessive/compulsive behavior, or whatever else they might label the individual with. Once the label is applied, the individual is seen as the label. They are schizophrenic. Thus the credence of any voices that are heard is completely nullified and dismissed. It simply is in the mind of the individual. These authorities simply cannot entertain the possibility that perhaps there are entities and beings out there who have as their plan the taking over of the individual for their own nefarious reasons.

Vampiric Type Creatures Who Feed Off of Human Energy

Normally the reason itself is simple enough. These are vampiric type creatures that still do need some form of the life force energies that each human being has, and when they attach themselves to the individual they literally can feed off of the life force of the individual. They have as an agenda the driving crazy of the individ-

ual, extracting them from their normal comprehension of reality, removing them from their social community. Thus it is they are empowered more and more the crazier they make the individual until the individual often commits suicide or in modern times, is locked up as a danger to themselves and others. At this point, the entity is not removed simply because the individual is locked up. They are given greater sway over the individual for now they are completely isolated, other than the contact that they may have in the institute where they have been placed.

In ancient times these entities and beings were recognized and understood. It was the role of the medicine man or woman or the shaman to detach these beings and drive them away, and they were highly successful in doing this. The actual incidence of mental disorder in indigenous peoples around the world was much lower than anything that is known now, where there is a denial of such entities, such beings that exist in those vibrations that are slightly beyond the third dimensional vibrations. It is as if civilization, in acquiring such knowledge and technical expertise, has lost much of its wisdom, its knowing of the truth of reality.

Thus it is that those who hear the demonic voices have experiences of possession, need to be taught and trained as to how to control the voices, as to what these beings are. There are certain psychiatrists who are enlightened beings who literally believe the individual when they say they are hearing voices. They feel that a being is attached to them and they then act on that as if it is so. They create ceremonies whereby the entity or being is detached and removed. This is done directly to those entities and beings. The church itself, especially the Christian church had the form of exorcism to remove such beings and this was the equivalent of the work done by medicine men and women, the shamans.

Again, these procedures in modern times are frowned upon. It is as if it is preferred to let the individual suffer from the attachment without explanation to individuals, without training to them, than to believe them and to do something about these beings. Such is the price that is paid for becoming civilized it would seem. Yet because there is a movement toward recognition of these beings and entities, there is a trend afoot that is allowing those who have such sensitivity to be trained and taught in advance. Once such training is given, any attachments can ultimately be removed if the individual has not ventured too deeply into madness, for there is a point that unfortunately once reached, is very difficult to return from.

A Universal Law Exists to Protect Entities

It is better if the individuals who have such sensitivity and intuitive capacity could be trained from the earliest times to know how to protect themselves and shield themselves and how to deny these beings and entities that attach themselves to the individuals. *The Universal Law* is that no being has the right to attach itself once the individual denies it and demands that it removes itself. Once this demand is made, these beings must retract themselves. It is a Universal and Cosmic Law.

QUESTIONER:

Could you please recite that particular law for the membership please?

COSMIC AWARENESS:

It is not seen so much as one of the *Laws* that have been quoted by this Awareness in the many laws given.

It is simply the order of things. No being has the right to fully intrude on another if the other has voiced its opposition. Often what occurs is that the individual does not understand that they have the right to say "No!" They have the right to deny this being, this intrusion. Because they are often in fear, they allow by a lack of objection the intrusion, and when this occurs, the entity or being takes it as their right because "No" was not given. They feel they have the right to intrude and to attach themselves and drain the individual of their life force.

"Just Say No!" To Prevent Intrusions: The Story of Jack

"Just say No!" would be a way this Awareness would put this. Say no to such intrusion and interference. When this is backed up by authorities that have true understanding and recognition, these beings will simply be dismissed and disengaged.

There is an acquaintance of the Interpreter who experienced such an incident. She was kicked in the head by a horse she was working with. The blow almost killed her. When she revived, she started to hear a voice, the voice of an entity that called itself Jack. She did not panic at this. She was amazed by it, for the entity presented itself very smoothly to her and presented itself as a wise being that could guide her and show her a new way. She was intrigued, so much so that she began to follow the advice that she was hearing from within.

She did not in this case see it as a threat to her, for the guidance that was being given seemed so brilliant to her. After awhile the entity became more and more intrusive, began to demand that she do certain things, make certain phone calls to individuals in the middle of the night, telling them that they must do this or that because her guide Jack had told her that unless they followed the instructions, great harm might come to them. She was convinced in the authenticity of this entity and believed that it was a wise and spiritual being. It was not.

It was one of the cast-off energies that are very prevalent in the lower fourth dimensional realms, those that are the vibrational realms that are just beyond the third dimension. It had been seeking someone to attach to and feed off, and it did find this individual upon the accident that she had. After awhile the friends of this woman began to desert her for she was inappropriate in her actions, inappropriate in what she said to many of her friends and even strangers. This woman however, did have the understanding and the capacity to figure things out.

She understood that this entity was not of the highest order, as it claimed to be, for no guide, no being who is of a high nature, a high vibration, will ever insist and command that inappropriate actions be taken or that the will of the individual is inconsequential and that its demands be obeyed. These are not the actions or the ways of higher enlightened beings, guides or entities that have come to be of assistance to individuals. This particular individual finally understood that Jack was not what it claimed to be, and in a time of anger, she commanded Jack to leave.

She was insistent upon this and firm on this, and the entity in the end did leave. She then closed the door to any other entities coming to her and chose never again to open that door. The shame here is that she truly did open up certain levels of her intuitive being, and her talents became apparent after the accident, but the experience with Jack was so off-putting that she closed that door, and it remains closed to this day. This Awareness of

course would support this, for it would be better that she keep the door locked than to allow entities that she could not control back into her life. However, this Awareness would also suggest that with proper training and awareness and insight, that she could see that she does indeed have a gift and a talent that could be used for the best, that could call to her those higher beings who are genuine and sincere in their wish to be of assistance, and who would not be intrusive and feed upon her or make her do inappropriate actions.

This is the case for many of those who hear demonic voices and have such experiences. If they were given the proper understanding and training in these matters, the protection and the power and the strength to stand strong and to be in their power, then these beings would have great gifts to share with humanity. Because these gifts are not acknowledged or recognized, because those vampiric beings that are in the dark that seek to prey on unsuspecting individuals *do* exist and are not acknowledged, there is indeed that danger described by the entity in his letter.

Seek Spiritual Council, not Medical if You Hear Voices

In times ahead this will become less and less a problem because those realms that lie beyond the physical will be acknowledged and recognized, and the danger of such errant beings who prey off of innocent victims will be recognized and there will be actions taken against such actions happening in the future, but in the meantime, this Awareness asks one and all to be aware that when one starts to hear voices, to seek out council and help, not necessarily of medical authorities only, but those who have a deep and spiritual understanding of what may be occurring, so that assistance can be given.

There is more on this matter, but this Awareness feels that this issue has been addressed sufficiently at this time.

ASK FOR ASSISTANCE FROM THE HIGH AND LOW SELFS

QUESTIONER:

Just a side-question: Is there anything William can do in the meantime that could help him with his plight?

COSMIC AWARENESS:

Indeed. He can call to his own High Self and ask for assistance from the High Self and the low self to help deny those entities and beings that latch on to him, to ask for the Light and to ask for the protection of the Divine at all times: morning, noon and night, and to believe and trust that those higher energies will respond and be of assistance. This is seen as one of the areas that he can work with that will be of assistance to him.

An Alternative to Psychotropic Drugs—They Do Not Heal

Part of the problem of course is the use of psychotropic drugs. The pharmaceutical drugs that are used presently actually do the opposite. They actually create a situation where the higher centers of the mind are dulled down as the entity himself said, and this actually prevents him from using his higher brain capacity to invoke protection, to invoke the assistance of the High Self, of Spirit, of the Divine. It is as if he is crippled at the most basic level by the use of drugs, yet this Awareness cannot at this stage recommend he go off his medications, for this would be irresponsible of this Awareness to do so at this time.

It can only suggest that in addition to these medications, that he and others like him start to call to their High Selves, start to pray to the Divine, to God, to the

Creator, to that which is of the Highest, to help vanquish these beings, these entities that have connected themselves. If he has the Higher Capacity to understand, it is also recommended that he seek someone who has this understanding and awareness, who can help him exorcise, in a manner of speaking, those beings, those entities, those forces that have attached themselves to him. Those individuals are available, but it is difficult sometimes to find such individuals in a small town or in rural areas. He might have to seek such individuals out and travel to them, in the end.

Does this help explain what this individual can do?

FINDING HELP ON THE INTERNET?

QUESTIONER:

(Yes it does, thank you.) Would the Internet be a reliable place to see what is available, or is that too dangerous in this case?

COSMIC AWARENESS:

The Internet poses both danger as well as hope. It is difficult to comment on this adequately for it is seen there are many charlatans out there who would feed off of this individual for financial support. This does not mean that there are not authentic individuals who are also on the Internet. It is most difficult to suggest one who is authentic and one who is a charlatan, simply in a broad answer that this Awareness could give at this time.

In a manner of speaking, all that this Awareness can say is that the Internet can be used, but with due caution and vigilance, and to understand that if an individual is seeking to use another individual or to benefit from one, that one has a sensitivity to this, and go by their gut feeling as to whether this individual feels right, or if there is something amiss, if something is wrong.

CROSSING THE RAINBOW BRIDGE

(How Animals Help Us Die)

QUESTION:

We have one question, two actually, concerning the same topic. One is from Vikki, and the other is from Joyce Kurzawski in Pittsburg, PA. Vikki writes, "Last November, in Reno, Nevada, Barb Ortali's husband Pete, passed over after four years of declining health. She saw that he was afraid to pass over, and he was finally able to let go when his beloved pet cat Ming, who had passed over previously, came over to accompany him. Barb's psychic friend saw Ming there and Barb told Pete "Ming is here to walk you over the Rainbow Bridge." With that knowledge, he passed over a few hours later.

We ran across a poem about the Rainbow Bridge, which is included and would like Awareness to comment on this Rainbow Bridge and how animals help us pass over.

The other question on this subject is from Joyce, and she writes, "Hello, My question concerns when our beloved pets transition into spirit. I read in a past issue of CAC (approximately 6 months ago perhaps) that there would be comments by Awareness regarding the Rainbow Bridge. I've been looking forward to hearing what Awareness has to say about this subject. Can Awareness tell me about two of past cat companions, Timmy and Linus, who are in spirit? Thank you very much." Your comments please?

COSMIC AWARENESS:

This Awareness will start with the first letter by the entity Vikki T. In the case of Ming the cat and the entity

Pete, although it was indeed Ming and the consciousness of the beloved pet that did appear to Pete, it was not simply about the pet at all. The pet was available to be used as a guide for an individual who was ready to cross over, and for many individuals, seeing a beloved pet will help them release and let go of their fears and their reserves about crossing over, for they see in the pet that which can be trusted, that which is known, and for some, a beloved pet, be it a cat, a dog or a turtle, is that which is needed by the individual at that time as an indicator that it is okay to let go and release.

Many Types of Guides are Available for the Passing Over

Others may see a beloved member of a family, a mother, a father, a sister or brother. Often grandmothers and grandfathers are seen by those who are ready to cross over and they too trust that image of the loved one and release their hold on physical life. Another guide may be an angelic being that comes for the individual and the individual has great trust of this being and knows it is there to guide him or her over that which this Awareness has called the Rainbow Bridge. In the case of Pete, it was his beloved pet Ming that served as the guide to help him cross over, and it is valid. It was indeed the case that Ming did appear to him, and did assist him in the crossing of that which is the Rainbow Bridge.

What the Rainbow Bridge Actually Is

The Rainbow Bridge itself is symbolic in nature. It is that which will connect and does connect that which is the third dimensional realm with the fourth and fifth dimensional realms. It is a conduit in fact that individuals cross over or through as they ascend to a higher plane of consciousness; Ascension being that act of releasing from one realm and moving beyond it, moving higher in consciousness. The Rainbow Bridge is often described also as a tunnel of light that individuals may enter and move along as they too ascend to a higher level of consciousness.

The rainbow symbology is that the rainbow is symbolic of a treaty of trust that exists between the Divine Creator, All That Is, and those spiritual beings who chose to have a physical experience, a physical incarnation. As a symbol of hope, the Rainbow Bridge represents the hope that is always available to the soul as it seeks to return back to its spiritual nature. It is the symbol of promise that one will be returned back to that higher state of consciousness, freed of the physical pain and anguish that many go through at the time of death.

As a symbol of hope and promise, the rainbow bridge is seen in the highest terms possible as a way of crossing from that which is a state of limitation and restriction to a state of freedom and expansion, a state of unconditional love and bliss. This is the symbology behind that which is known as the Rainbow Bridge, and it represents at this time of the Ascension process a strong symbol of hope and promise that the Ascension process does not only need to occur at the time of death, but is also the promise that is held now as many souls are preparing themselves by increasing their consciousness to ascend to the higher realms of consciousness without necessarily needing to go through the death experience.

It is for this reason that the Rainbow Bridge is a potent symbol of the Ascension process. The Interpreter, many years ago adopted the name "Rainbow Bridges" for his business and uses it still today, for he has always been attracted to the promise that the Rainbow Bridge holds at this time for all individuals. This Awareness asks for the second part of the second question.

WHEN CATS GO OVER INTO SPIRIT

(How are Timmy and Linus Doing These Days?)

QUESTION:

Joyce Kurzawski asks, "Can Awareness tell me about two of my past cat companions, Timmy and Linus, who are in spirit? Thank you very much."

COSMIC AWARENESS:

This Awareness wishes to state that the two cat beings have indeed been with the entity herself many times before and they still visit her and still play in her apartment space, and she is often aware of their presence, for she has a very strong bond to them. If she chooses to open up her psychic eye, her psychic vision, she will become even more aware of their presence, more than fleeting glimpses of something in the corner of her eye, but mostly this Awareness wishes to say that they do still surround her and visit her and she is correct in her assumption that they have been in her life before, and that they do await her when it is her time to cross the Rainbow Bridge, when it is her time to move into those higher realms of consciousness, when it is her time to Ascend.

QUESTIONER:

(Thank you) There is also the poem of the Rainbow Bridge that Vikki sent.

COSMIC AWARENESS:

This Awareness asks that it be read at this time.

QUESTIONER:

THE RAINBOW BRIDGE

Just this side of heaven is a place called the Rainbow Bridge.

When an animal dies after having been especially close to someone here on earth, that pet goes to the Rainbow Bridge.

There are meadows and hills where all the animals run and play together. There is plenty of food, water and sunshine. Our friends are warm and comfortable.

Those who have been ill and old are restored to health and vigor. Those who were hurt or maimed are made whole and strong again, just as we remember them in our dreams of days gone by.

The animals are happy, except for one thing: they each miss someone very special, someone left behind.

The day comes when one of the animals stops and looks into the distance. He runs from the group, flying over the green grass, his legs carrying him faster and faster. You have been spotted!

When you and your animal friend finally meet, you cling together in joyous reunion. Happy kisses rain upon your face. Your hands caress the beloved head, and you look once more into the trusting eyes of your pet, so long gone from your life, but never absent from your heart.

Then you cross the Rainbow Bridge together...

IT'S TIME TO SHARE YOUR SPIRITUAL KNOWLEDGE WITH OTHERS

(Don't be Afraid to Speak the Truth)

CLOSING MESSAGE

Today's session has had much to do with that which is not necessarily of a pure physical nature. It has had to do with beliefs of a nature that could cause illness. It has had to do with entities and beings that could attach

themselves creating both physical and mental problems. These are all areas of the expanded consciousness that need to be woken up to. Many of the members of that which is the organization *Cosmic Awareness Communications*, have a strong sense of these matters. What now needs to happen, not simply within the organization itself, is that more and more individuals the world over become more consciously aware of expanded states of consciousness.

This is indeed happening and this is part of the Ascension process. Individuals who have been fearful in the past of talking of such matters because they will not be received well by those who are in denial, lose their fear over talking of these matters, for these matters really are part of the truth of the expanded universe, expanded consciousness. To live in fear of mentioning such things as entities and beings who are present in a higher vibration does not mean that the individual is being of service when they avoid talking of these matters.

This Awareness is aware that what *It* is asking is for many considered as dangerous because the fear is that others will judge and condemn them for their thoughts and opinions. This Awareness is not asking individuals to speak of these matters to those who are openly confrontational of them and of such views. *It* is simply saying that when opportunities arise to speak of such matters, that individuals lose their fear about saying things that they are afraid will be judged harshly; that they become more attuned to those who they might be able to talk to as opposed to simply speaking things to anybody who is there.

We are Each a Strand in the Thread of Knowledge

The point of the matter is that these times require a sharing of knowledge and wisdom. There is a line of thought that indicates the braiding of each individual hair of knowledge will create a thick braid of knowledge that is resilient and strong. Each individual is a strand in the braid. Each individual has the right to express their thoughts and beliefs when they feel it is safe to do so. Should they receive rejection for their thoughts and beliefs, that it is not to be taken personally. When there are those individuals who will not hear or accept, it is simply accepted that they are not ready.

A Good Reason Not to Avoid Speaking the Truth

Thus to be fearful of speaking one's truth and not speaking at all avoids the opportunity that maybe one will find someone who is ready, who is responsive, for more and more individuals are opening to such matters on a daily basis. This could indeed be part of the miracles of one's life as they find more and more individuals who are open and responsive to such thoughts and concepts. It is the responsibility for those who are moving themselves forward to trust and believe that they will draw to themselves those who are open, those who are available to hear that which is said.

The creating of communities of like-minded individuals is imperative to the creation of a new consciousness, a new awareness on this planet at this time. It is indeed all part of the Ascension process, and this Awareness invites one and all to step into the responsibility of sharing new beliefs and new concepts with those who are open to hear and to trust that Spirit will guide those individuals to them, for these are new times and there are those who are *more than ready* to hear the message of this Awareness and those who would share the message of this Awareness to the many who are seeking the truth.

(Law of Gratitude)

Excerpt from a CAC General Reading in 1993, Paul Shockley
Interpreter

HOW CAN PARENTS RESPOND TO THE YOUNGER GENERATION?

(Awareness Explains How the Gap Occurred)

QUESTION:

A question from Tom Krueger, Santa Clara, California. I'll read his statement: "There has always been what has been termed a "generation gap" between the upcoming generation and the previous generation. The younger generation has things to express which are uniquely theirs. Until recent years it has been generally harmonious in that with young people trying to develop their own understanding, they do not forsake their parents and the older generations.

"However, it appears that things have changed. Many young people have no respect or sense of attachment to parents or grandparents in these times. It is as if they are following a kind of anarchy which is unique to them. My question is: What is causing this? Is it astrological, that it is unique to this generation to do this? Have the parents of this generation caused this to happen, and how can parents and the older generations respond to the younger generation that there may be more understanding and dialogue?"

COSMIC AWARENESS:

This Awareness indicates that in the past generations, young people had role models in their parents or in society's heroes and leaders. In this present generation, the young people often find little time or little relationship with their parents; the parents being too wrapped up in trying to earn a living or gaining enough money to support the family.

In this present time it takes two entities to run a family, to support a family. In earlier times, one working entity could support a family. The mother generally stayed home and the father worked. Today, the mother and father both work, and neither parent has much time for the children, so the children turn their attention to television or to their peers, other children, and they find many of their values through these children or television heroes.

Many of these television heroes are basically shallow, meaningless, and detached and cold in relation to the viewer, and in many cases they are cold in relation to other persons in the script. Therefore, the child begins to develop relationships that have very little intimacy or warm contact. The child does not have close contact with the mother or father.

The television characters which may be warm in some cases toward their other television friend, will give them a vicarious recognition of what a warm relationship could be like, but much of the reality of a child's life is

based on cool and detached relationships, particularly relationships in which the child promotes himself in order to be accepted and approved by others.

And the child learns what appears to be the way to get approval, by watching others, by watching those on television, and by watching his or her peers. If the child watches those on television, he may see the hero of the story beating someone up, or killing several villainous types, so that the child develops a sense of combativeness toward those that he does not particularly care for, and the child in developing these ways of getting through life, may develop a personality that brings some kind of praise from his peers as one who is courageous or gutsy or exciting or adventurous, so that he is encouraged toward more violence, or the child may draw attention in such a way that is hostile and condemning so that he is rejected, criticized and seen as out of favor by the peers, and in either case, the entity gets the wrong message or gets a message that does not help him to develop healthy relationships.

Depending on what kind of messages the entity gets out of all of this, will determine whether the entity becomes more antisocial or becomes a leader of antisocial people, or somehow manages to develop some worthwhile social values from all of this, but the entity is not likely to be truly clear in his relationships unless he has some kind of special guardians or role models in his life to pattern his behavior after.

This Awareness indicates that when entities can take the time to be with younger people, with children, and to give them through example, healthy values; these younger generation people will develop within themselves naturally, those higher and more meaningful social values.

It is easier and it is desirable to children to develop good healthy social values, than to develop those antisocial behavioral patterns which comes about through neglect or abuse in terms of value abusiveness, wherein entities put false and abusive values on young people.

This Awareness indicates there are more ways to abuse young people than physical or sexual abuse. There is also mental abuse and social abuse. There of course can also be spiritual abuse, and these can all have negative effects on young people.

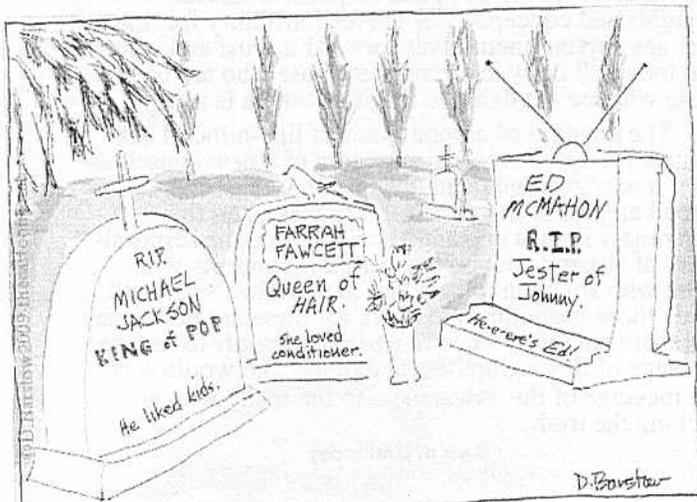
U.S. IMMIGRATION POLICY: DO WE HAVE A SAY ABOUT ILLEGAL IMMIGRANTS?

QUESTION:

Another question from Tom Krueger. "The United States has for many years been considered to be the "promised land" for many who would immigrate or arrive illegally in this country. Political asylum is the current catch-word. The government has in the past promoted many from South-East Asia to immigrate here, perhaps as a "result" of the Vietnam war.

"With the conditions of contention arising between many foreigners and many foreign Americans, it seems that immigration and human alien acceptance policies have created a great contention in this country. I would appreciate Awareness's discussion of the United States' acceptance policy of 'foreigners' and whether it is constructive or destructive to the integrity of this country.

"Is it merely confronting our biases against "foreigners" or is there something which is perhaps calculated to create dissension for overt or covert purposes and that all these entities are allowed to reside here? Is it appropriate for us, the born residents of this country to have a say in the immigration policy of our country?"



COSMIC AWARENESS:

This Awareness indicates that there is always in this country as is created and defined by the Constitutional Law, the opportunity for entities to lobby through the ballot, or through their Senators, or Representatives, any issue of concern, in which enough people together can bring about their voice to raise a question for Senate and House to evaluate, or for the press to make an issue of.

Therefore, entities ever and always, as long as this country is governed by Constitutional Law are capable of changing a situation that is seen as uneffectable. This Awareness indicates that thus, in response to your question, whether people have a right, a voice in the immigration of foreigners; indeed, you have the opportunity to voice your opinion in many different ways, either through the press or through lobbying your Congress, or your House of Representatives and you also have the right to organize to get more voices.

The Question of A Conspiracy Going On

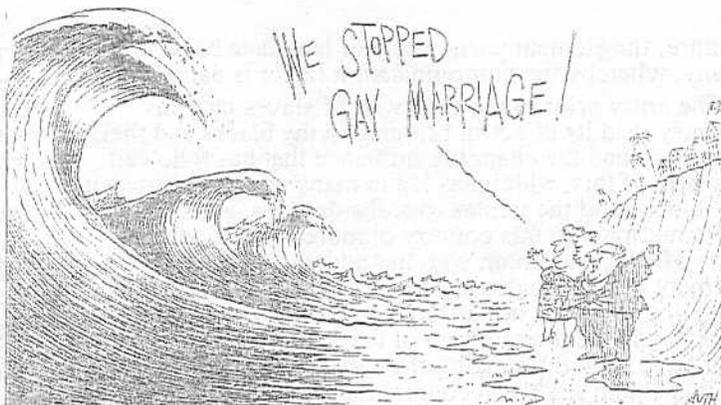
This Awareness indicates that in regard to the high number of foreigners entering this country and the question of whether there is a conspiracy, this has been discussed at different times, dating back even to the Carter administration, wherein there is the opportunity for entities to be put on the spot by this potential problem, to be used as an excuse to require citizens of this country to have a national security number or card, whereby they can and must carry such identifying card for purposes of identification, so that if someone is picked up and has no such card, they are perceived to be foreigners and can be ejected from the country.

This Awareness indicates that Arizona and California have just recently introduced their version of an identity card as an excuse for keeping illegal aliens out of the country and a way of keeping illegal aliens out of the country, so that not only the Latin and Hispanic people living in the states will need the card to assure that they are not illegal aliens, but all other people in the states also will be required to carry some identifying card to show that they have citizenship.

This Awareness indicates that the entity's question leads to the concern that the illegal alien issue may be part of a conspiracy to help bring about a national identity card for all people in this country and this Awareness indicates that this is a legitimate concern. This Awareness indicates the entity also expresses concern that so many illegal alien are allowed in the country or that so many foreigners are allowed legally to enter the country and that it takes jobs from citizens who have been here before these illegal aliens arrived, and he sees this as unfair, or not beneficial to the people who were here first.

This Awareness indicates that these are concerns that many entities share with him. This Awareness indicates if, however, you were on the other side, in a country that is very repressive toward its people and you sought asylum in the United States, you would be most happy that they allow you safe entry. This Awareness indicates it simply is a matter of where you fit in the situation as to whether you like it or don't like it.

This Awareness indicates that all entities want their personal lives improved. Most entities want their personal lives improved even at the expense of others. And if by keeping aliens out of the country, they perceive this as a way of improving their own personal lives, then they would like to see aliens excluded and kept out of this country, or if they see themselves as seeking to get into the country in order to improve their lives, they will want the laws and circumstances to allow them entry.



CALIFORNIA DREAMIN'

It is a matter of personal preference in accordance with the laws that are already enacted, and what entities can actually get by with. This Awareness cannot blame those who would like to enter the country, nor can it condemn entities who would like to keep them out. It is simply a matter of growth, understanding, recognition of a situation, and a need for some kind of justice in determining how to proceed in the least offensive way toward entities involved.

It is not likely that either side of the issue will be satisfied with the general outcome of this situation. Regardless of how few are allowed in, many entities will feel there are still too many, and many will feel there are still too few being allowed into this country.

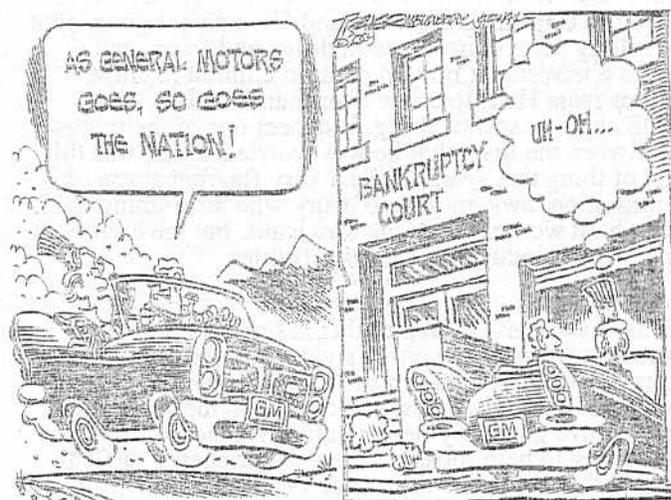
Increased Immigration a Conspiracy?**FOLLOW-UP QUESTION (VIKKI):**

As I read his question, one of the concerns that he seemed to be expressing as to why the increased immigration could be part of a conspiracy, seemed to relate to the fabric of the way the American way of life is seen to be disruptive by and falling apart, because there's so many things being put into the mix, and he considered that was a possible type conspiracy aspect.

COSMIC AWARENESS:

This Awareness indicates that this is a way of altering a culture of a country. The country as already having gone through an alteration of its culture in the Sixties movement, whereby the use of drugs introduced into the younger generation creating the Hippie movement, which in turn broke down many of the traditional values in this country, led to an alteration of values in the nation.

The introduction of more and more Mexican Latin types into the country without the requirement that they speak English introduces another element into the



culture, the element particularly of language barriers for many, whereby the communication factor is damaged.

The entry prior to the civil war, of slaves into this country, had its effect in bringing in the blacks and their influence and the changing influence that has followed because of this, which has led to many conflicts between the blacks and the whites over the decades, and the introduction into this country of more Asians, particularly after the Vietnam war, has added still another element of foreign quality to the cultural mix, and thus, coupling that with the influence of drugs on the young people and the drug culture of the Sixties and its values that have been influencing the traditional value system of this country, gives a country that is totally different from that of the Fifties.

When Cultures Mix Both Good and Bad Things Occur

It creates a country that has many different elements, all of which are fragmented, many of which are trying to work out relationships or communication between multicultural differences. This Awareness indicates that this in itself is neither bad nor good. It is potentially a problem and potentially a blessing for when cultures mingle and entities listen and learn from one another, new ideas come from these multicultural interchanges, new ways of doing things, new inventions, new approaches and new wisdom comes from multicultural relationships, but there is always the opportunity to feel hostility toward those who are different, rather than feel curious and seek to know more about the unusual person or group or culture.

Those who seek to exclude the various cultural differences generally lead to cultural clashes and potential violations toward one group or another, and those who seek to understand more about the opposing culture may discover new insight, new ideas, new ways and methods of dealing with circumstances, with problems, with social issues.

It is simply a question of whether entities can adapt to change or whether they will seek to hold on to the old traditional ways and clash with that new element in one's society.

Asian Gangs Are Killing People Here (Misuse of Law By Politicians Are Letting Them In)

FOLLOW-UP QUESTION:

I think also what this questioner found disturbing was what seems to be the growing misuse by the politicians of the immigration laws; for example, Reagan let Cuban criminals, thousands of them, into the United States, because they said they were political prisoners, and these people came over here and got involved in drugs and murder and all that, and now you see Asian gangs in practically every town.

There's Chinese gangs now and Vietnamese gangs that are killing people, involved in drugs and so on, and there's a movement now to petition Clinton to allow entities from Haiti to come over that have HIV and AIDS and that sort of thing. I suspect one of the things in between the lines that he was worried about, was this type of thing that seems to be a very flagrant abuse of immigration laws, in that so many who are coming in aren't hard workers, like the Mexicans, but are entities who want to indulge in illegal activities.

COSMIC AWARENESS:

This Awareness indicates this is seen as probably correct in terms of the entity's view and the entity expresses concerns that most Americans would share in common. This Awareness indicates that the American people have generally been relatively generous in attempting to help those who are experiencing difficulties in other countries or in need of asylum or help.

There is, however, the frustration that many see when their land becomes over-burdened with entities who simply seek to use it for purposes that are not compatible with the higher values that many in society hold, whereby the use of this land for criminal purposes or for avoiding work through eating on the welfare system; these things are a frustration to many entities.

A Sinister Plan to Use These Entities Later to Disarm America?

This Awareness indicates that it is unclear that there is a need for such coddling of immigrants of this type. It appears that there should be rules to be more selective. It appears also that the allowance of such criminal types to enter this country may be part of some sinister plan to use these entities at some future date, to help arm these entities and direct these entities into society to create a greater excuse for disarming the American people, because of the excessive violence these entities might propagate. It appears the majority of people entering the United States are sincerely seeking a better life and do not intend to bring harm on this country and many of these entities are quite willing to settle into a legitimate job, work ethic and opportunity, and become good citizens of this country.

This Awareness indicates the frustration that entities perceive and feel in regard to the negative immigrants, those who would harm others in society is justified. This goes without saying. No one wants to bring in people who want to harm others in this country.

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the interpreters necessarily agree with the statements of Cosmic Awareness. The interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

--HOW TO GET THIS NEWSLETTER BY MAIL-- EVERY 4 WEEKS ! (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year or \$12 quarterly
 FAMILY: \$52 per year or \$20 quarterly
 CONTRIBUTING: \$77 per year or \$25 quarterly
 SPONSORING: \$144 per year or \$40 per quarter
 BENEFACTOR: \$500 per year or \$150 per quarter
 PATRON: \$1000 per year or \$250 per quarter
 ANGEL: \$5000 per year or \$1500 per quarter
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY