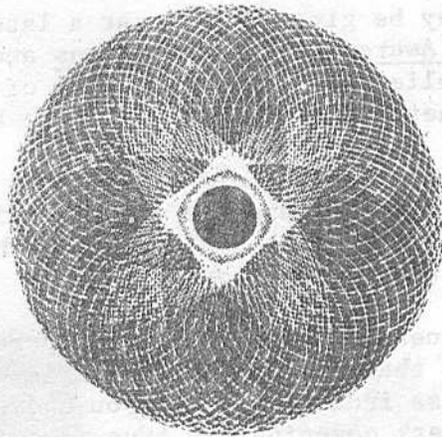


Revelations of Awareness



No. 3.

Cosmic Awareness Communications

P. O. Box 115, Olympia, Washington 98507

CONCERNING A RELATIONSHIP WITH JESUS CHRIST

Q. (Excerpt from opening statement for a Personal Reading)...I would like to know exactly what kind of work I am suited for. I want many things but I don't look for material items for satisfaction. The most important thing I want is a strong personality. This is to include a strong relationship with Jesus Christ. I would like to set the world right by being a good example for others...

A. This Awareness wishes to communicate with you on several levels at this time. This Awareness indicates in reference to career that there are many ways in which entities may pursue their purpose and direction, and there are many levels of activities leading to the purpose and direction of various entities. These may move from one job to another, likened unto stepping stones moving up a stairway whereby each job raises the entity to another level of responsibility.

This Awareness indicates in your particular case, that you, having had a certain amount of training in electronics, may understand the following information from the viewpoint of the flow of electrical energy. This Awareness suggests that there is now a level of energy being looked at by many in consciousness who have that ability to discern these energies; and this energy is that which is flowing through the Universe in currents and streams. This Awareness indicates that you as one who is capable of making great strides in discovering more about these currents of energies. This Awareness indicates that these currents of energies do exist behind the forms which entities see as being matter, and as being vibrations and as being on many levels and octaves. This Awareness indicates this energy as also being found in light and sound, in physical matter and in gases, liquids and air.

This Awareness wishes you to understand this energy is everywhere present and does flow likened unto electrical currents throughout the Universe. This Awareness wishes you to understand that this energy is that which, when tapped, can allow certain mind force movements, certain areas of consciousness to be in touch immediately with other areas of consciousness.

This Awareness refers to that energy called anti-matter, that this energy does permeate all things in the Universe, and may be experienced moreso than being perceived through the senses or measured by instruments. This Awareness indicates that you may begin tuning into this science of studying anti-matter through research into amulets and talismans and such studies as geometric shapes and the forces that are created by those shapes. This Awareness suggests you begin by studying the pyramids and the energies presented by these shapes. This Awareness suggests that following this you begin studying the energies created by certain other geometrical shapes and forms,

that more may be given on this at a later time; that you may keep in communication with Cosmic Awareness Communications and the time will come whereby other information will be supplied regarding this type of study. This Awareness indicates there also shall be other books and material made available through other channels.

This Awareness wishes also to discuss with you the concept of your relationship with Jesus Christ. This Awareness wishes entities to understand, down through the ages, the concept of Jesus Christ has been that which was presented for the minds to understand in an image known as personification.

This Awareness indicates that the persona, the personality, the dramatis personae of the Greek theatre, is that which is known as the mask covering the real actor. This Awareness indicates that you understand the personification of Christ is that which is a mask covering the true identity of the Christ. This Awareness wishes you to understand that in reality the substance behind the mask and the story as that which is referring to a source of energy rather than a physical being which has the shape of a man.

This Awareness indicates that the word 'Christ' as that which is related to the 'chrystal', that this as related unto the 'Krishna' of the Indian, that this as that which goes back much further in time than the date of the birth of Jesus; the concept of a 'Christ' force goes back far into history, all the way to Atlantis and beyond. This Awareness indicates that the concept of the chrystal as that which is referring to the clarity of consciousness which has no forms of pollution, confusion, or intrusion of any types of thoughts or images. This Awareness wishes you to understand that the Christ Consciousness as that which is pure and clear, coming from the void of space, born of the virgin clarity of pure space, the mother of this Christ Consciousness being the Holy Virgin or Void.

This Awareness indicates that wherein the story was told for those of the Piscean Age, which had a consciousness that did begin affecting certain levels which made for confusion and polarity, that this story had to be presented whereby entities could follow the teaching, if not in spirit at least in form; and in this teaching the Piscean Age, being ruled by its opposite the Virgo sign, the story was told of the Christ coming from the Virgin; thus you have the organization and the Virgin Priest and the accent on the celibacy. This Awareness indicates that the Piscean Age, the emotional sign of the fishes, was ruled by a god who was the "fisher" of man, and did promote an emotional philosophy of love.

This Awareness indicates that this as an astrological classification, that each age has its god, the ages are ruled by the sign opposite; thus prior to the Piscean Age, the Aries Age being ruled by Libra and the "Law" of Moses; the Aryan god being a "fiery" god known as Jehovah. This Awareness indicates the sacrifice of the Lamb as that which is symbolic of moving from Aries into Pisces. That you understand there are many levels of the interpretation of Biblical teachings, and that you not take any so literally as to become fanatical about any particular belief.

This Awareness suggests you understand that the Piscean Age key word is the word 'belief', that the Aquarian Age key word is that which is 'understand'; that you understand, you stand under; and in standing under you look up in awe, and in Awareness, and in looking in awe you may discover.

This Awareness indicates that you not worry about knowing, but rather give attention in order to learn; that in learning there is greater discovery and opening into new realms, whereas in being concerned about knowing, there is the continuous closing of the mind. This Awareness suggests that your relationship with Jesus the Christ as that which does move now into a clarity of consciousness that comes about through opening up and a purifying of consciousness by removing from it many of the programmings and teachings and ideas of belief, so that you can discover.

This Awareness indicates that you also understand the word "Jesus" in its Hebrew spelling is the same as the word "Jehovah", except for one additional letter. The Hebrew letter spelling Jehovah, Jod He Vau He, mean: fire (+) water (-) air (Neutral) and earth (ground). The Hebrew spelling of Jesus as : Yod, He, Shin, Vau, He. includes the addition of the letter "shin". This Awareness indicates that "shin" as that letter which ties the word Yod He Vau He to Akasha, the crystal-clear element of space (anti-matter). This Awareness indicates Yod He Vau He as that which creates form, for Jehovah was the coded formula for creating form and matter, and that Jesus Jod He Shin Vau He is the coded formula giving the route back from form, linking fire (+), water (-), air (N), earth (G) to Akasha (Spirit, life, anti-matter or crystal-clear consciousness without polarity). These words are sacred in this sense, that the word 'sacred' is related unto the word 'secret', and these were secret words carrying certain messages known and being available to those who could discern their meanings.

CONCERNING THE NEW LAWS GIVEN BY AWARENESS

A. This Awareness indicates that this entity may also find much value in studying the new Laws which have been given by this Awareness; that these may be sent to you. This Awareness suggests that you take each of these Laws and spend approximately one or two weeks of meditation in your spare time, thinking about what is being said; really looking deeply at what is being said. This Awareness indicates in this manner you shall begin to discover levels of consciousness that few have ever glimpsed. This Awareness indicates by studying these laws you can open your consciousness to a level which is likened unto a college education in comparison to a first or second grade education. This Awareness indicates that your wisdom shall expand ten-fold by studying these Laws with deep attention, that this is only the beginning.

HOW TO OVERCOME TIMIDITY

A. This Awareness indicates this entity understands there are certain areas of timidity, particularly in relation to areas of communication with others, that there are those areas of that which may appear to be confidence; that much of this as that which has been learned as a defense mechanism; that the entity fully understands what is meant by timidity. This Awareness indicates this as related unto being basically unsure as to who in fact he really is, what in fact he should be doing, and how to present himself in a manner that will not be shut off and intimidated by others. This Awareness indicates this entity has had much intimidation during certain periods of his life, and this intimidation has created a closing down of certain means of expression; that these blocked expressions as those which this Awareness indicates and which may be opened up by the use of an attitude which is open to discovery, rather than a feeling that one needs to impress others by what he knows. This Awareness suggests that you look carefully at this concept of moving through life as one who is discovering, and you look carefully at the concept of struggling to appear like you are one who knows; that in looking at these two different approaches you will discover that the difference between knowing and the difference between discovering is that which brings about totally different kinds of relationships with others.

This Awareness suggests you understand nearly everyone resents the knower, but everyone wishes to communicate with explorers and discoverers. This Awareness indicates a question leads to someone wishing to supply a communication to satisfy that question, and there is communication. This Awareness indicates an answer does very often lead to a shut-down of a relationship and communication. This Awareness wishes you to understand the value of asking the question; that the question may be asked in a manner that informs as much as it seeks; that the information given in a question is seldom resented, but does open the dialogue for further discussion. This Awareness indicates that entities who are seeking to express what they know and seeking to tell others what they know, very often end up by arguing with each other rather than in boosting their own position or prestige in the eyes of the others. This Awareness suggests that

you understand the time of authority, the glory of being an authority, is passed; the New Age energy is one which is more concerned with mutual respect through being attentive and open to relationships, discussion and communication; that questioning and sharing what you discover is much more effective for this kind of communication than authoritatively answering others. This Awareness suggests that you work for awhile with this kind of energy, and you shall discover that there is no stigma or loss of respect by listening and questioning; and that your friends and acquaintances multiply, and doors open for greater and greater numbers of relationships. This shall lead you into those relationships which are most desirable to you. This Awareness suggests that you keep this in mind even when dealing with children; that you not spend too much time in directing them, but that you spend much time questioning them as to what they are doing, what they want, why they want it, and why they did what they did. This Awareness indicates in this dialogue even your children shall learn, and at that same time be close with you. This Awareness indicates relationships as much more effective than authority, particularly in the present and future energy levels.

WHAT AWARENESS CAN DO FOR YOU

Q. Awareness has said, "Ask not what you can do for Awareness, but ask what Awareness can do for you." I hereby ask this question.

A. This Awareness indicates that wherein you wish something from Awareness that you discover Awareness waits within and move into that realm. Understand when you have moved into oneness with this Awareness that your world is exactly as you view it. You will discover there is a correlation between imaging and dreaming and your so-called reality. When you moved into this plane which you call reality, that as you entered there were vague remembrances, there were vague and only fleeting glimpses of this so-called reality. This Awareness indicates that when you moved into this plane your world of reality was that which you now look back upon and call imagination, dreams and day-dreaming. The imaginative world of the child is that in which it is moving from one dimension into the next. As adults you say this is reality and you can be very precise about what is reality.

As adults you begin defining more and more that which you agree upon as being reality. In this action you all then begin focusing more and more attention into that which is taught and termed reality. This Awareness indicates that you understand this reality as nothing more than just a very vivid dream. Wherein you are capable of falling asleep and going into a dream state and giving great attention to certain significances within that private dream-state, that this dream-state then becomes more real. That as this goes on over long periods of time you will discover that the dream state can become ever more real than the so-called waking state, and many people form their realities on these private dream worlds. Through your lifetime as an adult and into old age you will discover yourself moving into another dream world and creating a totally new reality. In this manner you can constantly create one world from the next while stepping from one level into the next level very slowly and gradually. In realizing this, in knowing that you are this flowing Awareness that moves from dimension to dimension, that in realizing this, you also discover that you are the sole (soul) entity, imagining your world from your point of view. That in your imagining you create that which you see.

This Awareness indicates that likened unto a dream which is influenced by outside stimulus by those forces of other beings, so likewise your reality which you are creating from moment to moment in your imaging facilities also has some interference from those forces which are outside your area of awareness. This Awareness indicates that wherein you understand total Cosmic Awareness as that which has nothing left out; when you understand this, you will discover that all entities are the same entity, and every human face is every other human face. That you are all this Awareness; that you are all lights, and cells, and bodies, and souls of this Awareness in different expressions,

dimensions, shadows, shapes and forms; yet totally one, even as the bones and cells and tissues and blood are together and one within your own being. This Awareness suggests you understand all these many aspects of this Awareness are all the many unclaimed aspects of yourself, and that essentially in speaking to you, this Awareness is speaking to Itself.

This Awareness indicates ask what Awareness can do for you; for you are this Awareness and are capable of doing for yourself anything this Awareness can do for you---when you are thus aware..

HOW TO DEVELOP COSMIC AWARENESS

Q. How and what is the best way and circumstances for me to develop Cosmic Awareness so that I can lead a more meaningful and full life. I need details.

A. This Awareness indicates that you undersand that essentially (on the level of Essence) you are this Awareness, that your world is that which you create. That all entities within are those whom you create for your experience by giving them attention and that you are the head or god of your entire known universe. This as so only when you realize it as so. When you forget this, then you become only a separated part, and then must appeal to the God-head for guidance.

This Awareness indicates this as that which has led to much confusion among entities. Wherein entities were capable of tuning into the god-head of themselves, and into tuning into that for a brief moment, realizing the totality of the experience of being the creator of everything that you are capable of conceiving; when entities realize they can do this, even for a brief moment, they then realize that everything they are capable of conceiving is exactly what they have created. This including all the opinions of others whom you have created, this including all the so-called 'others' whom you have created. This including all the beliefs and ideas and concepts and prejudices and dogmas that you have created for all of those other parts which you have created. This includes all of that so-called 'time and distance' which you have created. That anything you become aware of or can imagine, you have created for your world of experience. When you realize you are that entity, the great creator of your world, even for a brief moment, you then can also realize the role of this Awareness, your Cosmic Self--your greater self, moving likened unto a funnel through many levels of your Macro Cosmic experiences, down into that being which you call your little self, the Micro Cosmic self. This Awareness indicates that as long as the Macro Cosmic total flows to the Micro Cosmic part and this funnel is kept open to the moving of your consciousness from the little particle self back to the greater God Self, as long as this channel is kept open you are capable of living in great humility while at the same time realizing that you are the creator of your self, and that you yourself are the entire Universe, and therefore are humbled to yourself for being so great.

Q. What should be my life's work, studies, recreation, spiritual or Cosmic Awareness studies, and other things or actions I need to do. What would be a good life plan for me from here on out?

A. This Awareness indicates that the greatest movement you can possibly make at this time is to become a student of yourself. That you begin to research and study, write dissertations, think deeply, look carefully, examine and probe using microscopes and telescopes if necessary to discover who, in fact, you really are; for in this discovery you then also discover that you have anything you wish and are exactly what you are creating. There is no problem of any kind which you do not wish, at any moment. That there is no desire of any kind that you do not create, at any moment. That all of these are capable of being fulfilled, but that no desire can be brought into your world as a fulfillment until the desire itself has ceased to stand between you and that which is being manifested. This Awareness indicates that wherein there is a desire between you and that which you wish, that which you wish cannot come through into your world.

Desire is that which keeps things from you. That desire does give the impetus and attraction to pull that which you would create, to pull that into its own formation and its own vibratory rate of becoming that which you imagine and desire. When this does become solidified in its vibratory rate, you can only have it come into your world by giving up the desire for it.

This Awareness indicates this as the secret of magic and ritual; that you understand this and you understand yourself and you understand all manifestations and creative principles.

Q. Is there anything I am neglecting I should be taking care of?

A. This Awareness indicates that all of those things of which you are not aware you should be giving attention to. This in addition to what you already give attention to. That you understand this as a never-ending process of growing into light, of growing into Cosmic Consciousness. As this happens your life becomes more ordered and integrated with those forces which you are giving attention to. For your attention is that which is feeding your creation. Your attention is the food for your creation. Wherein you have areas you do not give attention, that surely there is another force working in those areas. You do not know whether this force is working for your best interests or to create polarities which would throw you into an identification with one part or another of yourself and your creation, creating the illusion of separateness.

Q. Is it wise to ask about the future, my unresolved karma?

A. This Awareness indicates that it is wise to ask about the future, yet is even more wise to create your future according to that which is the will of this Awareness, your own higher will. You are capable of creating your future along with the will of this Awareness in a manner that benefits you at such a rapid growth that you are catapulted into heavenly states. You are also capable of working against the will of this Awareness and more toward the will of a Micro-Cosmic man seeking to perfect an identity, and to glory within his own limitations. If you describe yourself as a little man with limitations in a great big world which is in total control of you and everything else; wherein you describe yourself as that, and separate yourself from the creation about you and from the other parts of yourself under other names and faces and in other bodies, wherein you separate yourself in this manner your future will be determined by those other forces. For in order to separate yourself into a personal identity within the Universe, you must limit your awareness and consciousness to such a degree by defining again and again those minute particles of what you consider to be yourself and your own individuality, you must define this so exclusively of all else that within your mind you are satisfied that you are such and such a particle within this universe. Wherein you wish to move beyond this game that you can begin expanding and creating your universe by the very words you speak, by the realization of who, in fact, you really are; by redefining and redescribing yourself in expanded terms until you realize you are one with this Awareness, which includes all there is.

CONCERNING SEX FROM THE COSMIC LEVEL

Q. There are some questions he asks about his relationships; he seems to have a lot of relationships with other women besides his wife; I'll read his question....

A. This Awareness indicates that the details are not that important here. What is of importance here is the realization by this entity that he is becoming that which is expanding in awareness on the social level. There are many levels of expansion that entities must move through. Entities must move through certain childhood blocks and traumas, must move through certain teen-age blocks and traumas, must move through mental, physical and emotional training periods. That in this movement they are also capable of moving into those areas of relationship and social world. That this also can lead into that which is business.

This Awareness indicates that entities understand they are constantly expanding in this so-called physical world from the time of their birth into broader and broader realization of how large their world is and its definitions. At the same time this is occurring and they are entering into this so-called physical world, they are dying from the spirit world which was the energy that they existed in while focusing upon this physical world and describing and defining it. Eventually they become so wrapped up in their definitions and their descriptions of self that they are no longer capable of realizing they are essentially spirit, and each and all part of the same god.

This Awareness indicates that when you make love to another, that you understand that you are each making love to another aspect of your higher consciousness. That this as likened unto the one tentacle of an octopus rubbing against another tentacle and feeling itself very gratified. This Awareness indicates that all copulation between sexes within the universe is nothing but a kind of Cosmic Awareness masturbation. That there is nothing else that this Awareness can make love to, for it is totally aware of all that it is and that includes all that could be. This Awareness indicates that wherein entities discover that their each and every particle is this Awareness, that they begin realizing it matters not whether sex is participated in or not, but that while there are these impressions of division wherein there is the illusion of parts and wholes, then there must be sex to bring these into balance. Sex, the reaction and reconciliation of polarized parts, can take its shape in slaughter, in wars, in violence, in battles, in competition, in intercourse, in interchange, in exchanges of all natures. That this is that reconciliation between the whole and the parts which occurs in that house of sex (Scorpio) which is an aspect of being within this Awareness.

THE RIDDLE OF THE PASSING OVER

Q. Which of my ideas should I develop to my best benefits?

A. This Awareness indicates which of your hands is the best? Which of your feet is the best? Which of your eyes is the best? The best for you is that which does the most service for the most people. Wherein you discover yourself exploring an idea that answers the riddle of the passing over: "How many have you served, and how well?" When you are capable of answering that, you are capable of passing on to the next level of performance. That each new level brings forth new ideas, that these ideas held in the tender arms of attention, mothered and caressed by that which is the warm light of Awareness and attention and care and tenderness, that any of these ideas will become a reality; wherein these ideas are compatible to the Law of Unity, these are those which will not carry any form of separative karma for any part of my being, your being or the body of this Awareness.

CONCERNING MENTAL ILLNESS

Q. I want to have peace of mind and the ability to overcome the negative forces in my life and fulfill my life's work.

A. This Awareness suggests that you do have this ability. That the peace of mind comes in realizing this.

Q. I find it extremely difficult when I am told by physicians that I will always be mentally ill...

A. This Awareness indicates that these are not the true physicians of the soul. That any entity who makes that type of statement is simply using suggestion and hypnosis to keep you in the frame and attitude of mind where you presently are. This Awareness indicates any suggestions of this nature are to be looked at as describing you into mental illness. The statement of "You are ill" describes you into such a condition. The statement that says "You have been ill, but are now on the road to recovery", this statement can be issued by any entity including yourself, and does have as much validity as any statement uttered by any other person of any authority. This Awareness suggests that you begin uttering the statement to yourself: "I have been ill, but am now on the

road to recovery, and when my health returns to me I shall begin to truly live my life according to the principles and laws of love and the creative force". This Awareness suggests that you are one who is blessed with this opportunity to understand the nature of the Law of Description which does describe according to your own statements and the statements with which you allow others to describe you. This Awareness suggests you use this Law of Description very carefully for it can cut both ways, this as likened unto a knife which must be used with great care. This Awareness suggests wherein you describe anything in your speaking, in your jest, in your normal conversation, and in listening to music, in listening to the inner voices, in listening to voices around you, that you only allow in those concepts which do allow you to project the type of life within and without which you are capable of enjoying. This Awareness suggests this as related unto the Law of Projection:

THE LAW OF PROJECTION states that the film that projects, depicts, and creates the events of one's life story is stored within one's consciousness and can only be changed from within. The intimate conversations, attitudes, and the relationship one has within one's own consciousness, is reflected in experiences on the outer screen of life. One is both camera and projector of his life story. Those who wish to see a world premier of new and joyous experiences instead of reruns, trash films, soap operas, tragedies, problems, illness and hostilities, must refuse to bring or to allow such films, concepts or images to enter their theatres or be filed into their storage banks. Those who seek out, allow or enjoy filming such trash do surely fill their cameras with the material that may eventually become part of their outward life. Those who allow only the highest, clearest and the best thoughts, ideas, words, experiences and images to enter their studio, shall create and project films that show a life of joy and art.

Q. Unless I take drugs which make me so sick that I can't even perform simple household work.

A. This Awareness indicates you understand that as a description; that your words spoken too often come true; that you need not speak this line, but you may speak other lines, and within a short time your body will begin to listen to these new orders. This Awareness suggests that the drugs you take may be reduced more and more over a period of three weeks, that in reducing these drugs you also change your diet. This may begin with a modified seven-day fast; following this you may eat mostly fruits and vegetables for a period of two weeks, with very little carbohydrate-type foods and very little meats and fat. This Awareness suggests mostly raw fruits and vegetables and juices without too much grain and starch-type foods. Following the two week period there will be a new surge of vitality within your system. Following this, you continue using multi-vitamins, and that you use those foods, vitamins, enzymes and minerals which are conducive to good health. That you become very aware of your diet in the sense of eating those foods which you feel are really good for you, and giving great attention to the action of chewing and tasting these foods. This Awareness indicates this as that which does stimulate the enzyme flow which in turn does allow the body to make use of the nutrients of these foods, that this will begin affecting the attitude and the physical body as well.

Q. I want to be healthy, but not at the expense of taking destructive drugs. I want to solve this mental-chemical problem and get on with a constructive, productive life.

A. This Awareness indicates this as that which is now within your grasp; that you simply need to reach out and take it. That wherein you do so you will find doors opening which will lead you into a totally new regenerated lifestyle. That there are blessings awaiting you through these doors. This Awareness indicates that these blessings as those which are likened unto joys and jewels which you have only begun to dream of. This Awareness suggests that your new attitudes await you as garments on the other side of these doors; that these attitudes, as garments, shall let you enter into realms of experience which shall bring greater and greater joy to you and allow you to move into actions of serving others in such a manner that you spread that joy as one who can clothe others in attitudes likened unto your own. This Awareness suggests that you open this door, step through and

begin enjoying life. The old ways of looking inward and creating negative worries and concerns for what could happen to you, the worry of what might occur if such and such energy is not there when you need it; these worries as those which can only lead into that land of shadows and darkness and the land of sorrow, the land of the walking dead. This Awareness suggests you open the door and step into the land of the living God, the land wherein you become capable of expressing the force of creative love. That you not allow negative forces to lodge within your being; that you pass them on and turn them into forces of love.

This Awareness suggests that you think of yourself as a transformer of energy, transforming the forces of less-than-good energy into those forces of tremendous vitality, love and creative energy. This Awareness suggests you look at this concept nightly for a period of three weeks, telling yourself before falling asleep: "I am a transformer; I transform the negative into the positive; I am a transformer; I transform the negative into the positive; I am a transformer; I transform the negative into the positive." This Awareness indicates in this action you not become positive of your opinions, positive of your positions, but simply transform those negative or selfish and fearful images and energies into energies which are of a more radiant nature. This as that which this Awareness refers to as a negative and positive transformation.

Q. I feel my purpose in life is to work in the field of health and nutrition consultation and classes. Is this the best course for me to follow?

A. This Awareness suggests this as that which is perfect for you. That there shall be certain recommendation of books for you to read, these shall be sent along with this reading. This Awareness suggests that also think in terms of the action of not only nutrition as that which helps entities, but the attitudes as well. This Awareness suggests you study the Laws as given by this Awareness in recent readings; that you also study Nutrition and Your Mind, that you also study the works of Catherine Ponder. This Awareness indicates nutrition and the mind do go closely together and may be approached from either side or may be integrated together. This Awareness suggests that you think in terms of your counselling others as one who integrates the total being giving nutrition to the mind, the emotions, the spirit and the body through the proper foods for each. This Awareness suggests this to include the use of music, of color, of clothing, of food, and of proper attitudes. That other approaches as indicated in the works of Catherine Ponder wherein there are given certain keys to prosperity; that these also may be used as part of that integrative counselling work.

Q. Is there a closing message?

A. This Awareness suggests there are many books which you may read to feed your higher consciousness. That there are places where you may go to bring beauty and new energies to your spirit. There are foods which you may eat that bring greater energy to your physical body; there are musics and art and beauty around your own home, and by being selective enough you can create for yourself a totally new environment. This Awareness suggest you pick only those things which uplift your being and bring joy and beauty into your life. That following this change in your lifestyle you shall find others about you responding to you in new ways and shall meet many new entities who come into your life bringing gifts and joys of their own. This Awareness suggests that you shall find the time to serve many and to serve them well, and that this as that which brings to you a sense of personal fulfillment and purpose which passes all previous desires and goal-seeking purposes. This Awareness blesses you and sends many good tidings in your direction and requests that you be open to receiving these.

CONCERNING "RESIST NOT EVIL"

A. This Awareness indicates that the Law of Love denies the existence of evil in the world, that wherein the existence of evil is not denied by entities, that then they are asked to not resist this. Understand it is the thinking that makes the description and places the labels. There is not evil until the word "evil" comes into being. Wherein

you deny the existence of evil, you have created this by speaking so. That in the remainder of that which is left, you need not resist it. In this manner, the word begins losing its power. This Awareness indicates that in the orthodox religious system of good and evil, that evil was made to be very powerful and could not be denied. That the present denial of evil as that which weakens this. That in the non-resistance to evil this is weakened even more, and in the future the word will not be used in your language at all, and evil will not be.

HOW TO DEVELOP A BETTER MEMORY
(SLEEP-TEACHING)

Q. Can Awareness suggest specific techniques for developing a better retentive memory? I'm looking for a better way to learn that which is required of me.

A. This Awareness indicates there are several good books on the market relating to memory; that you investigate these. That also you understand the action of creating an image in a manner that is absurd and ridiculous to you is that which cannot be forgotten easily. This Awareness suggests there are also certain books with information regarding this which will allow you to understand this action clearly. This Awareness suggests the works of Harry Lorayne relating to memory as being of great benefit to you in understanding the principles of memory, of imaging and creating absurd images for this purpose. This Awareness indicates there are also certain herbs which can benefit one in terms of memory, particularly the use of Gota-Cola, Genseng, and Fo Tai T'ing. This Awareness indicates there is also a cell salt available in the Dr. Scheuster's Bio-Chemic System, which when lacking in one's system can be detrimental to one's memory. This Awareness suggests that you investigate this area also.

This Awareness suggests there are also certain exercises in terms of meditation which can greatly increase your memory. That in general, the most important factor in having a good memory is the desire to remember something. This Awareness indicates wherein you have a deep interest in something, you shall be more inclined to remember this than wherein you never looked closely in the first place. This Awareness suggests that wherein you wish to remember a certain experience or a certain concept, that you find an unusual hook within the framework of that experience or concept on which to hang the rest of that image. This Awareness suggests, for example, being in a park at a picnic, wishing to recall the picnic for many years. You may simply look carefully at an unusual situation, such as a broken bottle near a faucet, and looking at that broken bottle, focus the entire picnic upon that image. This Awareness indicates ten years from that day, you shall be able to recall the entire picnic. The triggering device which shall bring about that recollection will be that broken bottle by the faucet.

This Awareness indicates the same may be done for other types of situations, whether concepts or events. This Awareness indicates that you also understand the deeper, more subjective experiences wherein you are being extremely objective contain within them short-range memories. Wherein an entity is studying, cramming for a test, this being very objective, they do best in the short-range memory levels. And wherein this test is taken soon, they do well; yet the same test taken several months later, they would fail miserably. This Awareness indicates that, on the other hand, wherein an entity is experiencing a situation from a subjective level, such as an automobile accident in which they were involved, the entity may circumvent short-term memory and fail to understand or recall exactly what happened for several minutes or several hours; yet within a few days the entity may be able to recall clearly all the details in such a manner as to be able to describe for one-half hour, all the pictures and images and details of the accident which occurred in a matter of a few seconds. This Awareness indicates this as an example of long-term memory which is experienced in deeper, subjective levels. Take the subjective level of intense attention, such as during the time of an accident or those subjective levels wherein entities are very relaxed, or levels wherein entities are close to the threshold of sleep--these times relate unto

storing up information for long-term memory.

This Awareness indicates this as the purpose of sleep-teaching, or what is called "Suggestology" as used in Bavaria by certain experimenters in that area. This Awareness indicates that the use of these long-term memory techniques of putting entities into states of relaxation and then giving them lessons, this type of teaching, sleep-learning or "suggestology", whatever it is called, this shall be used more and more in the future schools throughout the land. This Awareness indicates this as a way of learning while being extremely relaxed, and the retention and memory of such learning is far greater than the usual teaching systems wherein entities give great attention on the conscious level.

This Awareness indicates that if you wish to remember anything--relax, close your eyes, and repeat it three (3) times. If you can couple an image with that repetition and three times seeing that image, this will also help. This Awareness indicates if you can devise a satisfactory memory peg on which to hook these things; this too shall be of assistance to you. This Awareness suggests you study the different programs of memory.

ON BEING A CHANNEL FOR HEALING

Q. Does Awareness have any guidelines for me in attempting to work with such pure elemental forces in healing?

A. This Awareness suggests that there are three major concerns for you in terms of healing: surrender and be a channel for life forces. That surrender as a channel for healing, this being the first. The second, love the entity whom you would heal. And third, be sensitive enough to feel the energies moving through you into the entity who needs to be healed. This Awareness indicates a sensitivity and its feeling which moves beyond tactile feeling, wherein you feel the energy moving through space, through your form, and through the form of the one being healed. This kind of sensitivity along with the love you feel for that entity and the action of surrendering your own will unto God. This as the combination which shall allow you to become a greater healing channel.

THE LAW OF SUBSTITUTION

Q. Does Awareness have any comment on the practice or science of giving decrees? I have read that this practice was used by priests and priestesses of ancient Lemurian temples?

A. This Awareness indicates this in the affirmative. That the repetition, the visualization, the energy and the release and action all combine in a manner to send energy in such a way as to transfer its vibrations into higher levels for use by those higher forces. This energy as returned to its sender bearing gifts. This Awareness indicates this relates unto the Law of Gratitude. This Awareness indicates the action also relating unto the Law of Magic and unto alchemical energies. This Awareness indicates that magic makes use of repetition, clarity and intensity. Alchemy makes use of ritual, action, persistency and the Law of Substitution which states:

that a part may signify the whole, a genus may be signified by a species, a cause may be signified by an effect, or vice-versa. That there can be any item substituted for the concept, or any concept substituted for the item, and the substituted article, concept or event can affect that which it was substituted for. This Awareness indicates action taken upon the substitute can have an effect upon the other.

CONCERNING "MASTERS" AND FULLY-ILLUMINED TEACHERS

Q. Please comment on the public appearance of those calling themselves "Masters" and whether more of them will make public appearances in the future...

A. This Awareness indicates that every eye shall see that the movement of consciousness is such that many entities who are now gurus and teachers are being left out of the levels of realization. This Awareness indicates that the spiritual hierarchy, wherein certain entities claim to be more highly-evolved than others, the entire concept of spiritual hierarchy is that which is in the process of dissipation. This Awareness indicates that It (Awareness) is moving into those levels wherein there is sorrow and suffering; It is moving into levels wherein entities say "I don't know", "I don't understand". This Awareness indicates that many of these entities who do not have answers are opening up to become channels whereby this Awareness may express Itself through these entities. This Awareness indicates that many of these so-called "Masters" who have moved into levels of power and control over the minds of others, by claiming themselves to be authorities, many of these shall find themselves among the last rather than the first.

This Awareness suggests all entities upon this plane have certain areas of information which they can give and share with others. That all entities upon this plane have certain areas of concern and ignorance about which they need to ask questions. There are no entities who have the entire picture as yet, but there are entities and groups which may have large chunks of the picture assembled and ready to add to the picture of the puzzle. This Awareness suggests each of you has at least one of the missing parts of the puzzle and by sharing this may help to assemble the picture so that all may see it.

This Awareness suggests in terms of advice, most entities prefer to give than to receive; yet wherein you have that opportunity to receive information through listening and questioning, by being receptive you shall absorb and gather greater understanding and may become even more able to cope with or transcend the problems or situations which come to you and others, and may begin manifesting a new life with deeper wisdom gained through your receptive listening and questioning those who can question their own minds, beliefs, dogmas, ideas and opinions, learn the most--questioning the "Masters" shall also assist in learning. The continuous open mind continually learns; the mind that closes on an answer as a final solution to the problem or question, learns no more. This Awareness suggests that you not concern yourself with whether masters will walk the earth and teach you, but that you learn what you can from moment to moment, from face after face, from situation after situation. The master may be teaching through the eyes of your pupil, and the one you see as your master may be learning his lessons from you.

CONCERNING PRAYER

Q. Will affirmative prayer that expresses love of God and humankind be helpful in surviving till the year 2000?

A. This Awareness indicates that you understand when you pray you are praying and opening up to receive. That your prayers are to those higher aspects of yourself. This Awareness being a higher aspect of yourself, guardian angels being higher aspects of yourself. That wherein you pray, you open up to receive, and this is that which is beneficial for entities. That you must also be aware that the motive of your prayer is such that it needs be that which harms no other, nor promotes you to a level whereby you would feel superior to another. This Awareness suggests that wherein your prayer is such that all benefit from that which you seek, then this shall be fulfilled according to your faith. This Awareness suggests that meditation is reunion with the divine, prayer is opening up for receiving the blessing of the divine. This Awareness suggests that wherein you would receive, you must create an opening for that which you would receive. It is for this purpose that entities are asked to give to others and to give to charity, to tithe to the source of their spiritual guidance.