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Law Enforcement's True Case Stories of the Unexplained and Paranormal



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Mind Over Matter

The Comprehensive Guide to Discovering Your Psychic Powers

By [Loyd Auerbach](#)

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340 Pages, Trade Paperback

Size: 5.5 x 8 inches

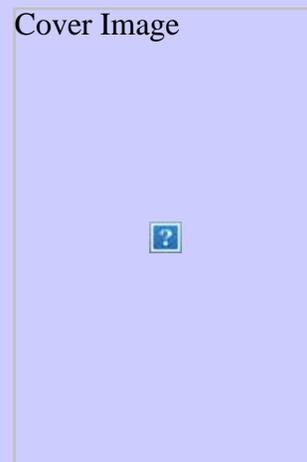
Kensington Publishers, 1996

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From the Publisher...

From a renowned expert on the paranormal comes an extraordinary work which explores such topics as the psychic powers of the saints and modern-day prophets, meditation, mental healing, super-human performance in sports, ghosts, poltergeists, and hauntings. Includes a "do-it-yourself" instruction chapter. Photos.

Comments from the Author

My book approaches the idea of Mind over Matter, long looked at strangely as only "paranormal," from the body-up perspective that all human physical (and mental) activity has some degree of Mind over Matter relationship. One's act of typing on a keyboard is, in effect, Mind over Matter, though not of the variety psychics talk of. The book works from this approach and discusses how the power of the Mind: Allows for peak performance in Athletics... Moves the chi, the life energy of our bodies, to allow Martial Artists to do the seeming impossible... Allows us to heal --- or harm --- our bodies, and possibly affect the health and well-being of others... Affects objects and events in our immediate environment, including computers, with PsychoKinetic ability... Causes Poltergeist outbreaks... And more... Including a chapter on psychic fraud, from the author's combined background as both a parapsychologist and a professional mentalist & magician. In addition, the chapter on how to move objects with your own mind is contributed by famed science and science fiction author Martin Caidin, author of CYBORG (The Six Million Dollar Man) and co-author of '95's hit science book A JOURNEY THROUGH TIME. Remember, you, too, have the power of Mind over Matter...

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