



Aliens On Earth.com

Resources for those who are stranded here



Navigation

[UFOs](#)
[Paranormal](#)
[People](#)
[Places](#)
[Area 51](#)
[Random](#)
[Top 100](#)
[Catalog](#)
[What's New](#)

Search...

...for this word in:

Page Titles
Page Contents
Book Title/Author

[Help](#)

New Catalog Items (Random Selection)

[UFO Videos](#) - Assortment

[Substance Abuse Counseling: An Individualized Approach](#) (2nd Edition) (used hc) - \$38.00

[Games Alcoholics Play](#) (used pb) - \$4.50

[Peacekeepers at War: A Marine's Account of the Beirut Catastrophe](#) (used hc) - \$8.00

[Predestined Love: Authentic Case Histories of Reincarnation](#) (used pb) - \$4.00

[American Epoch: A History of the United States Since the 1890s](#) (3 volume set) (used trpb) - \$15.00

[Other New Items](#) | [Main Catalog Page](#) | [Subjects](#)

2000+ new & used titles, including hundreds you won't find at Amazon!

[Log-In Here](#)

For Advanced Features

[Mothership](#) -> [Catalog](#) -> [Subjects](#) -> [Contemporary Book](#) -> Here

[Our Focus](#)

Book Catalog

Nasty People

How to Stop Being Hurt by Them Without Becoming One of Them

By [Jay Carter](#)

Our Price: **\$7.15** (Save 10%)

Original Cover Price: \$7.95

Our Item Code: **Nasty**

(plus other variations [below](#))

Postage Code: **[book1](#)**

96 Pages, Trade Paperback

Cover Size: 6 x 9 inches

[Contemporary Books](#)

Related listings: [Domestic Abuse and Codependency](#)

and [Personal Growth, Effectiveness and Self Esteem](#)

Date: 1989 ISBN: 0-8092-4406-3

Country of Origin: USA

Added to Catalog: 12/10/96

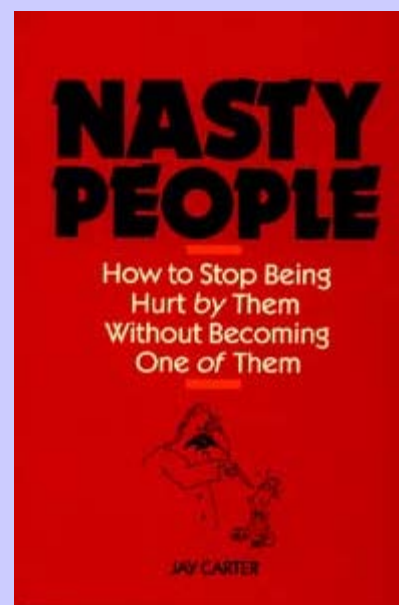
WIRT: 535x5255

Availability: This item is usually in stock and available for immediate Priority Mail shipment. Order it today (by 8pm Eastern/5pm Pacific), and you will probably have it in 2-3 days (in USA).

Features: Table of Contents, Drawings

(There are multiple variations for this item. To add to shopping cart, select from codes below.)

[Order by phone, fax, mail or on-line](#)



Variations Available - [Abbreviations Used](#)

To add an item to your shopping cart or place an order, click on the checkbox beside the item code and press the "Add..." button at the [bottom](#).

Code	Description	Price
Nasty	Nasty People: How to Stop Being Hurt by Them Without Becoming One of Them (New Trade Paperback)	\$7.15 book1 Add to cart
NastyMen	Nasty Men: How to Stop Being Hurt by Them Without Stooping to Their Level (new trpb) By Jay Carter. 1993, 130pp. (12/23/98) "A psychologist combines the straight-talking advice that's become his hallmark with real-life anecdotes to show how to put a stop once and for all to the cycle of overt and covert abuse from a cast of nasty characters. Delivers surefire methods to neutralize destructive behavior. 15 line drawings."	\$7.95 std Add to cart

Place a checkmark beside the items you want to order, then press the button above.
(Or click on "Add to cart" beside each item.)

To order by phone: (702) 227-1818 (8am-9pm Pacific)

If you encounter any problems with the shopping cart, please [tell us](#), providing as many details as possible.

[Go UP to page index](#)

Our Review

Opinion of the webmaster, subject to debate

Credibility	Research Value	Cultural Interest	Visual Information	Style	Silliness	Wow Factor	Bargain
5	3	5	NR	5	2	5	5
Very High	Moderate	Very High	Not Rated	Stunning	Low	Wow!	Very High

[Explanation of Ratings](#)

Credibility = Very High: In general, this catagory is a rating of the author's intellectual discipline and the strength of his argument (which are very high), not the veracity of his claims (which could be false in spite of the strong argument).

All too often we have to deal with them: those mean, destructive people who seem to live only to put others down. One nasty person can poison an organization, and he will make your life misery if you happen to work with or under him. This short, practical book helps you understand the abusive personality and learn how to avoid being abused. The nasty person is an "invalidator". He seeks to prop up his own self-esteem by devaluing others. He *has* to control others by whatever means possible, and despite occasional lapses into courtesy, he will probably never change. Then there is the other side of the relationship: the victim. Often the victim chooses his plight by not getting away from the invalidator when given the opportunity. Victims, in turn, often become invalidators themselves. There is no easy cure for the "little Hitlers" we often encounter, but we can learn to anticipate their reactions -- as animal trainers must do with the lions. For anyone not living in a cave, this book is an essential social survival manual. Illustrated with cartoons by Daniel Hockstatter. -- *Glenn Campbell*

This catalog provides the sole financial support for the [Ufomind website](#) and our many free on-line services.... Your purchases keep us going!
If you find out about a book here, please order it here.

Information from the Publisher

Always supportive

From the Book Cover

It is very likely you have met someone who could make you feel as big as the period at the end of this sentence. You probably walked away angry or hurt and later thought of all sorts of things you wish you had said. The memories of situations and people like that may still twist your stomach into knots.

Perhaps you work with someone who seems to be able to control you by making you feel bad.

Maybe you live with someone who manipulates you with shouts or tears.

Or it could be that you yourself are a "nasty person".

If any of these scenarios sound familiar to you, you'll find this book to be of great value. It's all about nasty people--people who bring themselves up by putting others down. It uncovers the weapons they use to get what they want and reveals the secrets of how to handle their misdeeds by using everything from humor to confrontation. With Nasty People, you'll never again be defenseless against the office gossip, the false friend, the know-it-all spouse--even a real SOB. The book discusses:

- How nasty people think
- The nasty boss
- The nasty husband or wife
- The typical "victim"
- What to do if you think you might be a nasty person
- How to break the cycle of nastiness

Nasty People has the power to change your life because once you know how to spot and conquer nasty behavior, the people who used to intimidate you lose their power. Best of all, you'll learn that you don't have to turn into a jerk to get rid of one!

Jay Carter is a psychologist and professional speaker. He lives near Philadelphia.

Table of Contents

Acknowledgments

[From a Student](#)

From the Author

Overview

1. The Invalidation

2. The Victim

3. [The Cycle of Invalidation](#)

4. What Do We Do About it?

5. To Invalidation: The Mechanism

Bibliography

Indexing Information

Other Relevant Ufomind Pages

Related Pages & Products

Topic Page: [Existentialism](#)

[Mothership](#) -> [Catalog](#) -> [Subjects](#) -> [Contemporary Book](#) -> **Here**



[To Order](#) - Use our on-line shopping cart on each product page
- or add product codes to [this blank order form](#)
- or call **(702) 227-1818** (Daily 8am-9pm Pacific)

[The Kind of Books We Carry](#)

[Our Original Reviews Copyrighted](#) © 1995-99 [Area 51 Research Center](#)
PO Box 81166, Las Vegas, NV 89180 Product Inquiries: inquiry@ufomind.com

Proceeds from this catalog help support [the Mothership](#) --
the world's largest website on [UFOs](#), [Area 51](#) and [the Paranormal](#)

Send us corrections using this [Feedback Form](#) or email webmaster@ufomind.com

This page: <http://www.ufomind.com/catalog/isbn/8092/4406/> (10/1/99 14:38)
We encourage you to link to this page from your own. No permission required.

*

