

Richard Boylan's Self-Profile

Several messages concerning Richard Boyland on the IUFO Mailing list, including his self-authored bio.

The messages sequence here is incomplete.

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Date: Sat, 01 Feb 97 11:02:49 -0800

> That's how I feel. I think he was trying to sell his video and had to
> give the public something so they'd tune in.
>
> Dr., I'm new to the list and I know I've seen or heard your name
> before.
> Could I have a short autobiography?
>
> thanks
> sharon

> -> Posted by: sharon benum <sharon@sierra.net>

Sharon,

I'm not sure if I'm the doctor you're referring to. We have several posting to IUFO echo. (It helps to quote a fragment from the post you're replying to, for positive identification.)

If you're referring to me, here is a short biographical sketch.

regards,
Richard Boylan, Ph.D.

BIOGRAPHICAL SKETCH OF RICHARD BOYLAN, Ph. D.

Dr. Richard J. Boylan is a Ph.D. behavioral scientist, Clinical Hypnotherapist, consultant, researcher, and author of four books and numerous articles. He is a consultant to persons exploring personal growth and transformation issues, and ET and other anomalous experiences. His research investigations have included: human encounters with extraterrestrials, parapsychological/psychic experiences, life-stage growth factors, and societal implications of contact with cosmic cultures.

Dr. Boylan recently retired from a quarter-century career as a family and marriage counselor, clinical psychologist and social worker, and from an academic career as Lecturer at the University of California, Davis, Sacramento State University, and Sierra College.

Dr. Boylan in 1989 began to investigate the phenomenon of human-extraterrestrial contacts, and in 1992 began continuing research into these encounters. Dr. Boylan has presented papers on his research at the 1992 M.I.T. Abduction Study Conference, and at the 1995 Cosmic Cultures International Conference, Washington, DC. He has written four books, Extraterrestrial Contact and Human Responses (1992), Close Extraterrestrial Encounters (1994), Labored Journey To the Stars (1996), and Project Epiphany (1996). He has over 30 articles published.

He has conducted numerous workshops for mental health professionals on specialized counseling for experiencers of ET contact, and is a Founding Director of the Academy of Clinical Close Encounter Therapists (ACCET) Inc., an educational, networking and research organization.

Dr. Boylan has lectured widely at national and regional conferences, and has been interviewed on numerous radio and television programs, including twice on NBC/UPN's "Sightings", and on UPN's "Paranormal Borderline".

Dr. Boylan is a member of national and regional counseling, hypnotherapy and psychological associations, and is Past-President of the Sacramento Valley Psychological Association. His wife, Judith Lee Boylan, MBA and he have four adult children.

-> Posted by: rich.boylan@24stex.com

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From: Yellowrose <yelorse@swbell.net>
Date: Sat, 1 Feb 1997 14:31:29 -0600 (CST)
Subject: Question For Dr. Boylan

At 09:11 AM 1/28/97 -0800, rich.boylan@24stex.com wrote:

>Ellie,
>
> You could suggest to the lady that she seek a referral to a therapist
>who offer specialization in extraterrestrial encounters, by contacting the
>nationwide/international Academy of Clinical Close Encounter Therapists, (916)
>455-0120.

How are therapists "registered" as a Close Encounter Therapist and what qualifications are required?

Yellowrose

Dear Dr. Boylan:

Either this post was never answered or I missed the reply. I'd really like to know how therapists qualify as "Close Encounter Therapists".

Dr. Boylan could you please post the qualifications/requirements of a Close Encounter Therapist here on IUFO for all to know as well as where one must apply to be certified and how to be certified?

People need to understand that referrals to qualified therapists, if it is a professional referral, is not done just off the top of a person's head or only to those who pay "advertisement" fees. I have seen agencies, which I will not name, refer individuals to "therapists" who only call in and request to be put on the referral list but have no more qualifications than any other person on the street.

I once requested information about The Spiritual Emergence Network in Menlo Park, California and received information about how to qualify for their referral list. I was so disappointed to learn that the main "qualification" to be on their list was how much money you were willing to send. Their "qualifications" may have changed by now but that is the information I received in 1995. I was astonished to learn that clients referred to these "Transpersonal Counselors" could end up with counseling that ranged from having their palms read to "channeled" therapy. And to use their "referral list" you also had to pay a fee to purchase a copy! This was supposedly a "professional" organization devoted to the "spiritual and mental" development of individuals. It seemed to me to be more focused on the physical aspects of someone's pocket book!

In the past, researchers, investigators, organizations and counselors have referred people in my area to me for counseling. Although I consider myself somewhat qualified to counsel Experiencers due to my degrees, certifications and experience working with Experiencers and an Experiencer myself, some people who referred Experiencers to me didn't even ask for my qualifications or any other information. In fact, I got referrals from people I didn't even know so how could they know anything about me?! If it was my "reputation", I don't think I had one and to get information about me through the organization I chaired, they'd have to contact me first - the president - to get it.

Sadly, there are few if any qualified counselors (to work with Experiencers) in my area - Texas - or in most states. As president of a UFO organization in Dallas, I sometimes received information from psychologists, psychiatrists, doctors and others who expressed a desire to have abductees referred to them for "help". In their letters, they listed all kinds of professional licensure and certification but when it came to their knowledge of UFO/abduction phenomena, they only mentioned having read one or two books and having viewed a few TV programs about the subject! And their fees?! They offered no cheaper rates than the next therapist so the only thing that "qualified" them to work with Experiencers was their interest in the subject!

As you know, being a "Dr.-This" or a "Dr.-That" does not qualify someone to work with Experiencers. In fact, I've never even met a Transpersonal Counselor that was qualified to work with abductees or other Experiencers. Most of the Transpersonal Counselors I've met were trained only to work with a person's spiritual development but had never studied more than one or two chapters on the UFO/abduction phenomenon! They may be able to help the Experiencer accept their experiences as a part of their spiritual development but they could not help the individual deal with their phobias, their nightmares, their CONTINUED encounters, the RECURRING abuse or their feelings of isolation and violation. I know, I've worked with Experiencers who were "treated" by these "counselors" who told them it was all due to "demons" or were advised to rub crystals all over their bodies to get rid of the "negative energies" that were ATTRACTING aliens to them! This is like telling a rape victim the rape was their own fault!

As you can see, I get very angry about this situation. Experiencers need to be assured that when they are referred to someone that person will be QUALIFIED to help them and is a SPECIALIST in that field. Unfortunately, few therapists/counselors, doctors, etc. wish to be associated with UFO phenomena because of the stigma attached and because there isn't a lot of money to be made from it. I hope someday there will be enough qualified professionals TRAINED to work with Experiencers.

I have no one in my area to refer Experiencers to - there is no one I consider qualified. I refer people to certain individuals only because some people need any help they can get rather than be left alone to deal with their experiences in fear, confusion and isolation. Even the support group I once co-facilitated now believes psychics can make aliens stay away or crystals are a cure-all. Needless to say, I don't refer Experiencers to them - and it is the ONLY group in town. I no longer work with Experiencers because I am focusing on the two books I'm writing and my research. When I did work with Experiencers, I did so for free...and sometimes even paid the long distance bills myself!

As for certifications?... I've seen all kinds of letters of "certification" listed after people's names. If most of the public knew what some of these alleged "certifications" were, they would know what was REALLY going on. I openly admit that it only took me two days, TWO DAYS, to become a "certified hypnotherapist" (C.Ht.). I have actually been studying hypnosis for 20 years not counting my studies and experience in biofeedback so the letters represent other training for which there are no letters or pieces of paper to hang on the wall. However, I do not use hypnosis in my work with Experiencers simply because I will not feel qualified to use the technique until I have had EXTENSIVE training and even then I will consider it a LAST resort and ONLY if it will help the Experiencer deal with his or her experiences - NOT for the purpose of gathering information for my next book. I know investigators, researchers and alleged "therapists" who list all kinds of affiliations and certifications that can easily be bought by spending a few hours in a classroom or by simply sending in money and an application! A majority of the general public does not know this little insider "gimmick" some people use to impress (trick?) others.

So, let's start educating "consumers" about what it means to be a Clinical Close Encounter Therapist and post the information everyone needs to know about therapists that are qualified and those who may not be qualified. This information should no longer be reserved just for professionals and needs to be made available to all. I am sure I don't qualify but I'd like to learn more about becoming certified as a Clinical Close Encounter Therapist.

Thank you for your time.

Yellowrose

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From: OctoberL@aol.com
Date: Sat, 1 Feb 1997 22:43:50 -0500 (EST)
Subject: Re: Question For Dr. Boylan

In a message dated 97-02-01 15:33:29 EST, yelorose@swbell.net (Yellowrose) writes:

> This was supposedly a
>"professional" organization devoted to the "spiritual and mental"
>development of individuals. It seemed to me to be more focused on the
>physical aspects of someone's pocket book!

It appears, more and more, that the name of THE game is money and control. Always follow the money trail. Then you'll know who is who in this "zoo".

~Lu

[[Richard Boylan](#)]

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