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# Out of Body Experiences

See [Near Death Experiences](#) for out-of-body experiences at time of clinical death.

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## People & Organizations

Selected in People File

[Keith Harary](#), [PEAR](#), [Pat Price](#), [Skip Atwater](#), [Ingo Swann](#), [Janet Lee Mitchell](#)·(1), [D. Scott Rogo](#)·(\$), [Richard Sauder](#)·(\$), [Angela Thompson Smith](#)·(\$), [Robert Monroe](#)·(Researcher), [Monroe Institute](#)·(2), [Jody Boyne](#)·(Experienter)

Footnotes for Above: (1) Author of "Out of Body Experiences: A Handbook" (2) Non-profit foundation studying OBEs.

## General Links

- [\\*A Comprehensive Bibliography of the Out-of-Body Experience](#) - By Robert Bushman <2/11/98 #5>  
 "Over 1,000 bibliographic references to resources dealing with the out-of-body experience. Items arranged in categories by date of publication, and also in one complete list by author."
- [International Institute of Projectiology](#) - The study of out-of-body experiences. - Supportive <3/13/97 #2>
- [The Astral Pulse](#) - Out of Body experiences - Supportive - By Robert Bruce <3/14/97 #4>
- [The OBE Mailing List Homepage](#) - The home for the mailing list dedicated to the discussion of OOBes. The site includes subscription forms, message boards, and chat. (400k) - By Zac Goodall - Published: 3/15/97 <3/21/98 #6>
- [Out-of-body Exploring](#) - An online journal of my most recent obes, lucid dreams, dreams, and other significant occurrences. <1/1/2000 #7>
- [Acquisition of Astral Awareness by William Michael Sprague](#) - Sensory similarities to waking, consciousness control when dreaming and some personal out of the body experiences. - By William M. Sprague - Source: Terra Seetch <10/21/99 #8>

## Books from our Catalog

Listed in Random Order

Book



Book



Book



- [Out of Body Experiences: How to Have Them and What to Expect](#) by Robert Peterson - \$11.95
- [Remote Perceptions: Out-Of-Body Experiences, Remote Viewing and Other Normal Abilities](#) by Angela Thompson Smith - \$12.95
- [Leaving the Body: A Complete Guide to Astral Projection](#) by D. Scott Rogo - \$10.00
- [My Encounters with the Light: Jesus and the Janitor](#) (new trpb) Miles Ferguson - #jesusjanit \$12.95

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\*indicates "Webmaster's Choice" - an item that the Ufomind webmaster (GC) rates as particularly useful, interesting or notable (without any guarantee of accuracy).

## Reader Comments

Regarding "Out of Body Experiences" - Latest First

### breathless

I was in the hospital when it happened. I was floating above my body and watching as the medics tried to save me. I remember thinking, "It isn't up to them at all." It was very peacefull and I began my journey northward. Needles to say, I was givin the choice and the chance to come back. Here I sit today, still trying to assimilate again with the world. It has changed me forever.

-- Jim McAdam ([Jungian471@aol.com](mailto:Jungian471@aol.com)) 11/3/99 (#5)

### O.O.B.E.

I was asleep in bed when suddenly I heard like a loud helicopter or what I thought it was and then felt like I was rising up of the bed then I could see my body lying there. Then I felt like I fell from the air back into my bed and awoke with a cold sweat and my heart pounding. I thought it was a dream but the more i thought about it I think it was true.

-- DanielScheck ([Frog-Eyed-@webtv.net](mailto:Frog-Eyed-@webtv.net)) 10/5/99 (#4)

### out of body experenice

I was sleeping on a couch at my brother and sister-in-laws house when I awoke choking. I was up above my body watching myself choking, my son and his wife were on the floor but my sister -in- law came from her bedroom and took me to kitchen and took a feather out of my mouth. I never believed this could happen. I am a believer now, This was insep 1980 in Texas, My husband had been dead 4 months. phyllis scoundrel@tenforward.com

-- phyllis west ([scoundrel@tenforward.com](mailto:scoundrel@tenforward.com)) 9/8/99 (#3)

### My Involvement with the Other Side

A True Story <http://easyweb.easynet.co.uk/goldsmith/i-a.htm>

-- Participant ([w37nb@yahoo.com](mailto:w37nb@yahoo.com)) 5/29/99 (#2)

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PO Box 30303, Las Vegas, NV 89173 Glenn Campbell, Webmaster & Moderator

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