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UFO UpDates Mailing List

Alfred's Odd Ode # 123

From: Alfred Lehmborg <Lehmborg@snowhill.com>
Date: Thu, 03 Apr 1997 19:25:17 -0600
Fwd Date: Fri, 04 Apr 1997 00:22:41 -0500
Subject: Alfred's Odd Ode # 123

Apology to MW #123 (For April 3, 1997)

Just pounded a salad of cruciferous veggies
But the sauce is elixir, for which you=92re not ready.
It=92s balsamic, and olive, and too much raw garlic!
It=92s mustard, and honey =96 hot sauced to a cowlick.
It=92s salt, and hot pepper! There=92s no water addend!
It lathers those veggies with vitamins added!

And cruciferous veggies are bathed in this wine.
A few bowls of this and you feel so fine!
The veggies are missiles armed with an answer
That ravages, up ends, and precludes all your cancer.
It=92s cabbage, and broccoli, and spouts a=92la brussle
Flower of Cauli, and mustard are tussled!

Onions, radishes, tomato=92s et. al.=20
They work with the body kind, and contractual.
They slide through your gut pulling toxins from flesh.=20
They scrape, and they clean; why, they make you feel fresh!
And the morning time sitdown is done in a flash!
If you were sitting for money, then you now make no cash! =20

And if garlic=92s a problem for the squeamish or shallow.
The smell is unpleasant only if courage is yellow.
Garlic is magic, a food of true gods.
If you feign you can=92t eat it, you=92re a suffering knob!
It=92s your health made robust, your energy unbounded!!
If your smell is preferred, then your _smarts_ are confounded!

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Eat it at night, then splash lilac water on your too-kus in the morning.
. .but eat it!

And you can smell like garlic around me anytime =96 I=92ve been moved to
hugs on a garlic smellin=92 stranger. . .bet John Velez eats garlic! I=92ve
a sneakin=92 suspicion ~Pat~ shoots the cloves directly into his veins!!

~

EAT IT=85=85=85..! EAT IT=85=85=85=85..!
Peal a clove down, and knead it!
Don=92t you feel better? Don=92t you feel nice?
It really matters! You=92re wrong. It=92s right!
Just eat it .. eat it .. eat it ..
.. eat it .. eat it! =85=85=85=85.
(Woooo!)

--=20

"I cleave the heavens, and soar to the infinite. What others see from afar, I leave far behind me." - Giordano Bruno, while burning at the fundamentalist's stake. All those fundamentalists can eat THIS!

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