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Nightwatch Online - Discussion with Velez -

From: **John Velez** <jvif@spacelab.net>
Date: Sun, 20 Jul 1997 01:34:42 -0500
Fwd Date: Sun, 20 Jul 1997 11:33:42 -0400
Subject: Nightwatch Online - Discussion with Velez -

Discussion with John Velez

NightWatch has just had the great honor and pleasure to present:
A Discussion with John Velez !

Following is the transcript from the one hour discussion held on 7/18/97
from 8-9 PM EST in the NightWatch "Aside" Chat Room:

Max Q Baker (MQB, hereafter):

Hello everyone and welcome to our discussion.

Please note that anyone who posts a question - whether personal in nature
or not - will not be identified by their name in the final transcript. All
people will be identified simply by the word "question".

Also please note that anything John says is protected under copyright laws
and can not be reproduced without his permission.

And with those formalities aside...

John, on behalf of NightWatch, Mike Fulstone and I would like to welcome
you and thank you for taking the time out of your very busy schedule to
discuss the issue of alien abductions with us, and to answer some of the
following questions which were sent to you.

John Velez:
Glad to do it, thank you for having me.

MQB:
First off, though, could you take a moment to introduce yourself so that
our readers/viewers can get to know you a little better?

John Velez:
I'm 48 years old, married 28 years, father of two, daughter Jeanine 24, son
James 22, and 21 month old grandson James Tyler.

I have lived in NYC all of my life. I worked in human services for ten
years as a crisis intervention counselor, director of a residential drug
rehab for Phoenix House, founded the first treatment facility in New York
for Viet Nam veterans returning from the war addicted, (1973) and created
the first "food bank" to feed the needy and the homeless in 1977 for the
"Project Return" Foundation.

I also have sixteen years experience as a graphic artist and lithographer.
For the last five years I have worked closely and assisted Budd Hopkins in
his work with abductees. I am currently webmaster of the Intruders
Foundation website and I'm trying to develop my own graphics business so
that I can support my work with the abductees.

I plan to continue counseling abduction experiencers, do UFO/Abduction related speaking engagements, and offer my graphic art services to the public.

MQB:
That's a lot of very good work that you've done, and a lot of positive experience you carry with you.

In regards to your current projects, aren't you also working on an exciting new website of your own?

John Velez:
Yes, the new website! It's not open yet but when it is folks will be able to access it via the Intruders Foundation website.

MQB:
Intruders Foundation webpage, which is:
<http://www.spacelab.net/~jvif/bhnp.html>

Now, tell me ... if you had to get a key point across in one sentence regarding the phenomenon of alien abductions, what would it be?

John Velez:
It's a very real phenomenon! People need to know, it's as simple as that.

MQB:
On a PBS program which gave an overview of Mr. Hopkins and his work, he was shown interviewing children of adult abductees. In the interview process he was asking leading and obvious questions to very young children. The host pointed out the technique he was using was clearly to solicit the answers he wanted from these children who could barely even speak. It made him look very bad, as it was blatantly manipulative on his part. My question: How does he (and others like him) answer to these types of criticisms in the media? Does he have a legitimate justification, or was he truly - simply being manipulative?

John Velez:
I agree with the first part of your question/remark that Budd's comments to the child were in fact leading. I can only say that in my personal experience in dealing with Budd on my own case he has never "led" or tried to "lead" me in any way at all. I am a trained and experienced counselor and I was always listening for it. Budd's an honest guy and I've never heard anyone mention that they felt they had been 'led' or 'manipulated' in any way.

As to how Budd and "others like him" answer these things, you'll have to ask them! I can't "answer" for Budd. (Or anyone else)

MQB:
Mr. Hopkins research has also suggested that a percentage of abductees have had abusive relationships in their background. Is this CONTINUING to be a trend found in a percentage of their clients and if so, what "percentage" of abductees, and to what do they attribute this trend?

John Velez:
No 'definitive' study has been conducted in terms of cataloging such data nor has a statistical analysis been performed. The "percentage" of abductees with 'abuse' as a part of their family history is an unknown and has not yet been determined. This lack of available data also points out the need for "basic" research into this phenomenon.

My best 'guess' would be that there are as many 'abductees' with abuse in their backgrounds as there are within the general population. I'd say that's a safe guess, because 'abductees' are just ordinary people.

MQB:
What can you tell us of a case he was involved in a few years ago of a diplomat and his limo driver witnessing a young woman actually being abducted and being levitated out of her apartment window here in the US?

John Velez:
Budd's book on the case has been out for almost a year. Read "Witnessed, The True Story of the Brooklyn Bridge Abduction" By Budd Hopkins, It'll answer any questions that you may have about the case.

MQB:
Do you have any thoughts on why are there no clear photographs or videos of UFOs? There are many photographs and videos available, and some are even said to be legitimate, but they are always unclear, fuzzy, or whoever was

holding the video had a debilitating shaking disease of some kind. With as many professional photographers out there who are interested in this phenomenon, one would think they would be able to capture on video some striking details, perhaps even from the well-publicized Phoenix sightings.

John Velez:

Oh, oh, you haven't been doing your homework! There is some excellent video and photographic evidence available. I recommend "Voyagers of the Sixth Sun" It's stuff that has been analyzed and deemed to be genuine "UFO's" meaning that these things are (not) conventional aircraft or a hoax.

(No one can say with authority that they are 'extraterrestrial.')

If you want to download a videoclip of the March 13th 1997 mass sighting over the city of Phoenix you can do so on the world wide web at:

<http://personal.netwrx.net/xalium/ufovideo.htm>

It is also my opinion that the mass sighting in Phoenix will prove to be a watershed event.

MQB:

Getting down to the more important issue of abductions themselves, what physical or emotional after-effects (especially those that can be documented) have you found to be the most prevalent in abductions?

John Velez:

(In/during) abductions I guess it depends on the individual. Some folks report relatively benign or even uplifting experiences, while others recall being frightened and abused.

(After the fact) it's usually confusion, self doubt and thinking that you must be going crazy. That's pretty applicable across the board. the discovery of ones involvement shatters your world view into several thousand tiny pieces. It takes time to put it all back together.

MQB:

And using a "hindsight 20/20" rule, after people realize they have had abduction experiences that have been repressed, are there a series of factors that you can say they all had in common as far as experiences, symptoms, memories, fears, life changes, visionary feelings (etc.) - that seem to be indications of consistent repressed abduction or alien encounter?

John Velez:

Yes, it is in fact these 'corroborating factors' that you mention that occur from person to person that make this a "phenomenon" at all! That, and unexplained partial (or complte) conscious memories that stretch back in memory to early childhood and continue on into adulthood. It is the ("partial but consciously recalled memories") the ones that are carried throughout life that allow one to finally 'make the connection' when confronted with information or knowledge of the abduction scenario.

Folks don't just suddenly wake up one morning and decide that they've been abducted by aliens! It's a lifetime of unexplained strange occurrences, and unexplained strange events. Events and memories that ONLY the abduction scenario answers completely. As "crazy" as it may sound, when I learned about the details of alien abduction ALL of these (heretofore) unexplained experiences finally made sense! <G>

MQB:

Could these factors be used as a "loose guideline" for others - who do not think they have ever had an abduction experience - to consider the possibility more seriously?

John Velez:

Yes, a comprehensive listing of these "corroborating details" are available in Dr David Jacobs excellent book on the subject, "Secret Lives." I highly recommend it for those who seek information on the patterns (memory and otherwise) that are unique to, and associated with, alien abduction. Actually, Davids book is the 'definitive work' on that aspect of it.

MQB:

As for the aliens themselves, there have been said to be three types of aliens, greys, lizard like tall ones, and some other type. Are these images common among abductees who remember their experiences? Do these people ever get told anything of what is going on and why this is happening to them - and if so - what?

John Velez:

There have been more than just the three types that you have mentioned

reported throughout the years and throughout the world. Some types of aliens are more frequently reported than others. (The Greys for example.)

Some types are reported more often than others sometimes by country of origin. The Europeans for instance have a higher percentage of reported Human like or humanoid aliens than Greys. In the USA that situation is reversed with Grey aliens being more commonly reported than the humanoid type. Although both of these (and others) are reported here.

Some folks claim to have been told and shown things by the aliens, I am of the opinion that we shouldn't trust anything the aliens tell us until it has been determined (with confidence) what their motives are in abducting our citizens against their will. Until I have an answer to that, I will withhold my 'trust.'

MQB:

Not all the abduction cases are said to be abusive to the abductee. In some cases, they are said to be shown beautiful sights in other dimensions or worlds, and even come out of the experience having strong positive feelings about life and the environment. Are there different classes of aliens that seem to be associated with different types of abduction phenomenon?

John Velez:

I believe that it has more to do with individual psychology than anything else.. In "normal" waking life not all people deal with the same things in the same way. Some have better 'coping skills' than others. It's the same with how one perceives or learns to cope with the reality of alien intervention into ones life. Different strokes for different folks. We have to maintain an open mind not only in regard to the phenomenon itself, but with each other as well.

MQB:

What, if any, biological changes occur in abductees? Are there any consistent or semi-consistent changes in DNA, blood type, current illnesses, immunity to illnesses, radiation levels, etc?

John Velez:

Again, a definitive study has NOT been conducted (by anyone) in order to make these determinations. This is important data that needs to be cataloged and studied. It points out the glaring need for basic research and it is something that I have been working very hard to raise consciousness about. We need a serious investigation now! What is happening to us today, could be happening to you or yours tomorrow. It's a matter of utmost urgency for ALL.

Just ask yourself this,..."what if we're not all crazy or hallucinating and everything we're reporting is true!" Don't you think we ought to take the time to find out one way or another? I do.

MQB:

Regarding "Implants". If so many people have received alien implants, where is there conclusive documented proof of their existence (the implants) and what they are? If they are real and have been seen by real doctors and examined in science labs, why isn't this considered proof of alien existence?

John Velez:

Go to the Intruders Foundation website and check out the data, the x-rays, implants, doctors reports, analysis results, and then go to Whitley Striebers site and look for more. I think you're in for a surprise or a shock, which one, depends on you I suppose.

MQB:

And how is it, that after all the abductions that have been made public, there are so many who simply do not believe that they are real? Often the phrase "just anecdotal" is used to dismiss out-of-hand those whose lives have been turned upside-down because of their encounters. What can be said to the skeptics without falling into their "prove it to me" trap?

John Velez:

After almost five years of deep involvement in trying to educate/condition the public about the alien presence on OUR world, I have arrived at the conclusion that THE ONLY THING that will convince people completely is an overt demonstration on the part of the aliens. One that would be undeniable to ALL, and tantamount to an open declaration of their presence here. It is my belief that NOTHING short of (that) will do. It's (sadly) just the way it is, and just about what it's going to take. In the (final) analysis, it really is, "up to them!" (The aliens)

Why do some people believe in Allah and some in Jesus or Buddha, or nothing at all? I can't answer why someone believes or another one doesn't

believe. To tell you the truth, I don't care whether anyone "believes me" or not.

I have lived up to the dictates of my conscience by reporting to my fellow creatures what is going on with myself and my family. What people do with that information afterwards is entirely up to them. I did what I had to do, and paid a price to do it.

As for the hard core skeptics, nothing short of an alien rectal probe is going to convince them of anything! <G>

MQB:

This is more of a "karmic" question, but do you think that abductees may have had a prior agreement with the greys - to work with them in this lifetime? If not, why would anyone (i.e. the greys) choose to do this to us?

John Velez:

No, I don't think that I, or anyone else, made some kind "prior" agreement/contract with the Greys to allow the lifetime of abductions. It is my belief that it's a bit of "New Age" fluff that the "all knowing enlightened ones" have been dishing out as a kind of pabulum or tranquilizer. I'm pissed and I want to stay that way until we all learn (for sure) what's going on. We need to empower ourselves, not give in to what may be a premature and total submission.

MQB:

Recently, it was rumored that you have distanced yourself from Budd Hopkins and the Intruders Foundation. Is this true, and if "yes". then how would you like this split to be perceived by the interested public?

John Velez:

Yes, it's true. It is something that I did for reasons I have posted elsewhere. If folks are genuinely interested they can go to the UFO UpDates archive and look up my posts.

UFO UpDates Instant Archive now available at

<http://www.ufomind.com/ufo/updates>

Suffice it to say that it was (my choice) and that there is no 'bad blood' between Budd and myself. He was surprized and upset when I told him that I was leaving.

We both love and respect one another, our relationship has been based on it. He had chosen me for the work and allowed me to represent him, there is no higher compliment or vote of confidence that one man can give another. It's simply time for me to move on.

MQB:

And that actually ... is the end of the formal questions that we had given to John ahead of time...
John, I know you are busy and making the time to join us tonight was probably very difficult...
But if you would like to add anything ... or if anyone in the chat room has any questions...

John Velez:

You've got me for another 20 mins' If anyone would like to ask follow ups I'm open.

Question:

John, what could be the purpose of abductions? If these aliens are so advanced, why would they need to conduct repeated tests on the human race?

John Velez:

I don't know! The sad truth of it all is that NO ONE KNOWS what these guys are up to or why they are abducting our people.

Question:

What of the rumor that the government has made a pact with aliens? I.e.: so much technology for so many abductions.

John Velez:

You'd have to ask one of the "Conspiracy" guys. I'm not much on paranoia, government or otherwise!

Question:

Could I ask you when was the last time you were taken?

John Velez:

I "think" it was about three years ago, but who knows! One of the nasty features about this abduction business is the fact that it's hard to

remember much detail afterwards. Catch 22!

Question:

Have there been reliable accounts of experiences with aliens that never involve physical encounters - i.e. no experiments or UFO involved? In other words, mental only? Also, what do you think becomes of the hybrids when they reach maturity? We only hear about the fetus to childhood?

John Velez:

First, I've never heard of a "mental abduction" don't know what it is so I won't respond to that one. Secondly, we don't know what happens to the hybrids or even why they are being created. Lookout though, anyone who claims to have THE answers to (those questions) is probably going to try to sell you Amway products too! <G>

Question:

The aliens always seem to be able to breathe our air - is it odd that they would have the same mixture of gases where they are originating?

John Velez:

If I were an alien I might be able to tell you. We know very little about these beings or their purposes. Again, that's why I work so hard to get some serious and basic research done.

Got time for one or two more.

Question:

In addressing cases you have researched where abductions have occurred from generation to generation in families, what is the largest group of abductees that you have encountered among related family members in other words how many generations has it effected

John Velez:

From what Budd has told me, three generations in one case he had worked on. Grandmother, daughter, and grand daughter.

John Velez:

I have time for one more question.

MQB:

John - is it true that abductees often experience unusual nose bleeds or discover other small wounds or burns that they can not explain?

John Velez:

Oh yeah! I've been communicating with two doctors who assure me that the "scoop marks" (little round crater like wounds) are not "normal" in appearance.

It turns out that they are "Punch biopsies" the difference between the ones on the bodies of the abductees and procedures performed by earthly physicians is, the marks on the abductees do not appear over diseased tissue! This is significant because 99.9 percent of punch biopsies are performed in order to diagnose skin cancers and the like.

The marks on the abductees appear over "healthy tissue" there is no medical reason for them to have been performed other than to gather genetic material. That, according to the two university physicians I am currently communicating with is "highly unusual" and what prompted them to contact me in the first place.

MQB:

That's amazing information! But now, we seem to be about out of time...

John, thank you again for taking this time to speak with everyone here this evening. This is a heated, emotional, and often misunderstood topic, and we appreciate everything you have done and will continue to do to help educate the public about the plain-truth existence of aliens and the trauma that results from these abductions. We wish you and your family love, health, happiness, and peace - and much success in all your endeavors - including your soon-to-be new website at: <http://www.spacelab.net/~jvif/bhhp.html> which we hope everyone has a chance to visit and take advantage of.

And beyond that - all I have to say is thank you very much for coming tonight. It has been a real honor and a pleasure to have had this unique opportunity:)

John Velez:

Thank you for having me!

Dr David Jacobs, "Secret Lives":

The site listed below currently has an intelligent review of this book for anyone who is interested.

<http://www.iac.net/~ariev/ufo/secrets.html>

Intruder's Foundation -implants info page

<http://www.spacelab.net/~jvif/impres.html>

<http://www.strieber.com/> Whitley Strieber's homepage

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