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### Interview with Eve Frances Lorgen

From: Patricia Mason <[pmason@ee.net](mailto:pmason@ee.net)>  
Date: Fri, 31 Oct 1997 17:35:35 -0500  
Fwd Date: Fri, 31 Oct 1997 21:54:34 -0500  
Subject: Interview with Eve Frances Lorgen

Hello All,

I just finished doing an interview with Eve Frances Lorgen. I thought I'd pass it along. You can also find it on my web site at:

<http://users1.ee.net/pmason/Eve.html>

Best wishes,

Pat Mason

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INTERVIEW WITH EVE FRANCES LORGEN

UR By way of introduction, why don't you tell everyone a little about yourself? You have been involved in experimenter support and related research for a number of years, however your name may not be well known on the Internet at this point.

EFL My name is Eve Frances Lorgen, and I have been running an abductee support group in San Diego County for several years (since 1991). I have a master's degree in Counseling Psychology, experience in hypnosis, and have been an abductee since childhood. I have a bachelor's degree in Biochemistry and I worked in the biotech field for seven years before receiving my master's in Psychology. My other areas of study are alien abduction phenomena and experienced anomalous trauma, paranormal and the occult, dreamwork, oriental medicine, music, and the Bible.

UR What prompted you to start the abductee support group and how did you find abductees? Are you the facilitator?

EFL I was motivated by seeing that there was a need within the community that I lived that wasn't being filled. I had attended lectures by the San Diego UFO Society on various UFO topics and met other abductees who were also interested. At the time (1987-1991) I was going through some alien encounters and trying to process the issues associated with anomalous trauma in therapy. I completed a master's degree in Counseling Psychology in 1991 and began counseling clients with various issues, including abductions, and anomalous trauma cases. That included satanic ritual abuse cases, sexual molestation cases and unusual cases where occult and poltergeist activity was apparent. I started the group around 1991 and facilitated it myself until two years ago, I have a colleague who is going for his doctorate in Counseling Psychology who now facilitates the group with me. I have become involved as a friend with so many of the abductees in my group that it was best for someone else who didn't have what we call "dual relationships" with the abductees in the group. This is a professional ethic used with the counseling profession that states that it is best to maintain a therapeutic relationship without having so many emotional ties to the clients. It would be like me trying to be the family therapist=

with my own family, and that would not be as effective as an outside observer who is not emotionally connected to the family.

I saw that many abductees had a need, and that was for genuine friendship. Many are isolated in unhappy relationships, and really are looking for a friend who understands and accepts them as they are. I thought it was more important for these people to have a friend rather than an aloof therapist who only talks to them in group meetings. I have learned more from being a friend to other experiencers than from being a therapist to them. I am amazed at how much information is missed by many researchers and investigators in the UFO field, because their goal was to get information, rather than being a friend in need. As a friend and counselor of many experiencers I can see the larger picture of what is happening and follow through with the people after working with them.

UR How often does the support group meet?

EFL The group meets every other month or so at a private residence. We meet for several hours from 1pm until 7pm. I also try to do what I call "core group" meetings with the abductees who are at a more involved level with their abductions, or who cannot come to group due to distance. Because of the nature of the alien abduction phenomena, it takes an extraordinary amount of effort to follow through with the experiencers to keep them involved. What I mean by this is that there is an external source (directly or indirectly mediated by=

alien presence) acting within these people's lives that exerts pressure not to attend groups, get information, hypnotic regressions, or meet with people who have gotten to the core of their alien abduction issues. This is part of what I refer to as "the spiritual warfare" tactics of the alien presence, or who or whatever intelligence is acting behind it. These activities I call the "detracting efforts of the aliens" to keep experiencers away from support groups where people may get to their core memories and issues.

The whole idea is to prevent the abductee from getting the information that may be not only within them, but with others who have discovered the alien activities by their own memories. The detracting efforts increase when the reptile type of alien being is discovered in the experiencers abductions and also any military involvement. Many of these detracting efforts go well beyond spiritual warfare and are outright obvious if you just observe enough cases over a period of time. Then you will see a pattern emerging, things like phone tapping, clicks and loud static during phone conversations relating to the subject matter, black helicopter activity directly over the abductee's or researchers' home (especially when on phone discussing sensitive information), odd illnesses, uncoincidental auto accidents, and the outright threats given by intelligence operatives. As said most of the time it is more insidious and the form of threatening dream intrusion scenarios or what I call "stage managed virtual reality" dreams where it can be like an abduction and someone tells the experiencer not to go to the group, or therapist, or investigator. Then sometimes after the dream the abductee awakens with a terrible illness that physically prevents them from going to meetings, or getting on the information trail with key individuals.

It is imperative to talk with other experiencers both positive and negative to get the full panorama of what the aliens or whoever is abducting people is up to. Some experiencers claim to only have positive experiences and avoid any abductees or investigators like the plague if their research or experiences doesn't match what they want to believe. This is just a form of denial, and not true spiritual wisdom, or skepticism for that matter. I am not trying to incorporate victim mentality either, but to have the ability to acknowledge the shadow not only in one's own experiences, but how it operates in others as a detracting tactic to keep people "uninformed". It is quite effective, as you can see in the UFO community.

Spiritual warfare tactics are evident when the "can of worms" gets opened by someone who discovers that their experiences are not what they thought them to be, or experiences that do not match any of the available literature on the subject matter. This may include some pretty scary and apparently "negative" stuff. Researchers like the late Dr. Karla Turner addressed some of these more unusual experiences in her books, "Taken" and "Masquerade of Angels". Her mentor was Barbara Bartholic, a hypnotherapist and abduction researcher for over 25 years. Barbara has worked with over 600 cases, and really knows the patterns of abduction activity that occur in families and especially in the

abductees interpersonal relationships. If it hadn't been for this saintly woman, Barbara Bartholic, I may still be floundering from crises to crises in my own alien manipulated dramas that I only learned in hindsight what the aliens were trying to do.

This subject matter involving the detracting efforts, relationship manipulations and orchestrations and basic spiritual warfare tactics will be the focus of my next book. Currently I am writing a book on lucid dream experiments and my life experiences relating to mystical, visionary and some alien abduction encounters. It is in the format of the revelation of a personal myth, and inspires hope for the truth seeker.

UR How can abductees tell if they are being deceived and misled?

EFL If the deception and manipulation or programming is effective on the individual, then they start promoting the alien agenda and its correlate spiritual ideologies, which in most cases denounce Christianity. Instead they may promote the Ashtar Command or other channeled material which appears to be spiritually empowering, but is really a delusion. In most cases, these individuals only want to promote the "positive" experiences and avoid anyone or information that is other than what they want to believe. But the truth of the matter is, if these people were so spiritually evolved as they claim to be, then they would have the capacity to acknowledge their own shadow, and how it operates in themselves and others.

This self-knowledge takes much effort, therapy, meditation and prayer to get to the true core issues. One must be strong enough to face the truth of their experiences without holding on to any beliefs at all. If their love for approval or their own reputation among peers is stronger than their love for the truth, then they inevitably will be distorted in their perceptions. As some say, you must check the fruit on the tree. By their deeds, and relationships, ye shall know them.

Sometimes the experiencer will get messages from their "guidance" that tell them to stay away from certain researchers or people who especially know about the "negative" alien abduction stuff. In one instance an abductee was led to do certain psychic and healing exercises in a particular energy grid zone area of her home. The alignment of this energy zone in conjunction with the psychic healing exercises opened up her psychic energy centers and it acted as an energy drain. Then unusual paranormal events occurred in her home and with her daughter, who began having reptilian abductions. An interdimensional portal or doorway was created from these "healing psychic exercises" in the grid zone, which actually increased the alien reptilian contact. The whole effect was that the abductees and their family members became psychically drained and woke up with "claw-marks" and were attacked during the night.

UR Let's hope that at least some of the positive encounters are indeed as positive as they seem!

EFL I have had abductees report experiences where it seemed some type of benevolent angelic contact was protecting the individual from negative aliens. Some have prayed to Jesus Christ and Archangel Michael and have been protected from spiritual warfare attacks in interdimensional altered states and dreams.

Not all alien encounters are frightening or negative, either in my life or= other experiencers' lives. I hope there are good aliens out there who are balancing things out for us "pawns" down here, but at this point I am skeptical due to the detracting efforts that are directed at the ones researching this topic.

So a good question arises: How do you keep out the detracting efforts and spiritual warfare tactics?

1. Continual prayer.
2. Align oneself with the God of Love (Jesus Christ's methods work well for me).
3. Do good and help one another.
4. Practice healthy relationships. Get out of addictions and behaviors of denial.
5. Be a good observer.
6. Acknowledge the shadow, and work out your own unresolved issues and abduction traumas.
7. Share your insights with other experiencers.
8. Processing enough of your own pain and memories to have the

capacity for empathy and compassion. Staying in denial, avoidance of "negative or unpleasant" emotions or alien encounters actually encourages an indifferent and arrogant attitude.

9. Keep a dream journal. Learn and practice lucid dreaming. Do awareness enhancing meditative exercises.

Much of my forthcoming book about dreams focuses on a benevolent "beloved father figure" that emerges as a result of intense prayer and lucid dream experiments.

UR What have you found to be the most therapeutic method for dealing with anomalous trauma?

EFL Dreamwork has been an incredible ally for me and the people I work with. By the practice of recording your dreams, you enhance your own capacity for dream recall and altered state alien encounters as well. By practicing lucid dreaming, you gain a better degree of critical thinking in your dreams and abductions. By knowing your own dream process that is unique to you, you will develop the ability to discern what dreams are your own and what are stage managed alien orchestrated dreams. Only then will you know how the aliens or intelligence behind their activities are really trying to influence you. In=

my own experience, I have been able to discern the difference and even catch them the act of giving me post hypnotic suggestions that would be detrimental to me. This is only the tip of the iceberg.

How can you really know what the aliens are about if you don't remember your own experiences, let alone your own dreams? Awareness is the number one tool for information acquisition. It is apparent to me we live in a world of imposed ignorance that often forces us to make choices that we inevitably suffer from. It is important to share your experiences and talk, talk, talk, and listen, listen, to others.

Just thinking "positive" about the aliens isn't going to make them go away, save you, or increase your level of spiritual evolution. It may only encourage delusion and a false coping method of security. It is the truth that sets us free, and that means accepting the whole ball of wax, both positive and negative.

UR So much has been said about the greys. Do the people in your support group report seeing other types of aliens?

EFL I work with several abductees who have had the reptile type of alien encounter. The most common reptile encountered is very tall, 6-10 feet tall, has somewhat of a snout face, red or yellow slit eyes (they also have been observed to have green and yellow eyes, usually snake-like in appearance), clawed hands, sometimes a tail, and are often wearing black robes. Sometimes they wear a type of militaristic garb or breastplate. They are frightening, and often do the sexual assault type of behavior. They are possessive of their abductees.

The interesting thing about reptilians is their ability of mastering illusion and shape shifting. A female abductee had an encounter where a tall being came through an interdimensional doorway or portal right in her bedroom at night. She became paralyzed and the being sexually assaulted her, all the while putting in her mind that she is having sex with her favorite sexual fantasy man. When she looked in its eyes, she realized it was a reptilian with the slit eyes. Some abductees are better than others in breaking through the illusions. Reptilians can shape shift and have been reported to be seen as tall greys, Nordic types and military men. Some abductees believe the reptile type of alien is the head honcho on the totem pole and really run the show. These are the types of beings that are sometimes reported in the underground base abductions alongside military and lab-coated personnel. These reptile type or alligator beings have been noted throughout history in occult and black magic practices. Other beings reported other than greys are the tall insectoid beings.

UR Earlier we talked about abductees being misled by the aliens. What about military, or seemingly military, involvement in their lives?

EFL Many abductees report military personnel in some abduction scenarios, but this can be really a shape shifting cover for alien activity= in some cases. Those with military involvement are often children of parents who were in the armed forces or intelligence community or in the aerospace community with top secret projects.

Many report threats by military intelligence operatives and the aliens

themselves if they divulge information or go to see a researcher or therapist. Most of the time though, the detracting efforts are more insidious, such as intense feelings of anxiety, stage-managed threatening dreams, and uncoincidental accidents and odd illnesses. Or a series of crises after crises, which keeps the abductee too distracted to be able to get to the facts.

As a researcher, or abductee, you know you have hit the hot buttons when your phone is being tapped, your computer jams and crashes, black helicopters hover over your home, and you are visited by intelligence operatives. If abductions increase as a result of going to a support group or after seeing a therapist, be on the alert that someone doesn't want you to know something about your own experiences, or those of others. But be careful not to become too paranoid. Balance out your life with spiritually inspiring work, and try not to focus solely on the "enemy" or you will have problems. True wisdom comes by being able to acknowledge and discern the enemy and how it operates. Nip it in the bud before it becomes a problem. But it must be done tactfully, and with compassion for others.

These hot buttons seem to be pushed when trying to get information on the reptile type of encounters and military encounters where aliens and military personnel are working in apparent unison. Reptilians, sometimes referred to as alligator men, are described as being negative, hateful, militaristic, and very sexual. They are often reported making sexual assaults on both males and females. Some abductees or reptilian contacts have reported that the reptiles, in black hooded robes and capes are higher on the hierarchy, and control the greys and even the Nordic types. It is interesting that throughout history some occultists have been in contact with the "Alligator Gods" by means of rituals and some black magic practices.

What is also interesting, is that when one does a study of the types of abductees that are under surveillance, or have military types of abductions, you will find that the reptiles are involved. They are very telepathic and can communicate through mental third eye imagery. These beings are interdimensional.

UR           What is mental third eye imagery?

EFL           The third eye or the chakra energy center located between the eyes, forehead area also correlates with the pineal gland in the brain. This gland is responsible for internal mental imagery that we see in our mind's eye, rather than optical perception. The aliens can activate these centers in our minds and cause us to have visions and communicate through pictorial imagery as well.

UR           There's a couple more things I'd like to go into before I let you get away! You have got to tell people about the alien matchmaking thing! I've heard Budd Hopkins talk a little about it. What's going on here?

EFL           What I have observed is very extreme. Some refer this as more of a love obsession. Others have used the term "Alien Love Bite." One researcher I would like to credit for this information is Barbara Bartholic, who, as I mentioned before, is a hypnotherapist and researcher with over 25 years experience in working with abductees.

The "love bite" can be described whereby two individuals, usually abductees or at least one abductee is magnetically drawn to a targeted partner who the abductee has previously been set up with via the aliens in some type of bonding process in previous abductions or perhaps interdimensionally. They may not recall the bonding, yet feel psychically and empathetically connected. They may have memories or body memories of having had intimate sexual contact and an instant chemistry arises between them. Often the abductee is drawn to a partner who is not the usual type of partner they would naturally be attracted to, even homosexual in some extreme cases. The common thing that sadly occurs is that one partner is left unrequited, and the relationship is cut off after the targeted partner is sometimes very suddenly "switched off" often after an alien encounter, of which they are not aware. This topic will be discussed in full in my next book. These are not normal relationships, and many abductees can tell the difference.

Some believe the alien motive behind this is for harvesting of emotional sexual energy, or for the purpose of reproductive pursuits between the two partners. It becomes apparent after the mother has the child, that the relationship disintegrates and then the child starts getting=



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